

F.I.S.H. of SANCAP 2021

Report of Results

CASOA™

**Community Assessment Survey
for Older Adults™**

Prepared by:



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Introduction

The Community Assessment Survey for Older Adults (CASOA™), administered by Polco/National Research Center (NRC) provides a statistically valid survey of the strengths and needs of older adults as reported by older adults themselves in communities across America. This report is intended to enable local governments, community-based organizations, the private sector, and other community members to understand more thoroughly and predict more accurately the services and resources required to serve an aging population. With this report, Sanibel and Captiva stakeholders can shape public policy, educate the public, and assist communities and organizations in their efforts to sustain a high quality of life for older adults. The objectives of the CASOA are to:

- Identify community strengths in serving older adults
- Articulate the specific needs of older adults in the community
- Estimate contributions made by older adults to the community
- Determine the connection of older adults to the community

The results of this exploration will provide useful information for planning and resource development as well as strengthen advocacy efforts and stakeholder engagement. The ultimate goal of the assessment is to create empowered communities that support vibrant older adult populations.

The CASOA questionnaire contains many questions related to the life of older residents in the community. Survey participants were asked to rate their overall quality of life, as well as aspects of quality of life in Sanibel and Captiva. The questionnaire assessed the individual needs of older residents and involvement by respondents in the civic and economic life of Sanibel and Captiva.

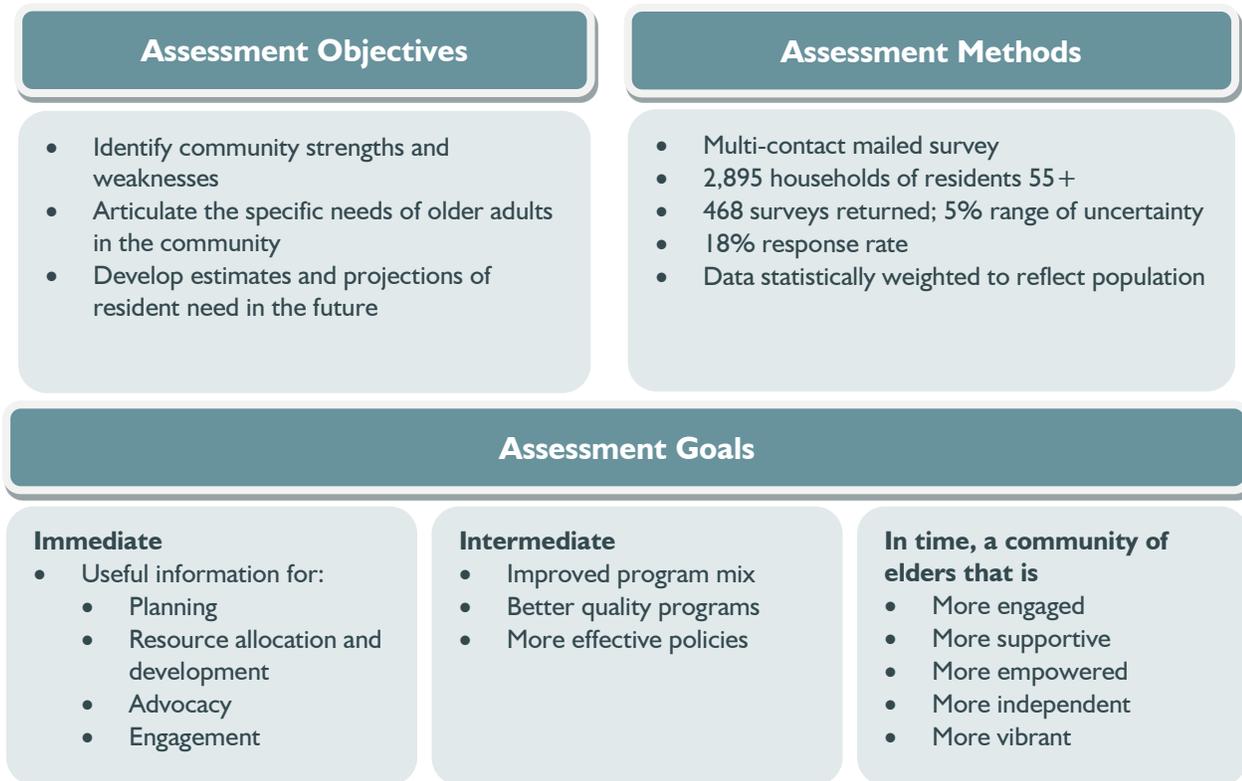
F.I.S.H. of Sanibel-Captiva CASOA Methods

The CASOA survey and its administration are standardized to assure high quality survey methods and comparable results across communities. Multiple mailings gave each household more than one prompt to participate with a self-addressed and postage-paid envelope to return the survey. The survey packets contained a cover letter with a web link to give residents the opportunity to respond to the survey online if they preferred. Results were statistically weighted to reflect the proper demographic composition of older adults in the entire community across Sanibel and Captiva.

The survey was mailed in March 2021 to all known households with an adult 55 years or older in Sanibel and Captiva (approximately 2,985 households). A total of 468 completed surveys were obtained, providing an overall response rate of 18%. Because the survey was intended to be taken by all older adult residents, no traditional margin of error was calculated. However, because not all older adults responded, NRC recommends using plus or minus five percentage points as the “range of uncertainty” around any given percent reported. For additional methodological information, refer to *Appendix B: Survey Methodology*.

In addition to this main survey effort, a link to an online open participation survey was publicized by F.I.S.H. of SANCAP through various channels. The open participation survey was identical to the main survey and open to all Sanibel and Captiva residents who were age 55 or older; a total of 33 of these surveys were completed (for additional information on the open participation survey results, please see the *CASOA Open Participation Survey Results – F.I.S.H. of SANCAP 2021* under separate cover).

Figure 1: CASOA Methods and Goals



Structure of CASOA Report

This report is based around six community dimensions:

- Overall Community Quality
- Community and Belonging
- Community Information
- Productive Activities
- Health and Wellness
- Community Design and Land Use

Each section discusses older adult ratings of Sanibel and Captiva, participation in activities, and potential problems faced by older adults as related to each of the seven dimensions. The final section of the report, Community Readiness, summarizes these dimensions as index scores and provides an overall picture of Sanibel and Captiva as a livable community for older adults.

“Don’t Know” Responses and Rounding

On many of the questions in the survey, respondents could provide an answer of “Don’t know.” The proportion of respondents giving this reply is shown in the full set of responses included in *Appendix A: Complete Set of Survey Responses* and is discussed in the body of this report if it is 30% or greater. However, these responses have been removed from the analyses presented in the body of the report, unless otherwise indicated. In other words, the majority of the tables and graphs in the body of the report display the responses from respondents who had an opinion about a specific item.

For some questions, respondents were permitted to select multiple responses. When the total exceeds 100% in a table for a multiple response question, it is because some respondents are counted in multiple categories. When a table for a question that only permitted a single response does not total to exactly 100%, it is due to the customary practice of rounding percentages to the nearest whole number.

Benchmark Comparison Data

NRC has developed a database that collates responses to CASOA and related surveys administered in other communities, which allows the results from Sanibel and Captiva to be compared against a set of national benchmarks. This benchmarking database includes responses from more than 35,000 older adults (age 55 and over) in over 175 communities across the nation. The demographics of NRC's database match the demographics in the nation, based on the U.S. Census estimates.

Ratings are compared when similar questions are included in NRC's database, and there are at least five communities in which the question was asked. Where comparisons for ratings were available, Sanibel and Captiva's results are generally discussed in the report as being "higher" than the benchmark, "lower" than the benchmark or "similar" to the benchmark. In instances where ratings are considerably higher or lower than the benchmark, these ratings have been further demarcated by the attribute of "much," (for example, "much higher" or "much lower"). Detailed benchmark information can be found in *Appendix C: Benchmark Comparisons*.

Key Findings

Not all older adults complain, nor does every community leave older adults raving about the quality of community life or the services available for active living and aging in place. Communities that assist older adults to remain or become active community participants provide the requisite opportunities for recreation, transportation, culture, education, communication, social connection, spiritual enrichment and health care.

Further, older adults, more than others, face difficulties with aspects of everyday life. For many older adults these difficulties vastly exceed the minor physical pains or small losses of function that characterize almost everyone's circumstances after a certain age. When individual problems are added together, a group picture emerges that provides a useful description of the entire community of Sanibel and Captiva.

The results of this survey describe the Sanibel-Captiva area as a livable community for older adults within six community dimensions of Overall Community Quality, Community and Belonging, Community Information, Productive Activities, Health and Wellness and Community Design and Land Use. The extent to which older adults experience difficulties and problems within these dimensions is also described.

Overall Community Quality

Overall Community Quality explores how older residents view the community overall, how connected they feel to the community and how well they can access information and services offered by Sanibel and Captiva, as well as how likely residents are to recommend and remain in the community.

- Nearly all (98%) of Sanibel and Captiva's older residents gave ratings of excellent or good to their community as a place to live.
- Approximately 95% of older adults would recommend Sanibel and Captiva to others and a similar number gave high marks to the community as a place to retire.
- Nearly one-third of respondents had lived in the community for more than 20 years and 90% plan to stay in Sanibel and Captiva throughout their retirement.
- When compared to other communities across the nation, Sanibel and Captiva older residents tended to rate aspects of Overall Community significantly higher.

Community and Belonging

A "community" is often greater than the sum of its parts, and having a sense of community entails not only a sense of membership and belonging, but also feelings of emotional and physical safety, trust in the other members of the community and a shared history.¹ Older residents of Sanibel and Captiva rated several aspects of Community and Belonging, including their sense of community and overall feelings of safety, as well as the extent to which they felt accepted and valued by others.

- All of the residents responding to the survey reported excellent or good overall feelings of safety and fewer than 6% had experienced safety problems related to being a victim of crime, abuse or fraud.
- Almost 90% of older residents rated the sense of community as excellent or good and about 8 in 10 gave positive marks for Sanibel and Captiva's neighborliness and valuing of older residents.
- Older residents in Sanibel and Captiva provided much higher ratings for aspects of Community and Belonging than their national counterparts.

Community Information

The education of a large community of older adults is not simple, but when more residents are made aware of attractive, useful and well-designed programs, more residents will benefit from becoming participants.

- About 85% of survey respondents reported being somewhat or very informed about services and activities available to older adults, which was much higher than reports from other communities in the U.S.
- About two-thirds of older adults felt that Sanibel-Captiva had excellent or good information about resources for older adults and about 6 in 10 rated the financial or legal planning services in the community positively. These marks were much higher than the national benchmark.
- Nonetheless, about half of respondents reported problems with not knowing what services were available and about 3 in 10 felt like their voice was not heard in the community. However, these problems affected a smaller number of older adults than found in other communities across the nation.

Productive Activities

Productive activities such as traditional and non-traditional forms of work and maintenance of social ties combine with health and personal characteristics to promote quality of life in later life and contribute to active aging.² Productive Activities examined the extent of older adults' engagement participation in social and leisure programs and their time spent attending or viewing civic meetings, volunteering or providing help to others.

- Almost 95% of older residents felt Sanibel and Captiva had excellent or good volunteer opportunities, and about 6 in 10 participated in some kind of volunteer work, a volunteer rate much higher than other communities in the U.S.
- Nearly 95% of older residents rated the parks and recreation opportunities in Sanibel and Captiva as excellent or good. Likewise, opportunities for education, culture, and the arts also were rated positively by 9 in 10 of the residents surveyed.
- About 40% of respondents reported caring for another person and older residents averaged between 8 and 17 hours per week providing care for children, adults and older adults.
- About 1 in 5 older adults in Sanibel and Captiva felt emotionally burdened by their caregiving and 12% reported being physically burdened. These problems affected fewer adults in Sanibel and Captiva than the national average.
- About 70% of respondents were fully retired, and about 1 in 5 reported not having enough money to meet their daily expenses. One quarter of the Sanibel-Captiva older residents reported problems finding work in retirement and a similar number had problems building skills for paid or unpaid work.
- The value of paid (part- and full-time work) and unpaid (volunteering, providing care) contributions by older adults in Sanibel and Captiva totaled over \$91 million in a 12-month period.

Health and Wellness

Of all the attributes of aging, health poses the greatest risk and the biggest opportunity for communities to ensure the independence and contributions of their aging populations. Health and wellness, for the purposes of this study, included not only physical and mental health, but issues of independent living and health care.

