



FISH OF SANCAP

MEETING VARIOUS NEEDS AND

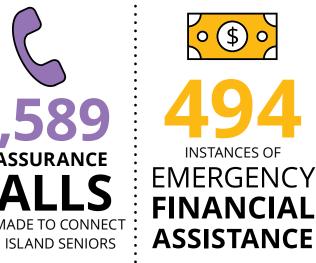
HELPING OUR NEIGHBORS

















NEIGHBORS HELPING NEIGHBORS LIKE NEVER BEFORE









A MESSAGE FROM OUR LEADERSHIP

Dear Friends of FISH,

The COVID-19 pandemic marked a difficult year for each and every one of us. A disaster unlike any we've seen and no one was untouched. Each Sanibel and Captiva resident, business, employee, and visitor felt the impacts of the health pandemic. FISH is grateful to have been able to adapt to ever-changing circumstances to rise to the occasion—something that we could not have done without you, our community.

Because of the pandemic, FISH saw an increase in demand for our services ranging from food to financial assistance to our variety of senior services. Several of our programs close to doubled in usage or more. With the backing of our volunteers, donors, staff, Board of Directors, and island community, FISH answered more than 26,000 service requests in 2020; we distributed 6,412 hot meals to homebound neighbors; we served nearly 1,000 families in our food pantry and provided 494 instances of emergency financial assistance for needs such as rent, utilities, and medical expenses.

FISH's founding principle is to be a network of *neighbors helping neighbors* and 2020 proved to be the ultimate testament to that core value. There aren't adequate words to thank our island neighbors for their generosity of time, energy, and resources during the past year; we are truly appreciative.

With Gratitude,

Sheridan Snell, Board Chair

Maggi Feiner, President & CEO







LIKE NEVER BEFORE

Nourishing families with one of the most basic needs—food—will always be a top priority for FISH. Food insecurity is an affliction that no community is immune to, but because of the generosity of our volunteers and donors, FISH is empowered to continue to fight food insecurity. Each year, FISH distributes hundreds of thousands of meals to those living and working on Sanibel and Captiva through our Food Pantry, Meals-by-FISH hot meal delivery for housebound islanders, our Backpack Program for school-aged kids, and Holiday Meals that brighten each holiday for those in need.

HERE IS A LOOK AT HOW WE HELPED NOURISH OUR NEIGHBORS IN 2020

FOOD PANTRY

Though COVID impacted the format in which clients could pick up their food, our Pantry still distributed 246,545 pounds of food equating to 205,454 meals to nearly 1,000 families. Throughout the entirety of 2020, FISH is proud to say that we never limited the number of hours we operated to serve those in need we were able to adopt COVID-safe protocols to ensure our services never missed a beat.

MEALS-BY-FISH

Meals-by-FISH is a hot meal delivery program that serves primarily housebound or limited mobility seniors on Sanibel and Captiva. Given the need for many to stay in their homes due to the health crisis, we saw this program nearly double in meals distributed in 2020. Last year, 6,412 meals were prepared by Bailey's General Store and delivered by our steadfast volunteers—a 97% increase from 2019.



FOOD PROGRAMS

HOLIDAY FOOD BASKETS

The holidays are meant to be a time of happiness, gratitude and family but for many we serve much of that is overshadowed by stress as they try to manage day-to-day expenses with the gifts and meals that mark those special occasions. For this reason, FISH provides holiday meal baskets for Thanksgiving, Christmas, and Easter each year to ensure no family is without a meal for holidays. In 2020 FISH distributed 517 baskets of food to families in need.

Every time I visit the pantry to pick up groceries, the volunteers treat me so nicely and help me with everything my son and I need. When my son comes with me, they always give him special treats. I don't know what I would do without FISH. I'm so thankful for their help and kindness."

—Mina, a single mom and island neighbor







fishofsancap.org food programs • island based education • social & senior services • helping hands & financial assistance



At FISH it is a priority to empower people through education and connectedness. We aim to provide educational opportunities at all levels of learning and in all forms.