- Overall, the older adults in Sanibel and Captiva rated their physical health much higher than other communities in the U.S. and reported fewer physical health problems than other older adults across the nation.
- However, ratings of the availability of affordable quality physical health care, the availability of preventive health services and long-term health care options scored lower than the nation.
- While over 95% rated their overall mental health/emotional wellbeing as excellent or good, only about 1 in 4 older residents felt the availability of mental health care in Sanibel and Captiva was excellent or good.
- The most commonly cited experiences with mental health issues included dealing with the loss of a close family member or friend (32%), feeling bored (28%) and feeling lonely or isolated (27%). These mental health problems tended to be less prevalent in older adults in Sanibel and Captiva than in other areas of the country.
- One-third of respondents reported at least minor problems with having adequate information or dealing with public programs such as Social Security, Medicare and Medicaid.
- About 14% of respondents reported spending time in a hospital, and one quarter had fallen and injured themselves in the 12 months prior to the survey. Older adult falls and hospitalizations occurred at lower rates in Sanibel and Captiva than in other communities.

Community Design and Land Use

The movement in America towards designing more “livable” communities – those with mixed-use neighborhoods, higher-density development, increased connections, shared community spaces and more human-scale design – will become a necessity for communities to age successfully. Communities that have planned for older adults tend to emphasize access – a community design that facilitates movement and participation.

- Older residents gave favorable ratings to Sanibel-Captiva in terms of its natural environment (99% excellent or good), economic health (94%) it’s overall design (87%) and its utilities (82%).
- About 9 in 10 respondents gave positive ratings for ease of walking in the community and 8 in 10 felt it was relatively easy to get places they needed to go, even though only about 6 in 10 residents gave high marks to the transportation system.
- Housing in Sanibel-Captiva is an area of challenge with only 4 in 10 older residents giving positive ratings to the variety of housing and 3 in 10 rating the availability of affordable quality housing positively. Related, the cost of living in the community was thought to be excellent or good by only about 1 in 3 older residents.

Digital Connectedness

Technological literacy has become a vital skill for older adults to maintain their independence. The necessity of these skills became more dramatic during the COVID-19 pandemic.

- About 95% of the older residents in Sanibel-Captiva said they accessed the internet at least a few times per week and most had the ability to use their cell phone to go online. About half of respondents reported online shopping and one-quarter shared their opinions online.
- Most older residents reported owning a variety of smart devices including cell phones (94%), laptops/computers (87%) and tablets (69%).
- About 9 in 10 respondents felt their electronic devices were essential or very important for connecting with people outside of their homes.

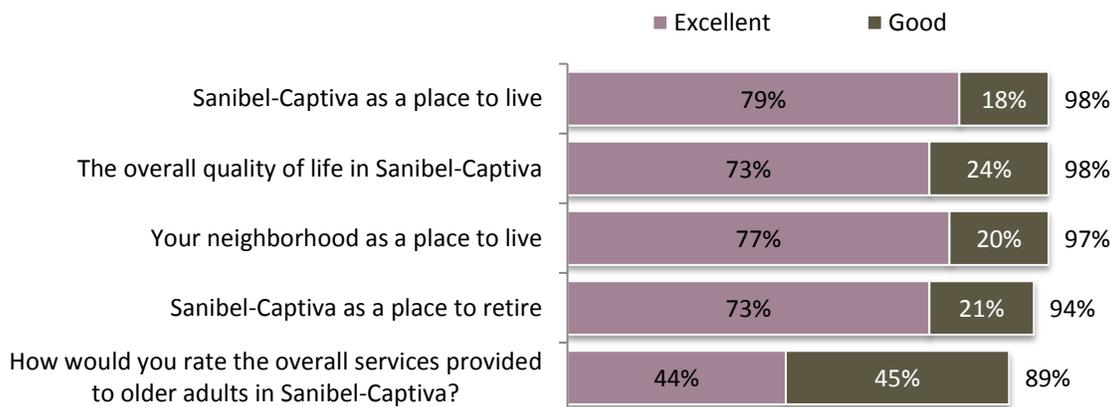
CASOA Survey Results

Overall Community Quality

CASOA contained a number of questions related to the life of older residents in the community. This section of the report explores aspects of the overall quality of the community by examining how older residents view the community overall, how connected they feel to the community and how well they can access information and services in Sanibel and Captiva. Survey participants were asked to rate Sanibel and Captiva as a place to live and to retire as well as the overall quality of services provided to older adults. Further testament to the quality of a community is the likelihood of residents recommending and remaining in a community; respondents indicated how likely they would be to not only recommend Sanibel and Captiva to other older adults but also how likely they would be to remain in Sanibel and Captiva throughout their retirement.

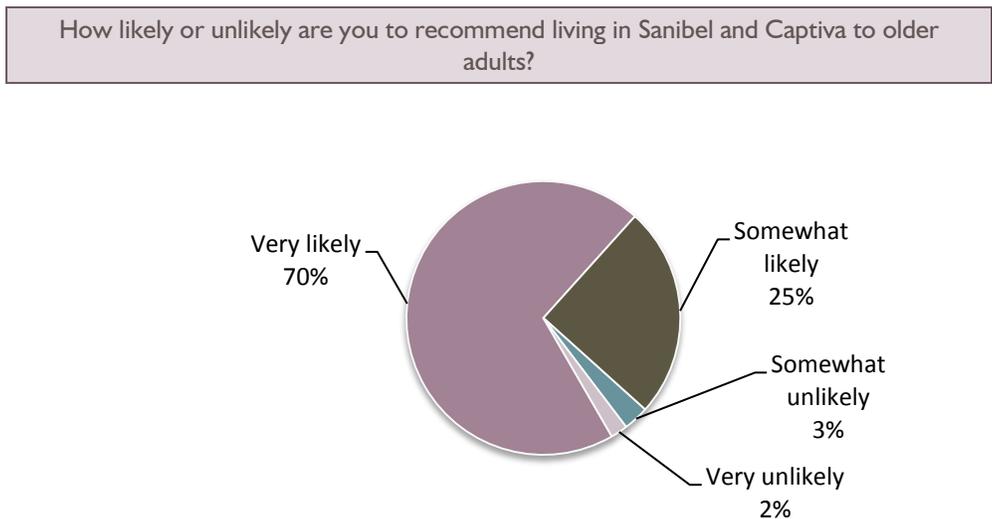
Almost all of Sanibel and Captiva’s older residents gave high ratings to the community as a place to live (98%), their neighborhood as a place to live (98%), and the overall quality of life (97%). About 9 in 10 rated Sanibel and Captiva as a place to retire and the overall services provided to older adults as excellent or good; both ratings were higher than the national benchmark (see *Appendix C: Benchmark Comparisons* for details).

Figure 2: Sanibel and Captiva as a Place for Older Residents



Generally, residents will not recommend a community to friends unless that community is seen to be offering the right services with optimal effectiveness. Just how successful Sanibel and Captiva has been in creating an attractive setting for older adults can be sensed by the number of older residents that say they will recommend it to others. Overall, about 7 in 10 older adults said they would recommend Sanibel and Captiva to others; this was a higher proportion than in other communities in the U.S. (see *Appendix C: Benchmark Comparisons* for more information).

Figure 3: Older Residents' Likelihood of Recommending Sanibel and Captiva to Others



Residential Stability

According to a survey by AARP, more than 8 in 10 adults over age 45 want to live roughly where they live now “as long as possible.”³ In fact, Census Bureau data indicate that fewer than 5% of people 55 and older move in any given year, and the bulk of those do not go very far: 49% of movers stay within the same county and only 25% move to a different state. Of those who do cross state lines, the major lure is not weather, tax relief or a new adventure: people usually move to be closer to family.⁴

In different communities, older adults have different intentions, so it is essential to understand what older adults in Sanibel and Captiva are anticipating in their retirement. The largest proportion (31%) of Sanibel and Captiva’s older residents had lived in the community for more than 20 years. Further, 90% of older adults were very or somewhat likely to remain in Sanibel and Captiva throughout their retirement. When compared to ratings given by older residents in other communities across the nation, Sanibel and Captiva residents were more likely to report that they would remain in Sanibel and Captiva throughout retirement (see *Appendix C: Benchmark Comparisons* for details).

Figure 4: Length of Residency in Sanibel and Captiva

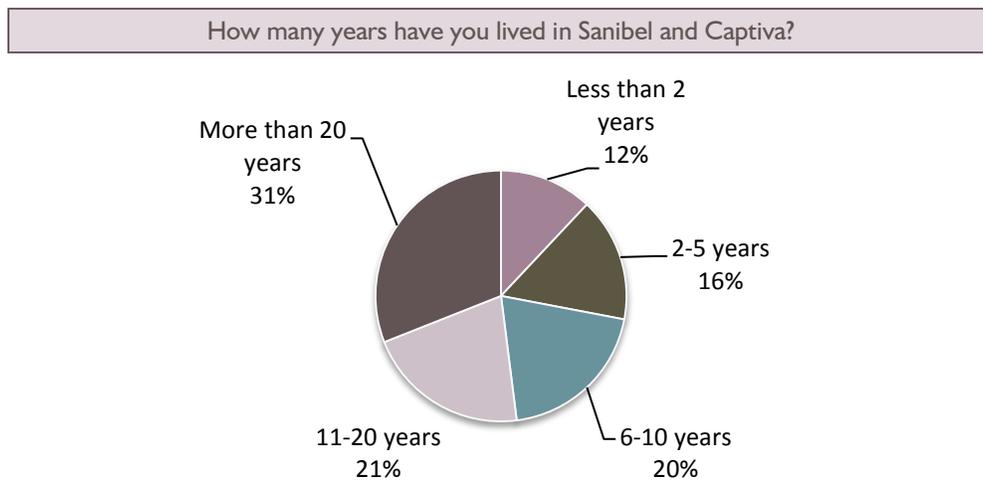
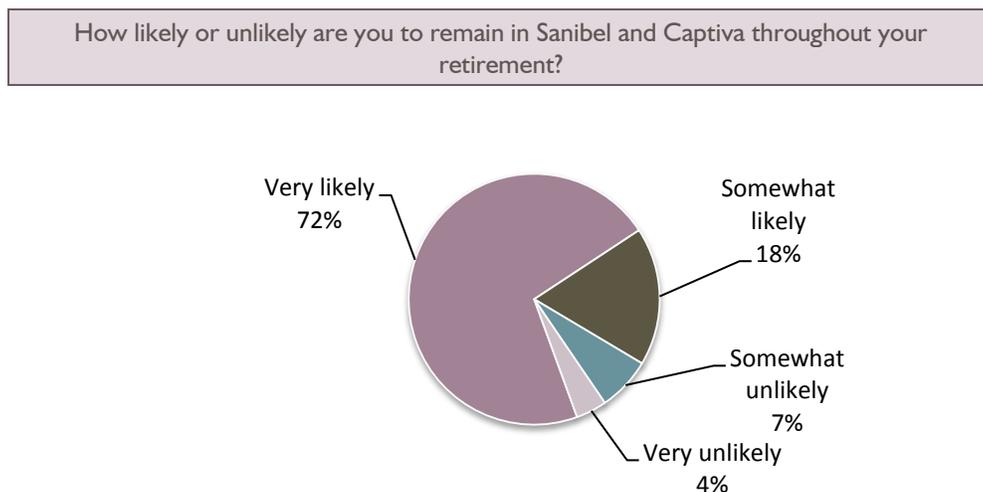


Figure 5: Likelihood of Remaining in Sanibel and Captiva throughout Retirement

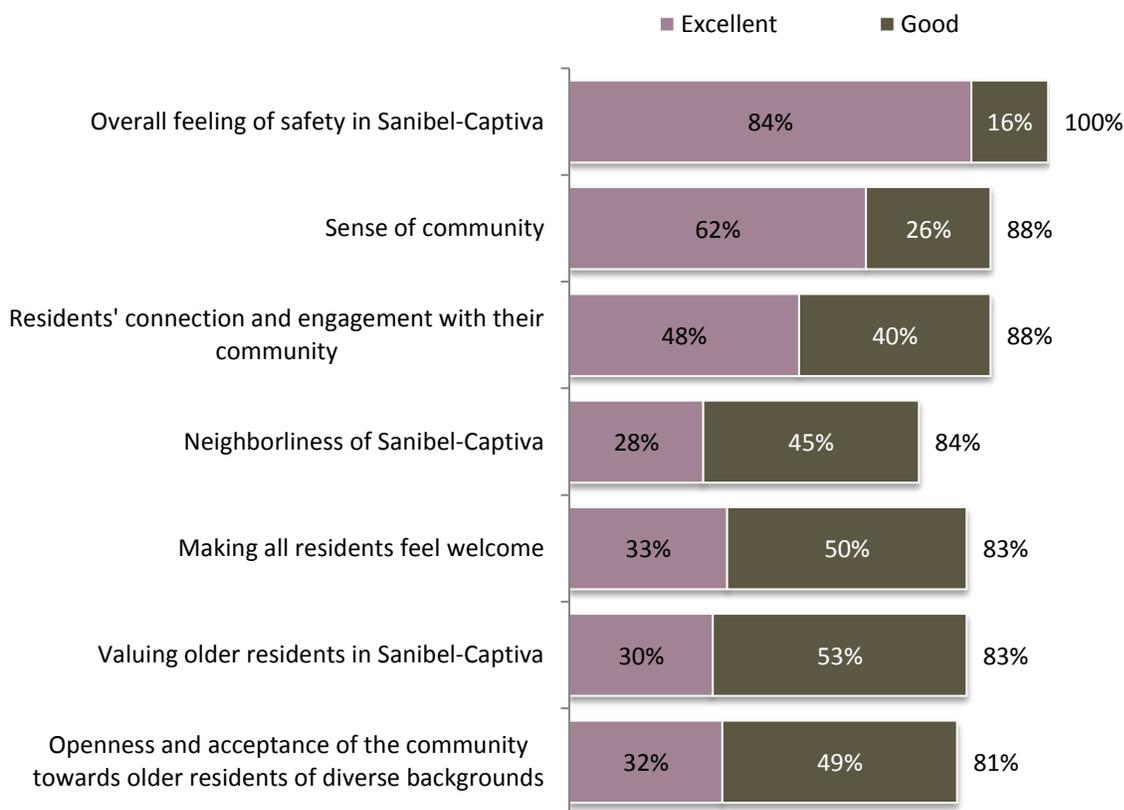


Community and Belonging

A “community” is often greater than the sum of its parts, and having a sense of community entails not only a sense of membership and belonging, but also feelings of emotional and physical safety, trust in the other members of the community and a shared history.¹ Older residents of Sanibel and Captiva rated several aspects of Community and Belonging, including their sense of community and overall feelings of safety, as well as the extent to which they felt accepted and valued by others.