FISH OFFERS PROGRAMS FOR GROWTH AND LEARNING TO EVERYONE

ADULTS

Our *Adult Education Scholarship program* encourages islanders to continue their education, seek additional job training, or attain professional certifications in order to move forward in their careers or shift gears into a field they're not currently in.

KIDS

The disruption of COVID proved challenging for students during 2020. A sudden shift in school format from in-person to virtual left many children in FISH families struggling to keep up. As a result, FISH worked with their parents, teachers, and tutors to ensure that students were getting the assistance they needed to succeed academically despite setbacks. Additionally, FISH provided school supplies to 193 students.

COMMUNITY

We're never too old or too smart to learn something new. *Educational opportunities* are offered for our entire community and include FISH's monthly workshops on topics ranging from mental health, financial management, and the aging process to hands-on classes like cooking and nutrition.







SOCIAL & SENIOR SERVICES

FISH works daily to be a resource for seniors of Sanibel and Captiva in order to help them age in place with dignity. Addressing issues like isolation, nutrition, and day-to-day obstacles involved in the aging process, we offer an array of services that enrich the lives of our young-at-heart neighbors. 2020 was a particularly challenging year for seniors, but FISH met the challenge of the increased demand for many of our programs.

ENRICHING LIVES EVERY DAY IN EXTRAORDINARY AND EVERYDAY WAYS

PERSON TO PERSON: REASSURANCE CALLS

For many seniors living alone or as a caregiver to a spouse, the reassurance that someone is there for you is a huge relief in their daily routine. Through our reassurance calls, FISH volunteers and staff are matched with island seniors and make daily (or whatever frequency the senior requests) phone calls to either check-in quickly or take time to chat for a while. In 2020, we saw a 184% increase in reassurance calls made over 2019. FISH volunteers and staff made 3.589 calls to island seniors.

FIRST ANNUAL SENIOR EXPO

Before COVID swept the region (and world), FISH held its first Senior Expo at the Sanibel Community House. Free and open to the public, the annual event hosted dozens of vendors and organizations that offer services and activities for seniors on Sanibel and Captiva. Over 200 islanders made their way through the expo collecting information on aging services, participated in on-site health screenings, and even walked through a dementia simulation exhibit.





SMILE BOXES

Though many of the seniors FISH serves struggle with social isolation, 2020 proved to be a particularly isolating year as a matter of health and safety. In 2020, FISH kicked off a new program, referred to as Smile Boxes, which are intended to bring joy to those who may be lonely or enduring a particularly hard time. Each themed box, packed and delivered monthly by our volunteers, include items that are fun, mentally stimulating, and most of all, thoughtful. Contents have included hand painted mugs with uplifting messages from students at CECI and the Sanibel School, activity books, home gardens and DIY projects, COVID PPE supplies, and more.

HURRICANE PREPAREDNESS

Due to shifting travel schedules of seasonal residents, many of our island seniors stayed on the islands for, sometimes, their first-ever hurricane season. To help islanders prepare each season, FISH offers a preparedness packet that includes information regarding procedures, shelter locations, special needs assistance, City of Sanibel reentry pass application, local hotels, and more. Volunteers also work with our most vulnerable clients, in collaboration with other stakeholders like the City of Sanibel, to ensure their annual emergency evacuation plan is up to date and so that our Hurricane Committee can keep in touch with them before, during, and after a storm. In 2020, FISH experienced a 34% increase in our Hurricane information packet distribution.











Each year FISH provides emergency financial to assistance to families in crisis. Being in a position where you are unsure if you can provide basic needs to your family is equally a scary and humbling experience. We speak daily to people who are faced with a decision of whether they can pay the rent or their medical bills or put food on the table.