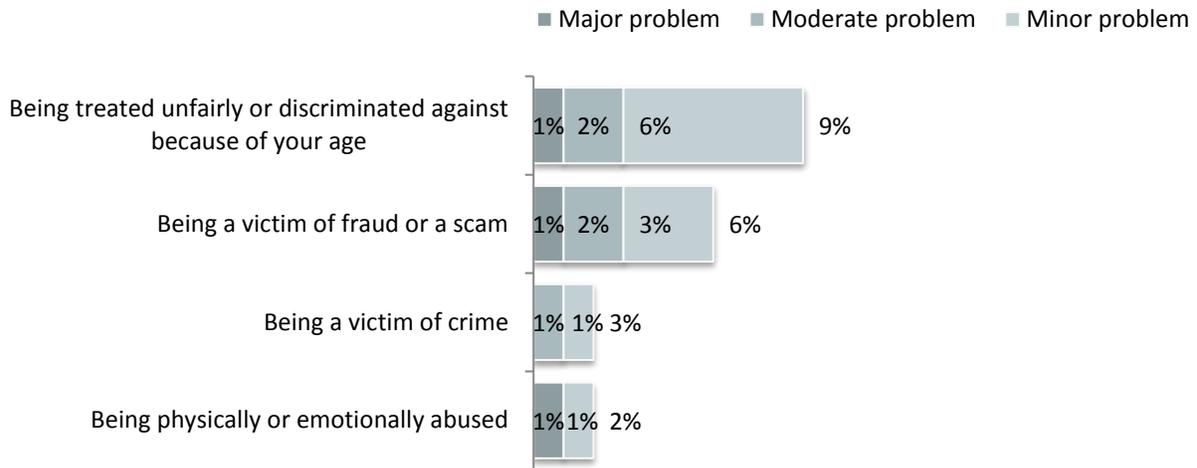
Overall, older residents rated Community and Belonging in Sanibel and Captiva positively. Feelings of safety in Sanibel and Captiva were very strong, with 100% rating their overall feeling of safety in the community as excellent or good. About 9 in 10 respondents gave high marks to the sense of community and residents’ connection and engagement with their community, while 8 in 10 positively rated neighborliness, the community making all residents feel welcome, valuing older residents, and the openness and acceptance of the community towards older residents of diverse backgrounds. When compared to other communities in the U.S., older residents in Sanibel and Captiva provided higher ratings for sense of community, openness and acceptance of the community, valuing older residents, and neighborliness (see *Appendix C: Benchmark Comparisons* for details).

Figure 6: Older Adult Ratings of Community and Belonging in Sanibel and Captiva



The extent to which older residents have been victims of crimes can threaten their feelings of safety and overall sense of community. A small proportion of older adults in Sanibel and Captiva reported problems with discrimination, crime, or abuse in the 12 months prior to the survey. Reports of crime or fraud being a problem were lower than reports from other communities across the country, while reports of problems with physical or emotional abuse were similar to the benchmark (see *Appendix C: Benchmark Comparisons* for details).

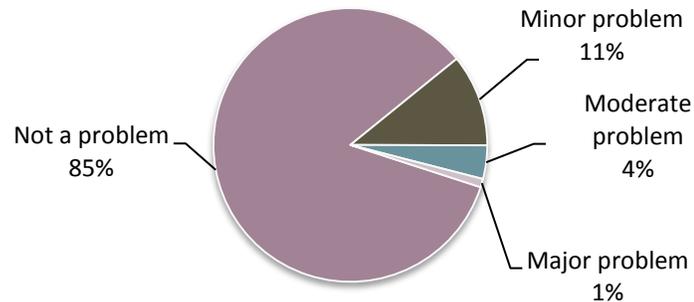
Figure 7: Safety Problems in Sanibel and Captiva



About 85% of older residents did not have a problem with feeling like they didn't fit in or belong in the 12 months prior to the survey; only 15% cited this as at least a minor problem.

Figure 8: Feeling of Belonging

Thinking back over the last 12 months, how much of a problem, if at all, has feeling like you don't fit in or belong been for you?



Community Information

Sometimes residents of any age fail to take advantage of services offered by a community just because they are not aware of the opportunities. The education of a large community of older adults is not simple, but when more residents are made aware of attractive, useful, and well-designed programs, increasing numbers of residents will benefit from becoming participants. In Sanibel and Captiva, about 85% of survey respondents reported being very or somewhat informed about services and activities available to older adults, which was higher than reports from other communities in the U.S (see *Appendix C: Benchmark Comparisons* for details). Further, a higher proportion of older adults gave positive ratings to the availability of information about resources for older adults and financial or legal planning services, with roughly 6 in 10 reviewing these as excellent or good.

Figure 9: Awareness of Older Adult Services and Activities

In general, how informed or uninformed do you feel about services and activities available to older adults in Sanibel and Captiva?

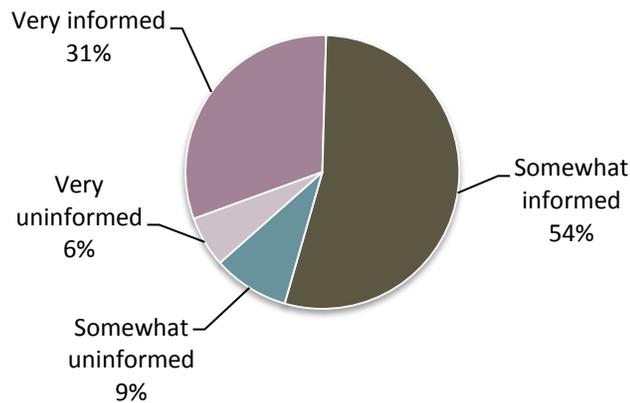
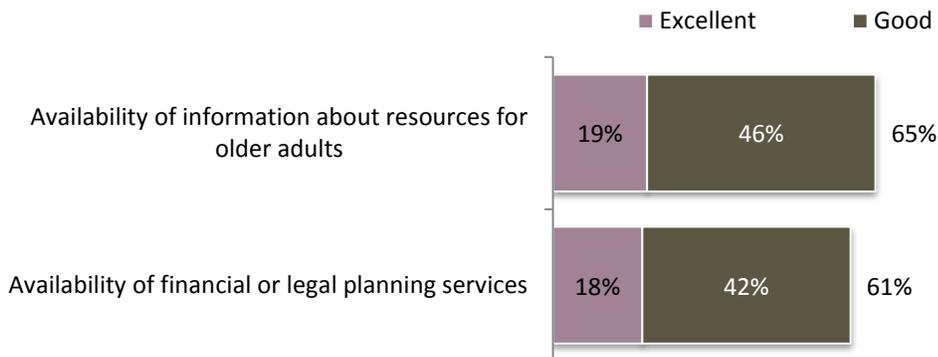


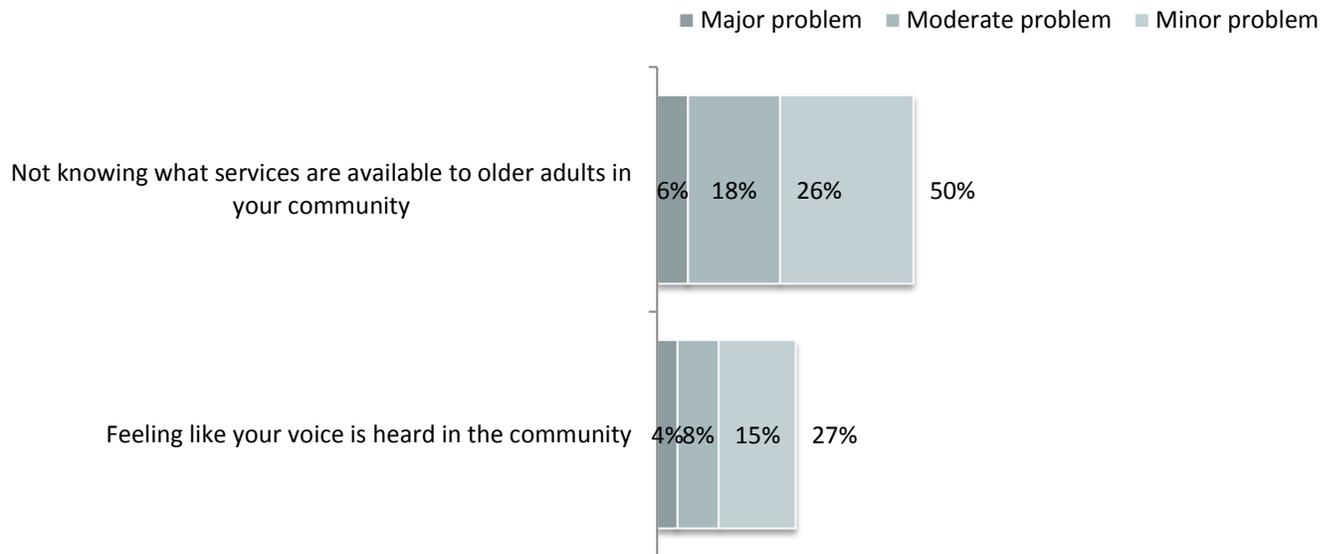
Figure 10: Availability of Information About Older Adult Resources in Sanibel and Captiva



Note: About 32% of respondents answered “don’t know” when asked to rate the availability of financial or legal planning services.

Older residents who may not know how to access services may have trouble finding ways to contribute to the community. In Sanibel and Captiva, about half had problems with not knowing what services were available. About one-quarter reported having problems with feeling like their voice was heard in the community. The proportion of older adults in Sanibel and Captiva who had problems in these areas was generally lower than in other communities across the country (see *Appendix C: Benchmark Comparisons* for details).

Figure 11: Meaningful Activities Problems of Older Residents in Sanibel and Captiva



Productive Activities

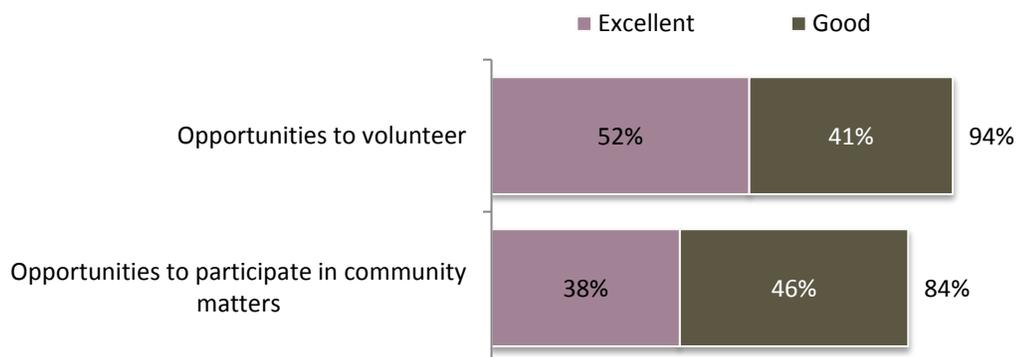
Productivity is the touchstone of a thriving old age. Productive activities such as traditional and non-traditional forms of work and maintenance of social ties combine with health and personal characteristics to promote quality in later life and contribute to active aging.² This section of the report examines the extent of older adults' engagement in the Sanibel and Captiva community as determined by their participation in social and leisure programs and their time spent attending or viewing civic meetings, volunteering or providing help to others. The economic value of these contributions to the community is explored as well.