WHEN AND WHERE IT'S NEEDED MOST

EMERGENCY FINANCIAL ASSISTANCE

Helping Hands is meant to provide *short-term assistance with life's most critical costs—shelter, healthcare, water, and electric.* In 2020, FISH families faced job loss at worst and inconsistent and reduced work schedules at best. Unlike other disasters like hurricanes, many families spent the majority of 2020 in crisis-mode—working to make ends meet with little success. Families faced difficult scenarios such as how to maintain employment as young children were sent home from school with no ability to pay for childcare. Compounding matters, many of those we serve live in multigenerational households with elderly parents with compromised immune systems or pre-existing conditions. In 2020, FISH provided 494 instances of emergency financial assistance and saw an 87% increase in the instances of case management from 2019.





OUR ANNUAL EVENTS LOOKED DIFFERENT BUT WE CARRY ON LIKE NEVER BEFORE





VIRTUALLY NOTHING CAN STOP US WITH

YOUR HELP

GO! FISH CELEBRATION

FISH hosts our annual Go FISH Celebration—our event is a success each year because of the generosity of our community. We feel fortunate that in 2020 we were able to safely host our Go FISH gala before COVID made large gatherings impossible. Our Venetian Masguerade theme was a wonderful evening of live entertainment delicious food, live auction, and philanthropic spirit. For 2021, FISH decided it was in the best interest of community safety and responsible use of raised funds to cancel the in-person Go FISH event. In its place, generous supporters have been sponsoring in the spirit of the event to ensure FISH is able to make an important fundraising goal to continue offering our critical services to those in need.

VIRTUAL 10K RACE 4 FISH OF SANCAP

Each October, FISH hosts a 10K race on Sanibel to support our ongoing community work. Unfortunately, in 2020, due to COVID we were unable to host an in-person race but thanks to the creativity of our 10K Committee, the support of our local businesses, and our runners. FISH was able to host a successful virtual event. Runners from across the country (and world!) were able to register for the 10K event and run their race at the time, date, and location of their choice with the help of the Raceloy app which tracked their times. Our Community Sponsors sprung to action through generous sponsorships as well as events throughout the month of October to benefit our race as well as donations made by individual islanders and participating runners. We are hopeful to see everyone in person in 2021 but grateful to our islands for continuing to support our neighbors!

MORE SILVER LININGS

PROUD TO PARTNER WITH THESE AMAZING ORGANIZATIONS

Alvin Dubin Alzheimer's Resource Center Alzheimer's Association of Lee County American Red Cross, Lee County **Amigos Center Arden Courts** Area Agency on Aging SWFL **Associates in Dermatology Avidity Home Health Bailey's General Store** Bank of the Islands **Bat Yam Temple of the Islands** Beacon of Hope Big Arts Billy's Bike Shop

Bob lanes Triage Center & Low Demand Shelter **Breeze Newspapers Builders Care Central Line Properties** Chase Bank **Child Care of SWFL** Children's Advocacy Center of SWFL Children's Education Center of the Islands

Cielo Restaurant City of Sanibel City of Sanibel Recreation Center Comfort Keepers **Community Cooperative Community Coordinated Childcare** of SWFL **Community Housing & Resources**

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Early Learning Coalition of SWFL Family Health Centers of SWFL Fifth Third Bank Empower U Floral Artistry Florida Department of Children and Families ACCESS Program Florida Gulf Coast University Florida Rural Legal Services **Fort Myers Track Club** Friends Who Care Gasparilla Inn & Club George & Wendy's Sanibel Seafood Grille Gladiolus Learning & **Development Center Good Wheels** Goodwill Industries of SWFL **Great White Grill** Harmon's Audio Visual Harry Chapin Food Bank **Habitat for Humanity** Hazelden-Betty Ford Foundation Hoglund Family Hearing Home Instead **Hope Health Hospice** Hortoons **Island Interiors of Sanibel** Island Management