Civic Engagement

In communities where residents care about local politics and social conditions, where they feel engaged and effective, there is greater social, economic and cultural prosperity. This results in more trust of local government officials, support for community-wide solutions recommended by elected council members, re-election of those councilors⁵ and collective self-restraint in the face of community need.^{5,6} Researchers even have discovered that American states with the highest levels of resident civic engagement are “more effective and more innovative.”⁷ Where there is strong civic engagement, researchers have seen less crime, less poverty, more employment, better and more sustainable policies and more frequent resident cooperation.⁸ Civic activity, whether volunteering, participating in religious or political groups or being active in community decision-making, not only provides benefit to communities but also serves older adults themselves.

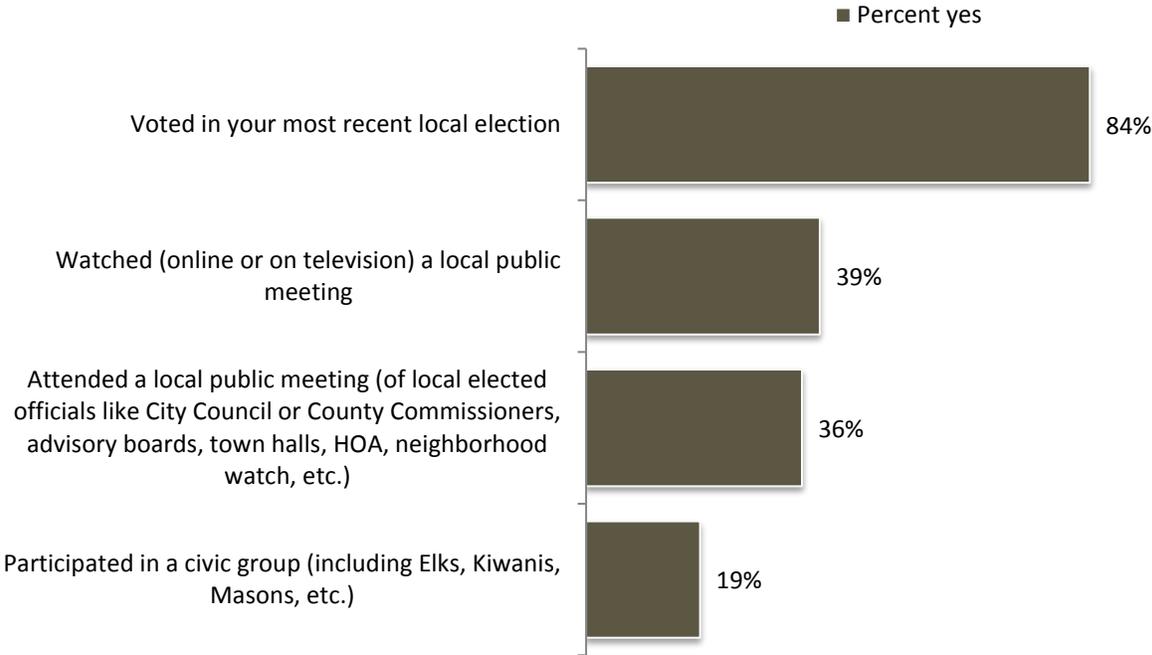
Studies have found that volunteering in later life is associated with better physical and mental health, and civically engaged older adults are less likely to become injured or to die prematurely.⁹ In Sanibel and Captiva, 94% of older residents favorably rated the opportunities to volunteer and 84% gave high marks to the opportunities to participate in community matters. This rating that was higher than other communities across the country (see *Appendix C: Benchmark Comparisons* for details).

Figure 12: Civic Engagement Opportunities in Sanibel and Captiva



In terms of civic engagement, about 8 in 10 reported they voted in the most recent local election and one-third had watched or attended a local public meeting in the 12 months prior to the survey. About 19% of respondents had participated in a civic group. These ratings were higher than other communities in the U.S., except for voting rates, which were on par with the national averages.

Figure 13: Participation in Civic Activities in Sanibel and Captiva



Social Engagement

Communities are the foundation for social life. Sociologist Eric Klinenberg describes communities as “the soil out of which social networks grow and develop or, alternatively, wither and devolve.”^{10,11} Sanibel and Captiva has a great potential to strengthen the community by fostering increased social engagement of its older residents. About 94% of Sanibel and Captiva older residents rated the opportunities to attend religious or spiritual activities as excellent or good and 86% felt similarly about the opportunities to attend social activities and events. Ratings for social activities and religious activities in Sanibel and Captiva were higher than the benchmark. See *Appendix C: Benchmark Comparisons* for additional details.

Roughly 4 in 10 older residents in Sanibel and Captiva had participated in religious or spiritual activities with others or participated in a club in the 12 months prior to the survey. About 1 in 10 used the Sanibel and Captiva senior center, which can often serve as a social hub for many older adults. Fewer older adults in Sanibel and Captiva, compared to national averages, reported using a senior center or participating in religious activities (see *Appendix C: Benchmark Comparisons*).

Figure 14: Social Engagement Opportunities in Sanibel and Captiva

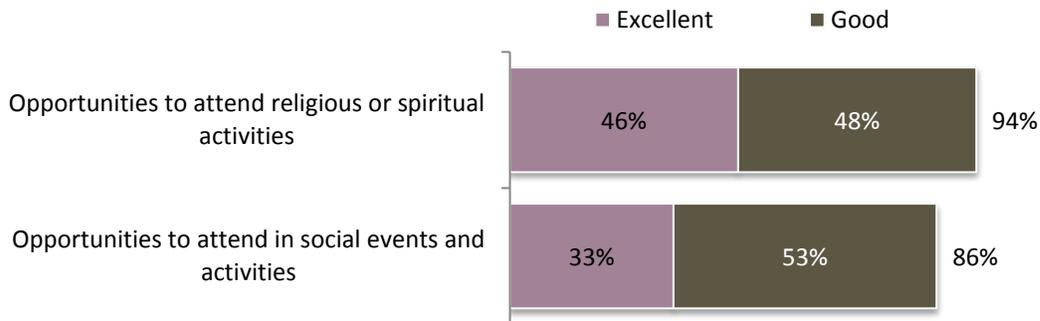
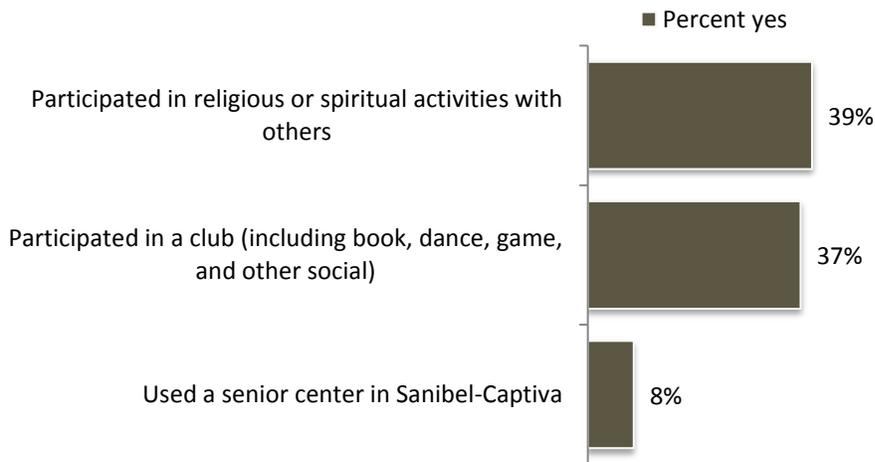
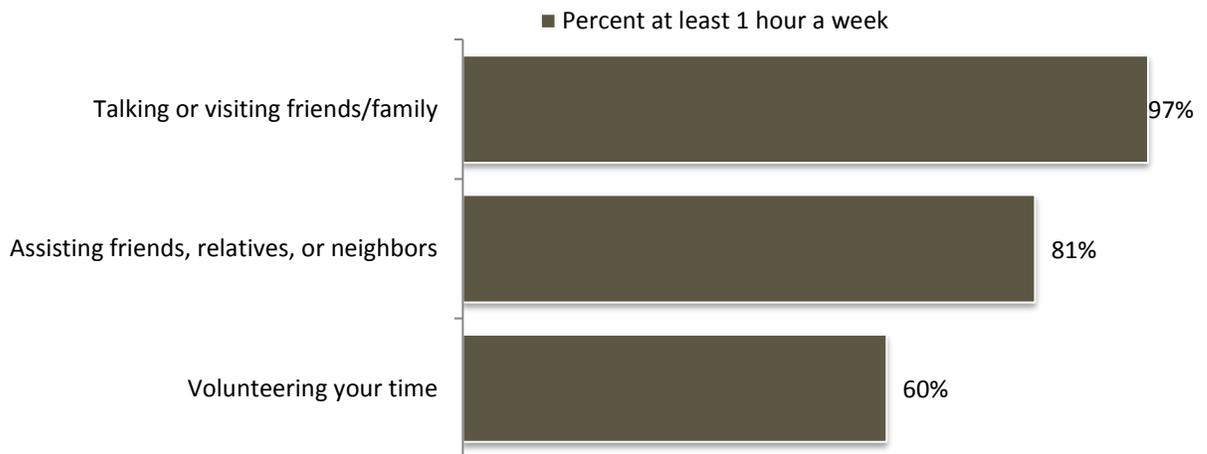


Figure 15: Participation in Social Activities in Sanibel and Captiva



Almost all older residents (97%) reported talking or visiting with friends and family for at least one hour in a typical week. About 8 in 10 assisted friends, relatives, or neighbors and 6 in 10 volunteered their time for at least one hour on a weekly basis. Older adults' rates of volunteering and talking or visiting with friends and family were higher than the national benchmarks (see *Appendix C: Benchmark Comparisons* for details).

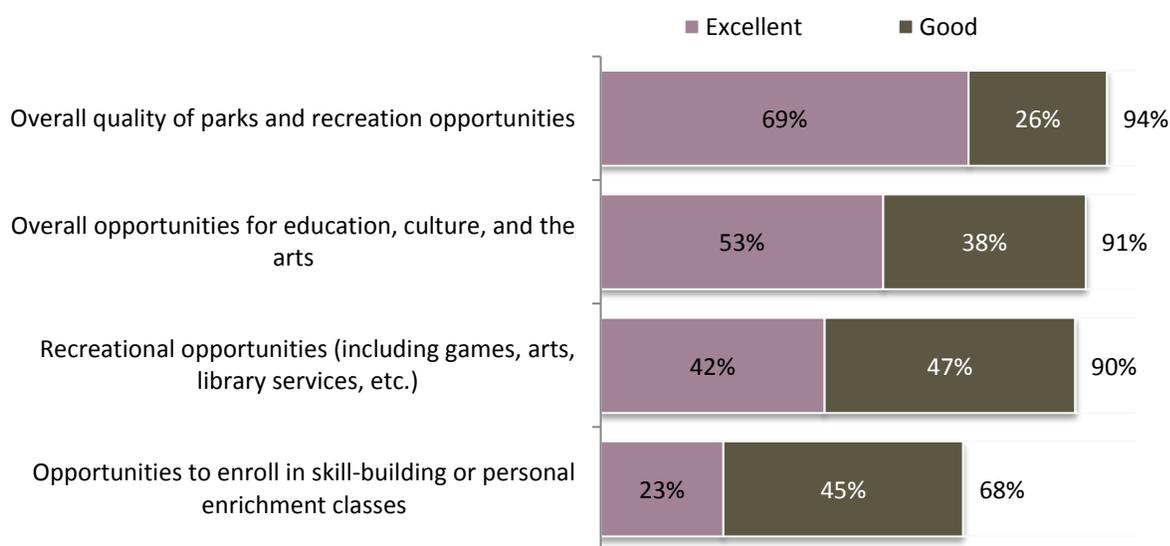
Figure 16: Time Spent Engaging with Others in Sanibel and Captiva



Recreation

Once work becomes a part-time endeavor or thing of the past, residents have the time for and require the health benefits from regular leisure activities, including the stimulation derived from personal enrichment. Recreation and enrichment often replace work as the primary activity that brings older residents in contact with the outside world, while ample opportunities for these activities make a community more attractive to its residents. Most older residents of Sanibel and Captiva viewed the overall quality of parks and recreation opportunities (94%), the overall opportunities for education, culture, and the arts (91%), and recreational opportunities (90%) favorably. About two-thirds of respondents gave high marks to the opportunities to enroll in skill-building or personal enrichment classes. Respondents in Sanibel and Captiva were much more likely to rate opportunities to enroll in skill-building or personal enrichment classes and recreational opportunities higher than other communities across the country (see *Appendix C: Benchmark Comparisons* for details).

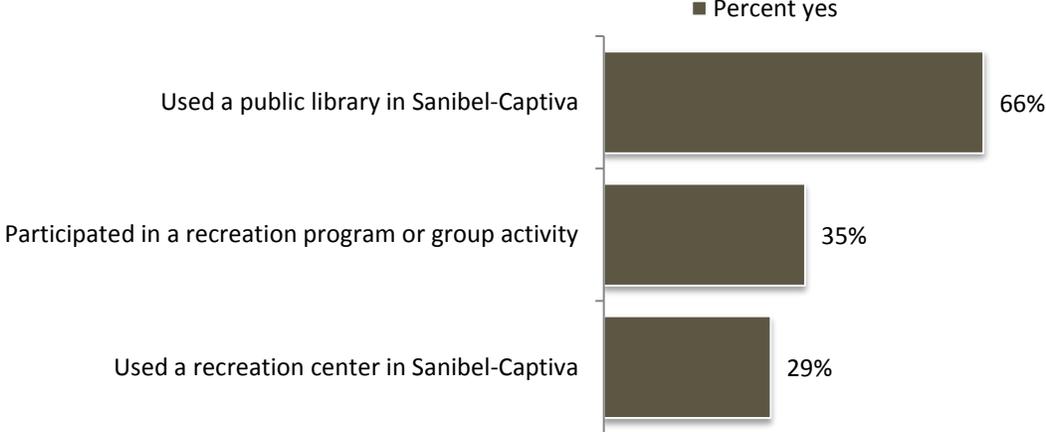
Figure 17: Recreational and Personal Enrichment Opportunities in Sanibel and Captiva



Note: About 30% of respondents answered "don't know" when asked to rate the opportunities to enroll in skill-building or personal enrichment classes.

Respondents indicated how much time they spent participating in various recreation- and enrichment-related activities. About two-thirds of respondents had used a public library in Sanibel and Captiva in the 12 months prior to the survey. Roughly 3 in 10 had participated in a recreation program or group activity and used a recreation center. Rates of using a recreation center and participating in a recreation program or group activity tended to be lower in Sanibel and Captiva when compared to other communities in the country (see *Appendix C: Benchmark Comparisons* for details).

Figure 18: Participation in Recreational and Personal Enrichment Activities in Sanibel and Captiva

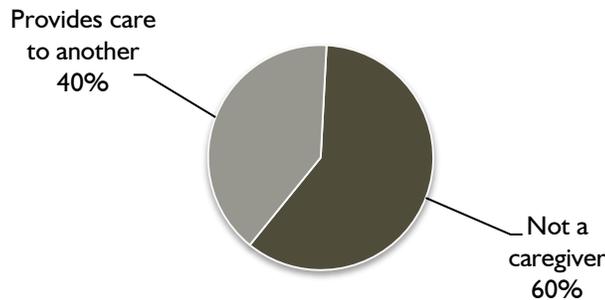


Caregiving

More than 10 million people nationwide have disabling conditions that affect their ability to live independently¹² and almost 80% of these residents are older adults. Those who provide care to a loved one or friend with such a condition often feel a sense of contribution and personal worth despite the physical, emotional and financial burden such care can produce. While care is most often provided by family members and is unpaid, its value has been estimated at \$350 billion annually.¹³

Respondents indicated the number of hours they spent in a typical week providing care to children under 18, adults aged 18 to 54 and adults age 55 and older. Overall, 40% older residents in Sanibel and Captiva said they were providing care for others. Caregivers spent an average of 17 hours per week providing care to someone under the age of 18, while an average of 8 hours per week was spent providing care to someone age 18 to 54 or to someone age 55 or older. Respondents in Sanibel and Captiva were less likely to report providing care to someone else than those in comparison communities.

Figure 19: Providers and Recipients of Care in Sanibel and Captiva



Note: Caregivers were identified by examining the number of hours spent providing care to children under 18, adults age 18 to 54 and adults age 55 and older.

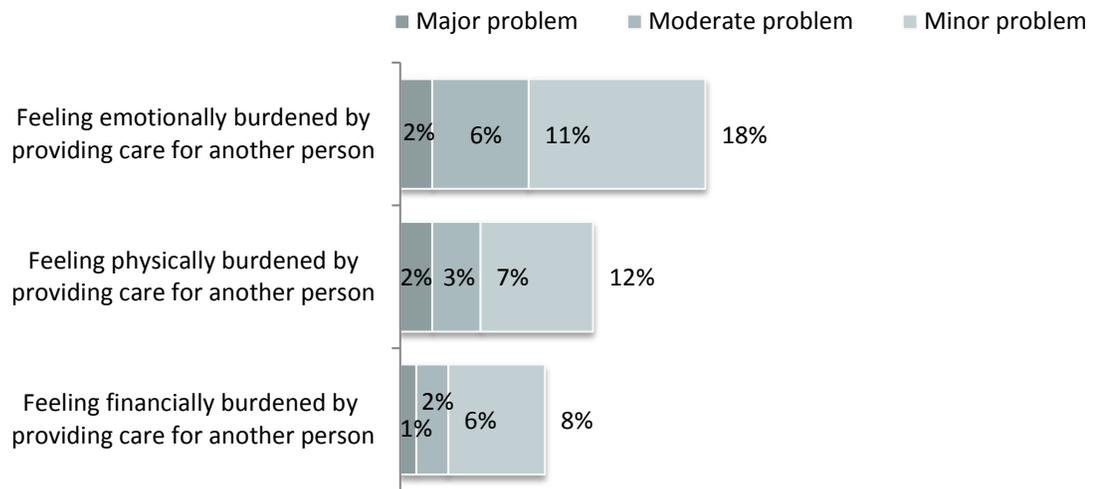
Figure 20: Caregiving Hours of Older Residents in Sanibel and Captiva

| During a typical week, how many hours do you spend: | Never (no hours) | 1 to 3 hours | 4 to 5 hours | 6 to 10 hours | 11 to 19 hours | 20 or more hours | Average number of hours of those who provide care* |
|---|------------------|--------------|--------------|---------------|----------------|------------------|--|
| Providing care to someone age 55 + | 19% | 46% | 11% | 7% | 4% | 15% | 8 |
| Providing care to someone age 18 to 54 | 77% | 11% | 5% | 3% | 0% | 4% | 8 |
| Providing care to someone under age 18 | 74% | 9% | 3% | 1% | 0% | 13% | 17 |

* Average number calculated from the mid-point of the ranges of those who provide care.

A “caregiving crunch” is predicted, where the average American will spend more years caring for parents than for their own children.¹⁴ Older adults in Sanibel and Captiva rated the extent to which they experienced physical strain, emotional stress, or financial hardship as a result of being a caregiver. Overall, older adults in Sanibel and Captiva were most likely to feel emotionally burdened by their caregiving (18% at least a minor problem), followed by feeling physically burdened (12%) and financially burdened (8%). Older adults in Sanibel and Captiva were less likely to see these aspects as a problem than those in other communities across the country.

Figure 21: Caregiver Burden in Sanibel and Captiva



Economic Contribution

Recent studies have estimated that 70-80% of those 45 and older plan to continue working in their “retirement” years.¹⁵ Financial stability is not the only reason; one study notes that pure enjoyment of work (35% of those questioned) or just a desire to try something new (5%) also will keep people on the job.¹⁵ Survey results showed that 26% of older residents were still working for pay (full or part time) and about 3% said they would like to find a job. For those respondents who had not retired, the average age of expected retirement was 70 years old.

Figure 22: Employment Status of Older Residents in Sanibel and Captiva

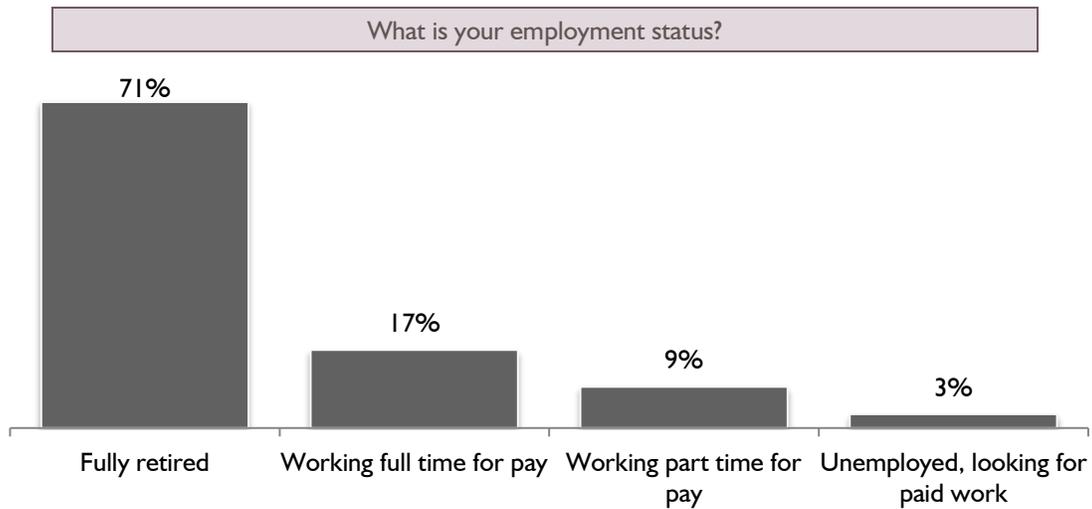
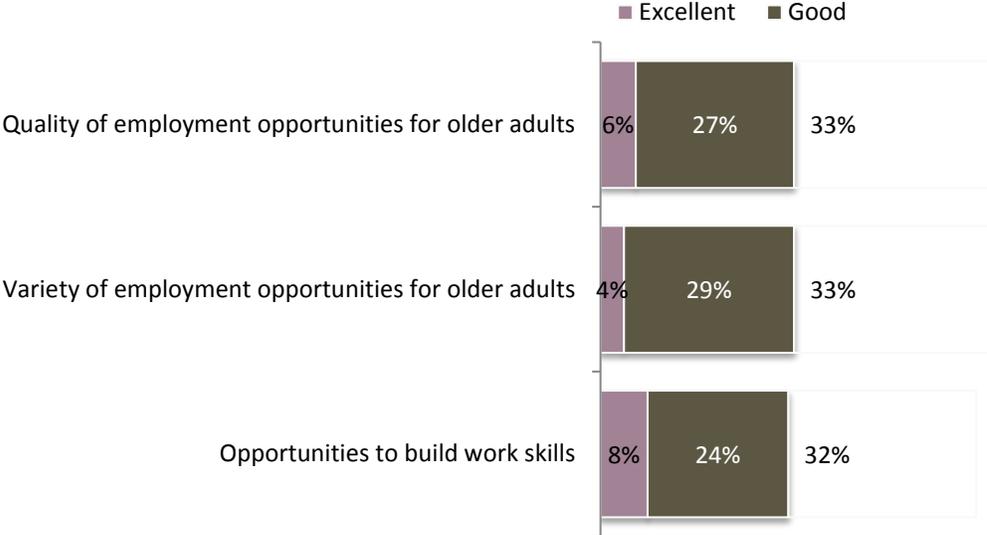


Figure 23: Expected Retirement Age of Older Residents in Sanibel and Captiva

| [If not yet fully retired] At what age do you expect to retire completely and not work for pay at all? | Percent of respondents |
|--|------------------------|
| 60 to 64 | 1% |
| 65 to 69 | 41% |
| 70 to 74 | 28% |
| 75 or older | 29% |
| Average age of expected retirement (for those not yet fully retired) | 70 |

In Sanibel and Captiva, one-third of respondents rated the quality and variety of employment opportunities as excellent or good, as well as opportunities to build work skills. Assessments of the quality of employment opportunities for older adults were on par with the national benchmark.