Island Parish Nurses

Island Sun Newspaper

Island Therapy Services of Sanibel

Lee County Emergency Management

Lee County Health Department

Immunization Program

Island Pharmacv

Island Vacations

John Grey Painting

John R. Wood Properties

Jerry's Foods

Joey's Custard

Lazy Flamingo II

Island Paws

Island Taxi

Lee Health Systems MacIntosh Books & Paper Malia Island Fusion Cuisine Matzaluna The Italian Kitchen Midwest Food Bank Milissa Sprecher Photography Millennium Physicians Group Miller Helms & Folk. PA National Alliance on Mental Illness **Neuropsychiatric Association** for Memory Screening **Nick Adams Photography** Oasis Senior Advisors Over Easy Café **Partners for Breast Cancer Care** R.W. Walsh Landscaping **Radiology Regional** Right At Home **RLR** Investments Rosie's Café & Grill **Rotary Club of Sanibel-Captiva** Saint Michael and All Angels **Episcopal Church** SalusCare Sanibel & Captiva Island Assoc. of Realtors Sanibel Air & Electric Sanibel Captiva Art League Sanibel Captiva Beach Resorts Sanibel Captiva Lion's Club Sanibel Catering Company by Bailey's **Sanibel Community Church** Sanibel Community House **Sanibel Congregational United Church of Christ Sanibel Congregational Women in Mission**

Lee County Human Services

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Lee Fact Team

Sanibel Fire Station Sanibel Island Farmer's Market **Sanibel Island Rentals** Sanibel Island Therapy Sanibel Police Department **Sanibel Public Library Sanibel Recreation Center** Sanibel School Sanibel Taxi Santiva Chronicle Sanibel-Captiva Kiwanis Foundation Senior Friendship Center of SWFL **Shell Point Retirement Community South Seas Island Resort** Suncatchers' Dream

The Grog Shop The Robert Rauschenberg Foundation The Salvation Army The Sanctuary Golf Club Three Crafty Ladies **Thrive Senior Living at Beachwalk** Timbers Restaurant & Fish Market Toys Ahoy **Traders Sanibel** United Way of Lee, Glades and **Hendry Counties** Valerie's House **Veterans Service Office Visiting Nurses Association of SWFL** We Care of Lee County Whitney's Bait and Tackle **Zebis IT Essentials Zonta of Southwest Florida** Zonta Club of Sanibel-Captiva





FINANCIALS FOR 2020

SUMM MUMM

ANALYSIS OF FUNDING & EXPENDITURES

2020 revenue

Individual Donations \$1.685.501 \$338,205 **Organization & Grants** \$472,907 Events Misc & Other \$60,201

\$2,556,814 **TOTAL REVENUE:**

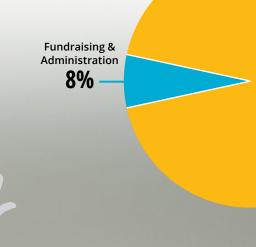
2020 expenses

Direct Client Support \$1,606,412 Fundraising & Administration \$115,234

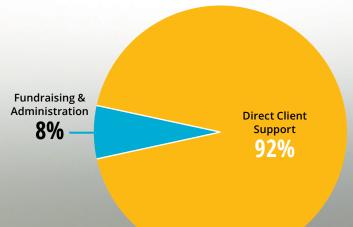
TOTAL EXPENSES: \$1,721,646

*Capital Mortgage Reduction \$400,000

NET INCOME: \$835,168



Misc & Other Events 19% Organization & Grants Individual **Donations** 66%



Note: all figures are unaudited

WE ARE HUMBLED AND THANKFUL FOR OUR MANY

GENEROUS FISH DONORS

GIVING IS A SUPERPOWER—AND YOU ARE HEROES

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^{*}Capital Contributions \$400.000



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VOLUNTEERS ARE ESSENTIAL

HUGE THANKS TO OUR 2020 VOLUNTEER TEAM WHO ROSE TO THE OCCASION & SERVED LIKE NEVER BEFORE

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While we have 175+ volunteers annually, that number drops dramatically during holidays and off-season months. We invite you to choose how you can help, and we'll provide training! OPPORTUNITIES INCLUDE:

• BACKPACK PROGRAM—pack, sort, stock

Kristin Harvey

- **EVENTS**—meet and greet, set-up, decorate
- FOOD PANTRY—shop, sort, pick-up, and assis
- HURRICANE INFO—meet client, explain plans
- **MEALS**—pick up, deliver hot meals to clients
- MEDICAL EQUIPMENT—meet, deliver, pick-up
- TELEPHONE—receive messages & respond
- TRANSPORT—drive client to/from appointment
- **VISITATION**—visit neighbors needing socialization
- WALK-IN-CENTER—meet, greet, assist



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A NEW WAVE OF GIVING

Women—with strength, dedication, passion for others, and generous spirits—are a powerful giving force. We are thrilled to announce the 2020 launch of the AngelFISH Society which specifically invites women in our community to direct their giving in focused, strategic ways with the goal of providing sustainable funding for the FISH of Sanibel-Captiva Foundation, Inc.—an endowment created to support the future of the FISH organization.





Our AngelFISH Society objectives are to:

- engage women in assisting our neighbors in a meaningful way
- educate women about our community needs

Additionally the Society will fund a special FISH programmatic project each year. This year's focus has been on helping island seniors dealing with isolation, loneliness and depression. We've already begun diving deep into our important project work through vital research to identify and address immediate needs in technology to help our island seniors stay connected. We are pleased to announce that 20 individuals have already been qualified by FISH to receive assistance through much-needed devices, internet service, training and technological support. Membership will keep these efforts moving forward to bring FISH services and programs to our most vulnerable through virtual programming, zoom presentations, workshops and more.

In these times of growing and ever-changing needs, we are thankful to our charter members for jumping in and helping us turn the tide. We encourage you to share this wonderful giving opportunity with all the amazing women you know!

For more information, please call Maggi Feiner or Alicia Tighe Orgera at FISH at 239.472.4775.

OUR GENEROUS MEMBERS

ANGELFISH ANGEL

Catherine Anderson Susie Freund Gaye Pigott Nancy Rolley Ellen Sloan

Nixia Dawdan

Dixie Bowden

TIDE TURNER

Marilyn Aldridge Susan Beittel Sam Boren-King Vibeke Christensen Dulce Doss Barbara Dunham Sherry Gentry Karen Gill Helene Hall Susan Heisler Gwenda Hiett-Clements Ianie Howland Lana lacobs Carol Manker Nicole McHale Lisa Ann Miller

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PLANNED GIVING FOR TOMORROW

AN OPPORTUNITY TO LEAVE A LEGACY AND ONE MORE SILVER LINING

Join the FISH Legacy Society to help us continue our mission for years to come

WHAT IS PLANNED GIVING?

"Planned giving" is simply a commitment, either revocable or irrevocable, to give to a Section 501(c)(3) charity, such as FISH or its Foundation, as part of a donor's overall financial or estate planning (as contrasted with typical annual donations).

TYPES OF PLANNED GIFTS

- **Bequests**—donations at death (through a Will or Trust) of cash, real estate, stocks, bonds, mutual funds, or other intangible assets
- **2** Retirement Plans—designation of FISH as a beneficiary of a retirement account, such as an IRA, 401(k), 403(b), pension or profit sharing plan
- **3** *Life Insurance*—designation of FISH as a beneficiary of a life insurance policy (whole life or term)
- 4 Retained Life Estate—transfer of real estate, such as a residence or commercial property, to FISH, but with the donor retaining the use of the property for the remainder of the donor's lifetime (e.g., the Woodring property)

WITH A PLANNED GIFT, A DONOR MAY

- Create an endowment to generate annual income that provides for the development and enhancement of designated FISH programs and activities (e.g., Helping Hands or the Food Pantry)
- Create an endowment to enhance FISH staff development or subsidize the compensation for a specific position, similar to endowing a professorship at a university
- Name the FISH Walk-In Center (or an office) for the donor or in honor/memory of a loved one or another person

Have you already included FISH in your estate plan? We would love to know so that we may appropriately recognize you as part of our FISH Legacy Society. Please contact Maggi Feiner or Alicia Tighe Orgera at (239) 472-4775.

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