Figure 24: Employment Opportunities in Sanibel and Captiva

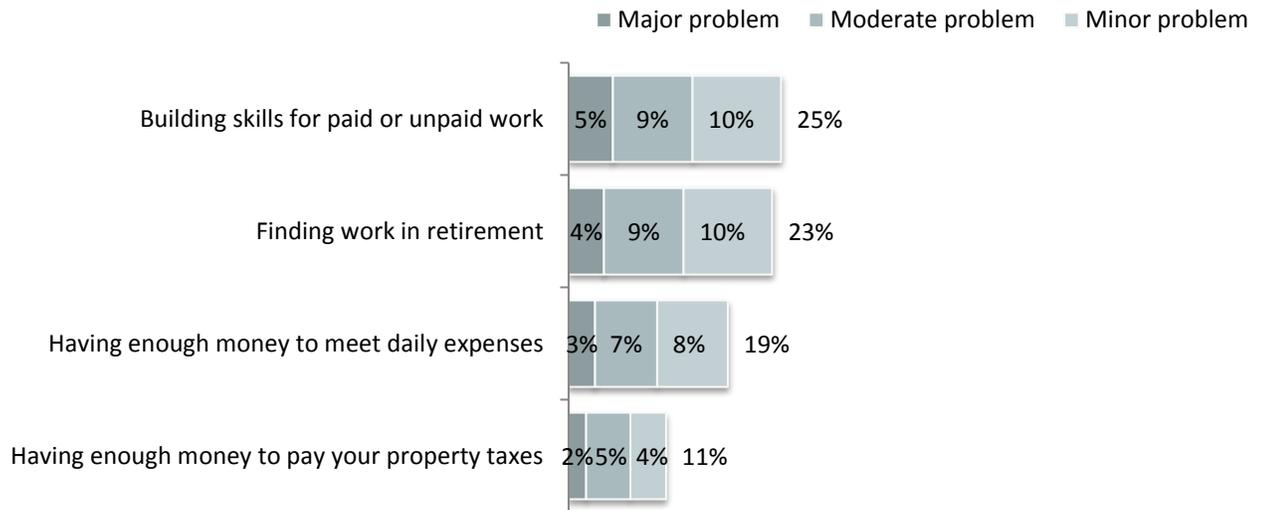


Note: About half of respondents answered “don’t know” when asked to rate the overall quality (58%) and variety (58%) of employment opportunities to older adults, as well as opportunities to build work skills (55%).

Regardless of residents' work status, one-quarter of older adults experienced at least minor problems with finding work in retirement or building skills for paid or unpaid work. Further, about 2 in 10 had problems having enough money to meet daily expenses and 1 in 10 had problems having enough money to pay their property taxes. The proportions of older adults that had any of these financial or legal problems were lower in Sanibel and Captiva than in other communities (see *Appendix C: Benchmark Comparisons* for details).

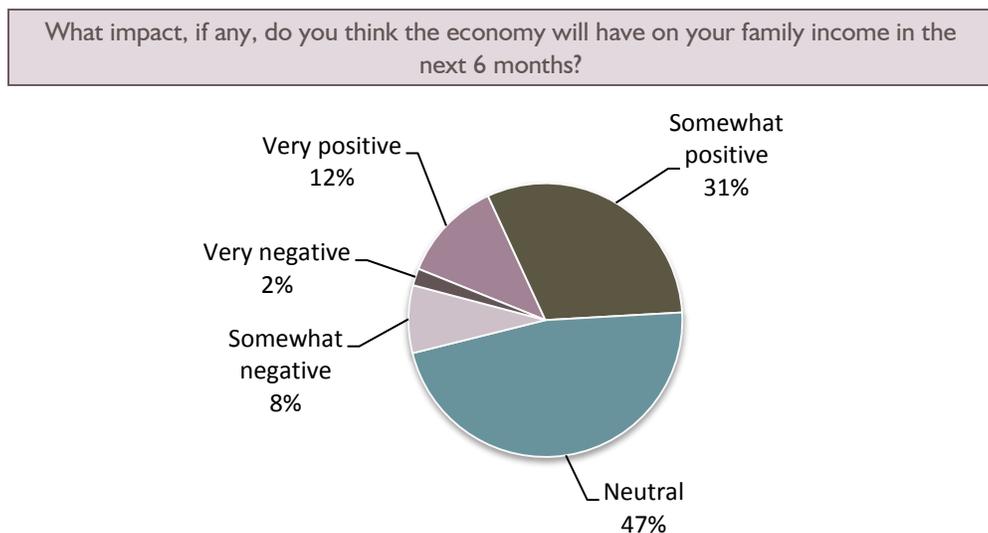
Additionally, about 4 in 10 older residents believed the economy would have a very or somewhat positive impact on their income in the six months following the survey. About half believed the impact would be neutral and 10% felt it would be very or somewhat negative.

Figure 25: Financial and Legal Problems of Older Residents in Sanibel and Captiva



Note: About 38% of respondents answered “don’t know” when asked to rate how much of a problem it was finding working in retirement, while 48% selected “don’t know” when asked about building skills for paid or unpaid work.

Figure 26: Economic Outlook



Productive behavior is “any activity, paid or unpaid, that generates goods or services of economic value.”² Productive activities include both paid and unpaid work of many kinds as well as services to friends, family or neighbors. Older adults provide significant contributions (paid and unpaid) to the communities in which they live. In addition to their paid work, older adults contributed to Sanibel and Captiva through volunteering, providing informal help to family and friends and caregiving. The value of these paid and unpaid contributions by older adults in Sanibel and Captiva totaled over \$91 million in a 12-month period (see *Appendix B: Survey Methodology* for additional detail).

Figure 27: Economic Contribution of Older Adults in Sanibel and Captiva



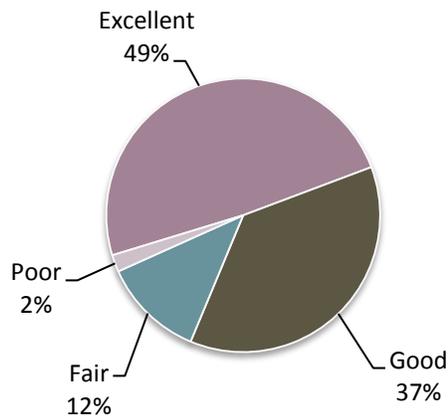
Health and Wellness

The Centers for Disease Control and Prevention have argued, “Poor health is not an inevitable consequence of aging,”¹⁶ yet community supports are needed to help maintain the health and independence of a growing older adult population. Of all the attributes of aging, health poses the greatest risk and the biggest opportunity. If the community cannot assist the independence of residents who experience the inevitable decline in health that accompanies aging, the potential economic contribution of older residents will be lost to hospitals and nursing homes. Health and wellness for the purposes of this study included not only physical and mental health, but issues of independent living and health care.

About 86% of respondents rated the overall health and wellness opportunities in Sanibel and Captiva as excellent or good.

Figure 28: Overall Health and Wellness Opportunities in Sanibel and Captiva

How would you rate the overall health and wellness opportunities in Sanibel-Captiva?



Physical Health

CASOA assessed a variety of physical issues commonly affecting people as they age as well as provided older residents the opportunity to rate health opportunities in Sanibel and Captiva. About 9 in 10 older residents rated fitness opportunities (including exercise classes and paths or trails, etc.) positively in Sanibel and Captiva. The availability of affordable quality physical health care was rated positively by 45%. Most (92%) older residents rated their overall physical health as excellent or good. Overall, the older adults in Sanibel and Captiva rated fitness opportunities and their overall physical health higher than other communities in the U.S., yet rated the availability of affordable quality physical health care lower (see *Appendix C: Benchmark Comparisons* for details).

Figure 29: Physical Health Opportunities in Sanibel and Captiva

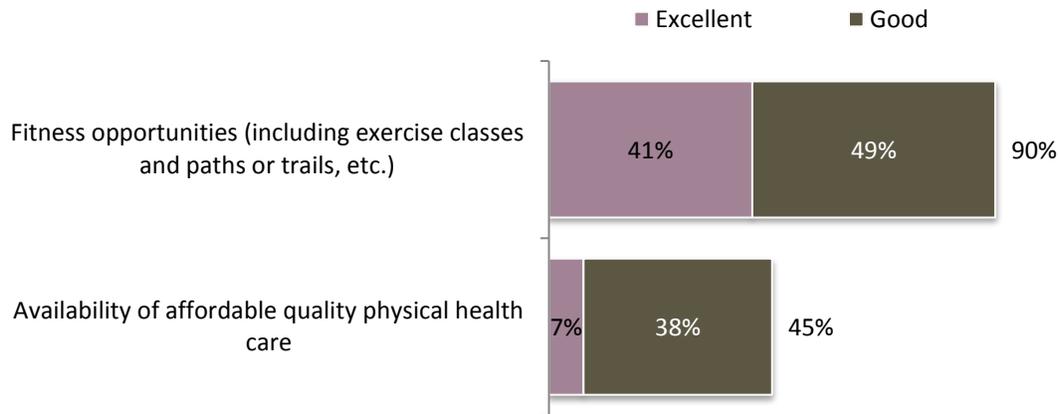
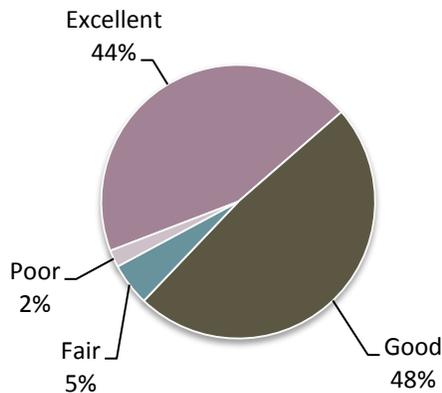


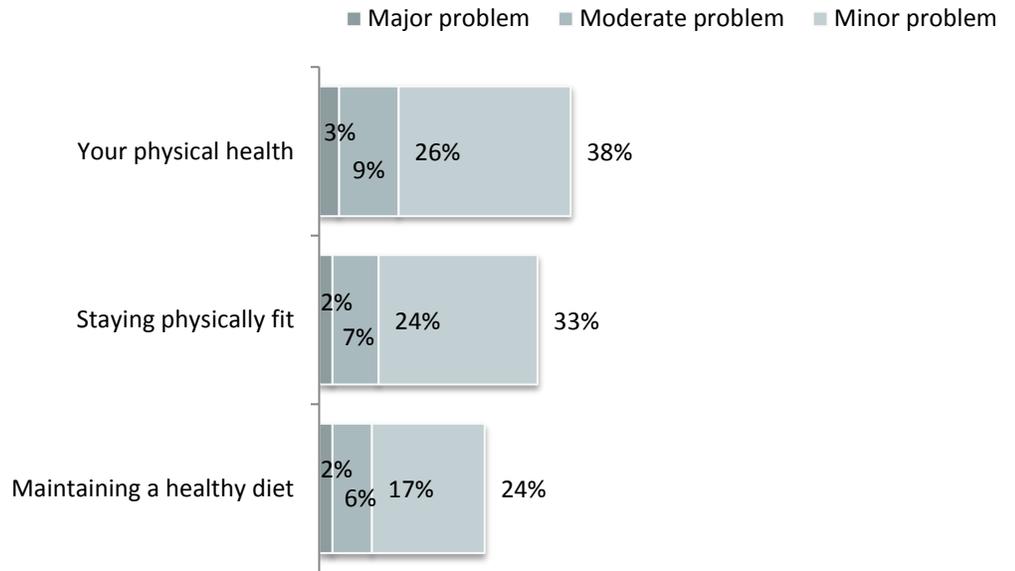
Figure 30: Overall Physical Health of Older Residents in Sanibel and Captiva

How would you rate your overall physical health?



Respondents reported the extent to which they had experienced problems with various physical health-related issues in the 12 months prior to the survey. About 38% reported that their physical health was a problem, while one-third felt similarly about staying physically fit. About one-quarter of older adults reported at least a minor problem with maintaining a healthy diet. The proportions of older residents reporting problems with these potential issues were lower in Sanibel and Captiva than elsewhere. Additional comparisons are available in *Appendix C: Benchmark Comparisons*.

Figure 31: Physical Health Problems of Older Residents in Sanibel and Captiva

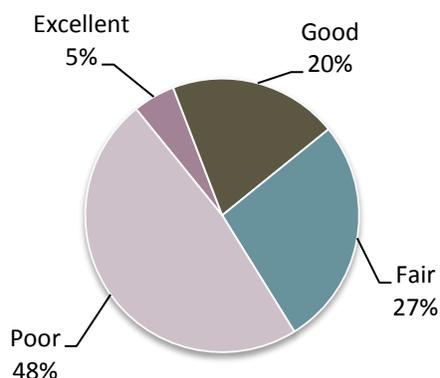


Mental Health

In addition to rating aspects of physical health, older residents provided insight into aspects of their mental health. About one-quarter of older resident felt there was excellent or good availability of affordable quality mental health care in Sanibel and Captiva, while 95% rated their overall mental health/emotional wellbeing positively. Mental health ratings in Sanibel and Captiva tended to be higher than other communities across the nation, while ratings for the availability of affordable quality mental health care were lower than average (see *Appendix C: Benchmark Comparisons* for details).

Figure 32: Availability of Mental Health Care in Sanibel and Captiva

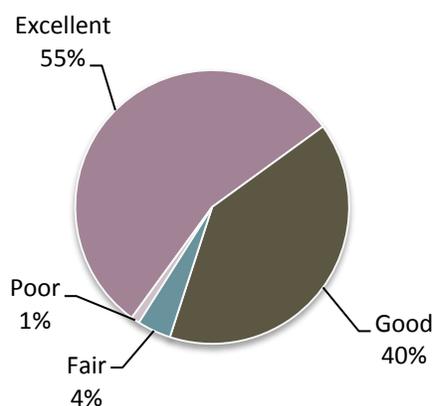
Please rate the availability of affordable quality mental health care it relates to Sanibel and Captiva adults aged 55 or older



Note: About 58% of respondents answered "don't know" when asked to rate the availability of affordable quality mental health care.

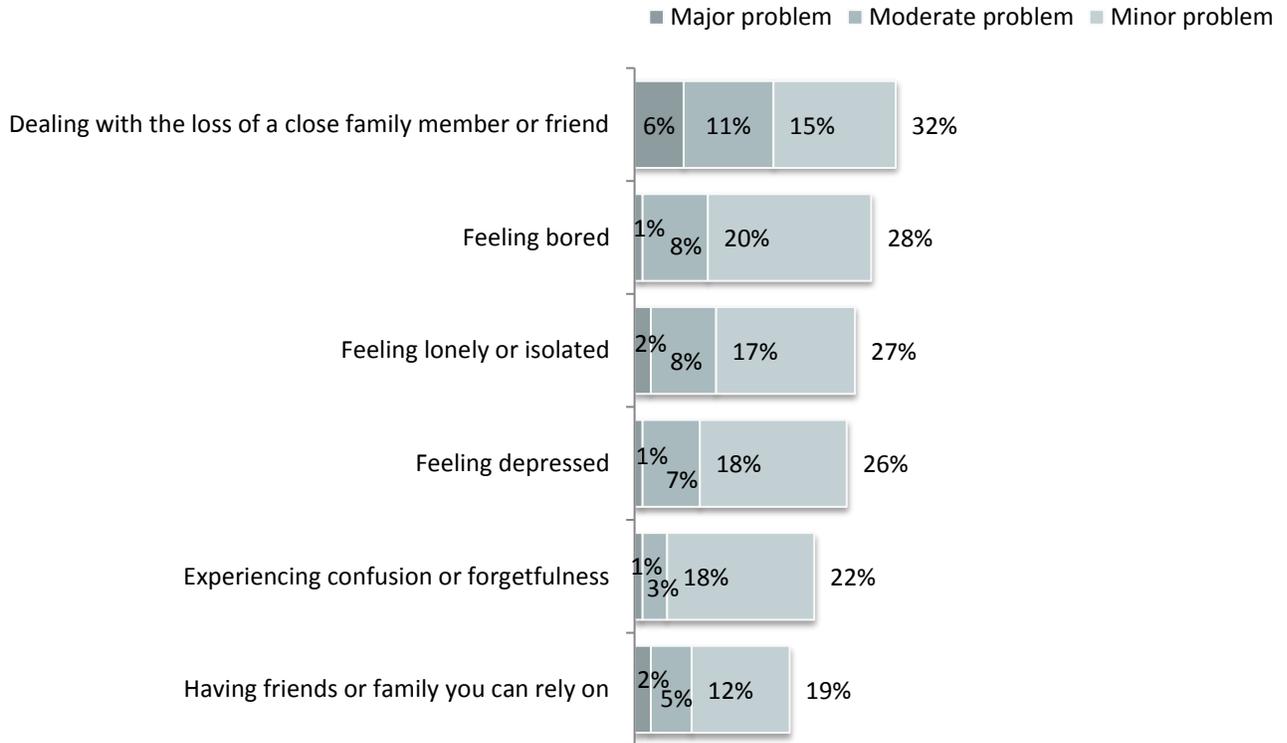
Figure 33: Emotional Wellbeing of Older Residents in Sanibel and Captiva

How do you rate your overall mental health/emotional wellbeing?



While few older adults in Sanibel and Captiva reported poor emotional wellbeing, they still reported at least “minor” problems with some aspects of their mental health. About 3 in 10 older adults cited issues with dealing with the loss of a close family member or friend and feeling bored, while one-quarter had problems with feeling lonely or isolated and feeling depressed. About 2 in 10 older residents faced issues experiencing confusion or forgetfulness and having friends or family they could rely on. The mental health problems experienced by Sanibel and Captiva older adults tended to be less common than the problems experienced by older adults in other communities (see *Appendix C: Benchmark Comparisons* for details).

Figure 34: Mental Health Problems of Older Residents in Sanibel and Captiva

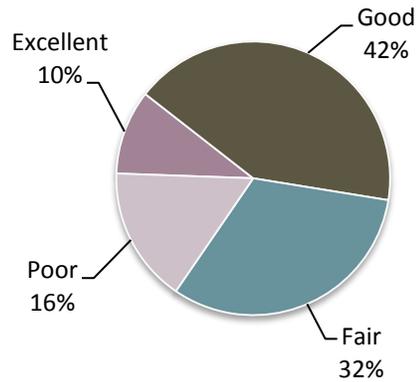


Health Care

About half of Sanibel and Captiva's older residents rated the availability of preventive health services as excellent or good. Compared to other communities across the nation, Sanibel and Captiva's preventative health services were rated lower than the services provided by its peers (see *Appendix C: Benchmark Comparisons* for details).

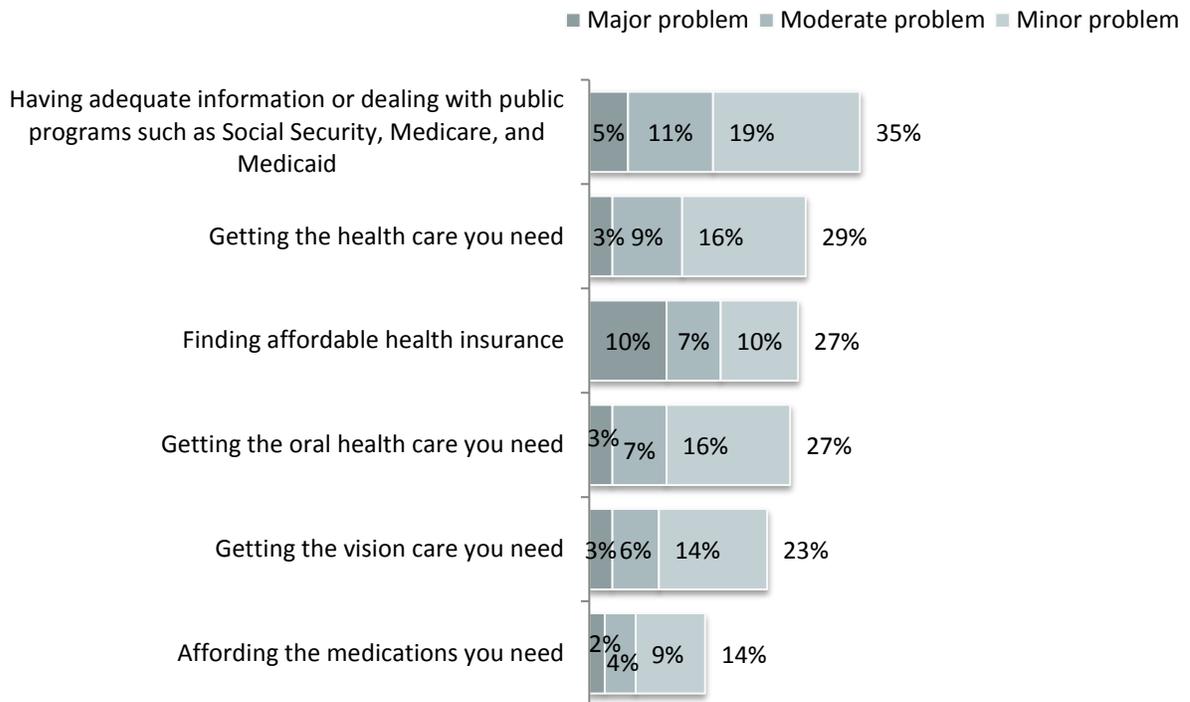
Figure 35: Availability of Preventative Health Care in Sanibel and Captiva

Please rate the availability of preventive health services (e.g., health screenings, flu shots, educational workshops).



Older residents reported some problems with aspects of health care in Sanibel and Captiva. The most commonly cited health care issues included having adequate information or dealing with public programs, getting the health care and oral care they need, and finding affordable health insurance, while the least cited issues included getting the vision care they need and affording the medications they need. Sanibel and Captiva’s older residents were less likely to have problems finding affordable health insurance, affording the medications they need, and having adequate information or dealing with public programs than the older residents of other communities across the U.S. (see *Appendix C: Benchmark Comparisons* for details).

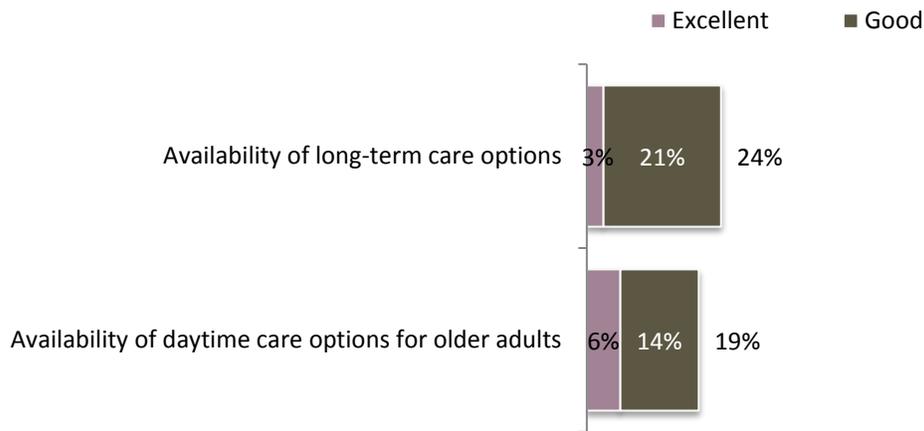
Figure 36: Health Care Problems of Older Residents in Sanibel and Captiva



Independent Living

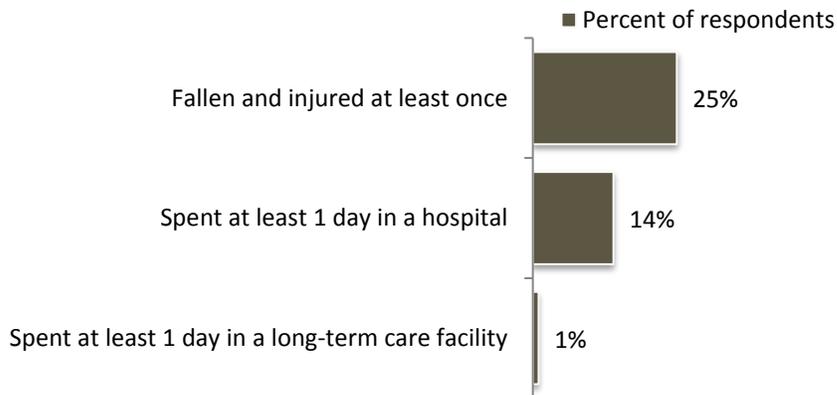
For those unable to live independently (either temporarily or permanently), having care options available could mean the difference between remaining in or leaving the community. One-quarter of Sanibel and Captiva’s older residents positively rated the availability of long-term care options, while the availability of daytime care options for older adults was rated favorably by 19%. Care options in Sanibel and Captiva were lower than the services provided by other communities in the U.S. (see *Appendix C: Benchmark Comparisons* for details). Additionally, one-quarter respondents reported they had fallen and injured themselves as least one in the 12 months prior to the survey, which was lower than the national average. About 14% had spent at least one day in a hospital and only 1% had spent at least one day in a long-term care facility (lower than the national benchmark).

Figure 37: Care Options for Older Residents in Sanibel and Captiva



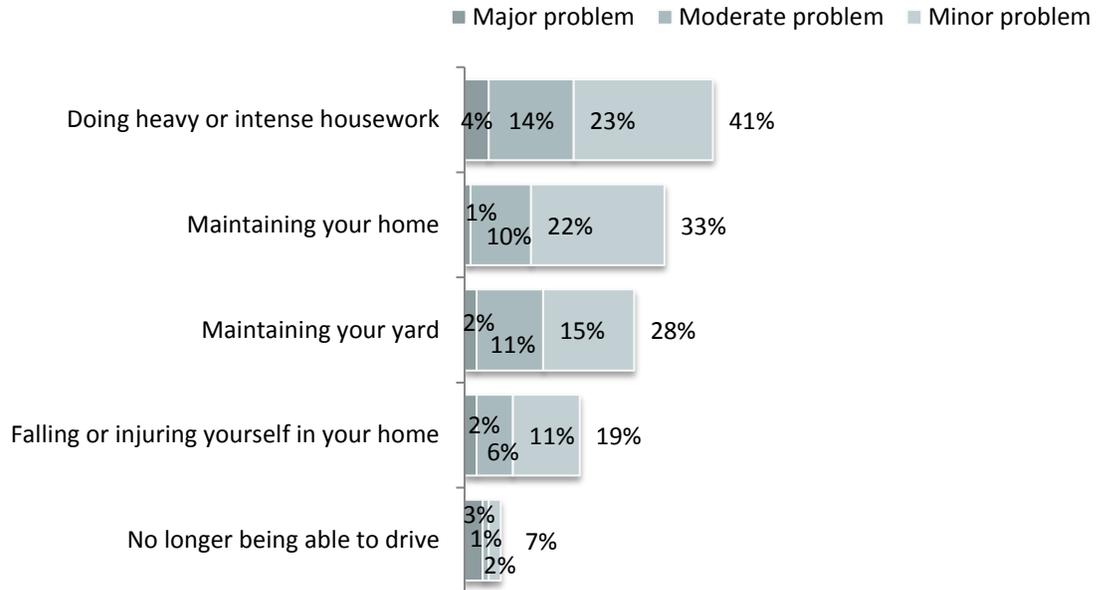
Note: About 37% of respondents answered “don’t know” when asked to rate the availability of long-term care options, while 54% answered “don’t know” when asked to rate the availability of daytime care options for older adults.

Figure 38: Falls, Hospitalizations and Institutionalizations of Older Residents in Sanibel and Captiva in Prior 12 Months



Activities of daily living (ADL) usually include bathing, dressing and moving from bed to chair. Other activities of daily living, usually referred to as instrumental activities of daily living (IADL), include doing laundry, preparing meals, managing the household and so on. Inability to do one or more ADL or IADL means less independence. Most notably, 41% reported having problems with doing heavy or intense housework, followed by 3 in 10 having issues with maintaining their home and yard. About 2 in 10 had problems with falling or injuring themselves in their homes and 7% with no longer being able to drive. Independent living problems tended to be less common in Sanibel and Captiva than in peer communities (see *Appendix C: Benchmark Comparisons* for details).

Figure 39: Independent Living Problems Faced by Older Residents in Sanibel and Captiva

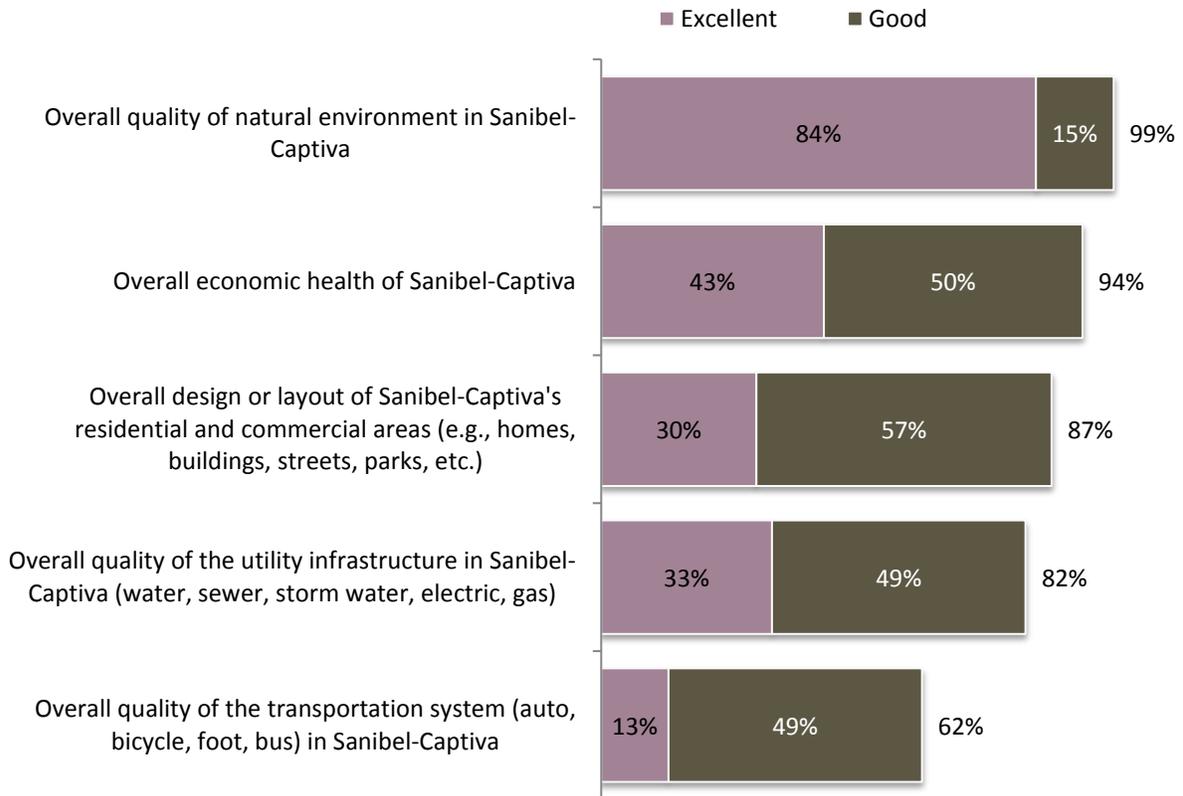


Community Design and Land Use

The movement in America towards designing more “livable” communities – those with mixed-use neighborhoods, higher-density development, increased connections, shared community spaces and more human-scale design – will become a necessity for communities to age successfully. “Smart growth” is not only beneficial for the environment, but holds great promise for the mobility, independence and civic life of its older residents. Generally, communities that have planned for older adults tend to emphasize access – a community design that facilitates movement and participation.

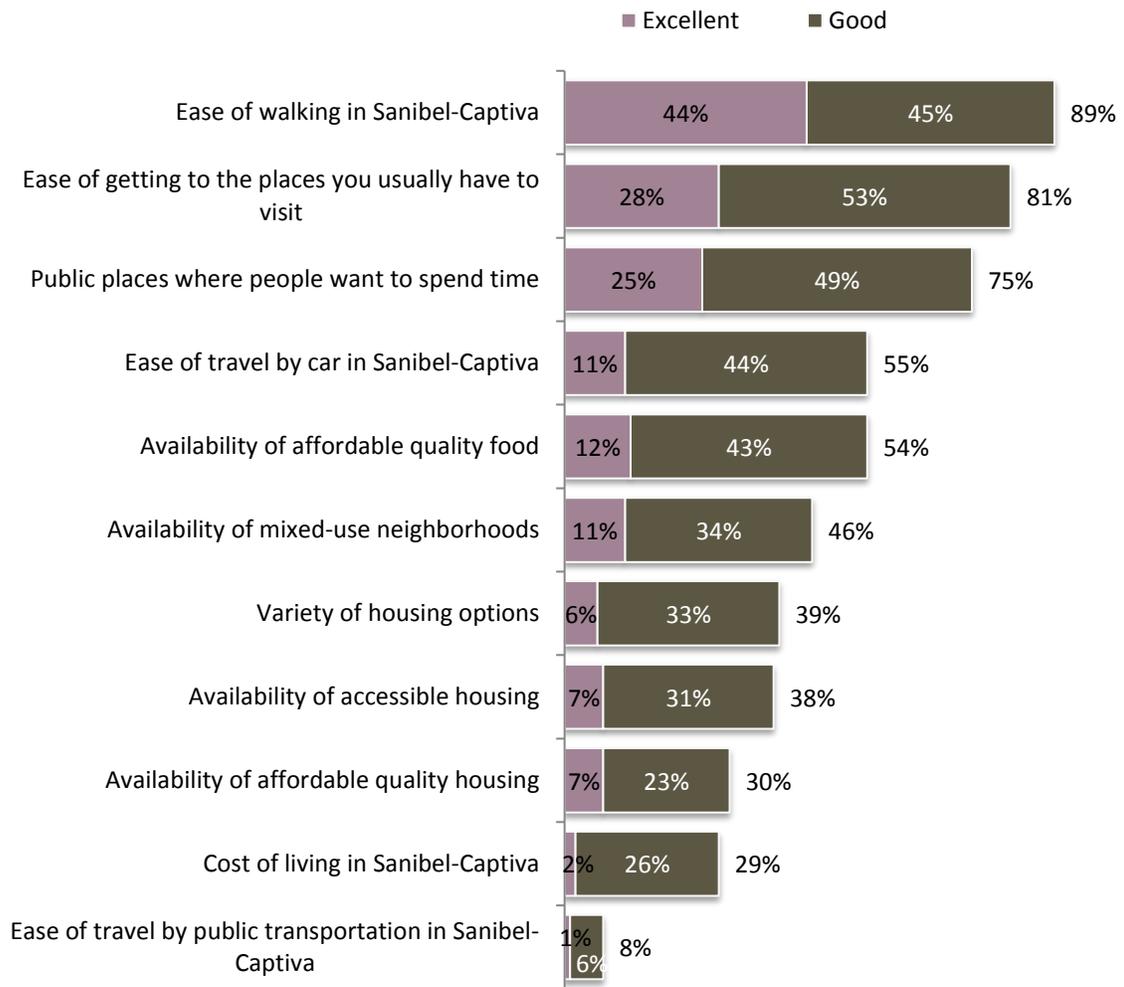
When reviewing overall characteristics related to community design and land use, the overall quality of the natural environment (99% excellent or good) and the overall economic health of Sanibel and Captiva (94%) topped the list. Roughly 8 in 10 favorably assessed the overall design or layout of Sanibel and Captiva’s residential and commercial areas and the overall quality of the utility infrastructure, while 6 in 10 gave high marks to the overall quality of the transportation system.

Figure 40: Overall Community Design and Mobility in Sanibel and Captiva



Sanibel and Captiva’s older adults evaluated a number of aspects of design and land use in the community. Respondents rated ease of walking and ease of getting to the places you usually have to visit most positively with at least 8 in 10 saying they were excellent or good. Three-quarters gave high marks to public places where people want to spend time and about half favorably reviewed ease of travel by car and the availability of affordable quality food. However, fewer than half gave positive reviews to the other items, with the availability of affordable quality housing, cost of living, and ease of travel by public transportation receiving the lowest marks. Assessments of ease of travel by public transportation and by car, cost of living, variety of housing options, and the availability of affordable quality food and housing were lower than the national benchmarks, while ratings of ease of walking in Sanibel and Captiva were much higher than in communities across the U.S. (see *Appendix C: Benchmark Comparisons* for details).

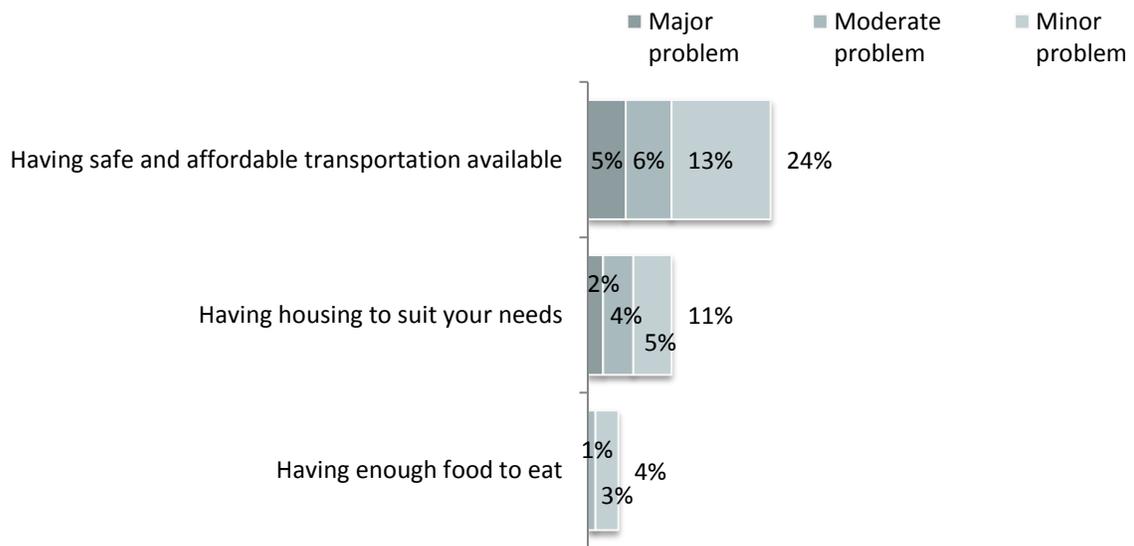
Figure 4I: Aspects of Design and Land Use in Sanibel and Captiva



Note: About 38% of respondents answered “don’t know” when asked to rate the availability of accessible housing.

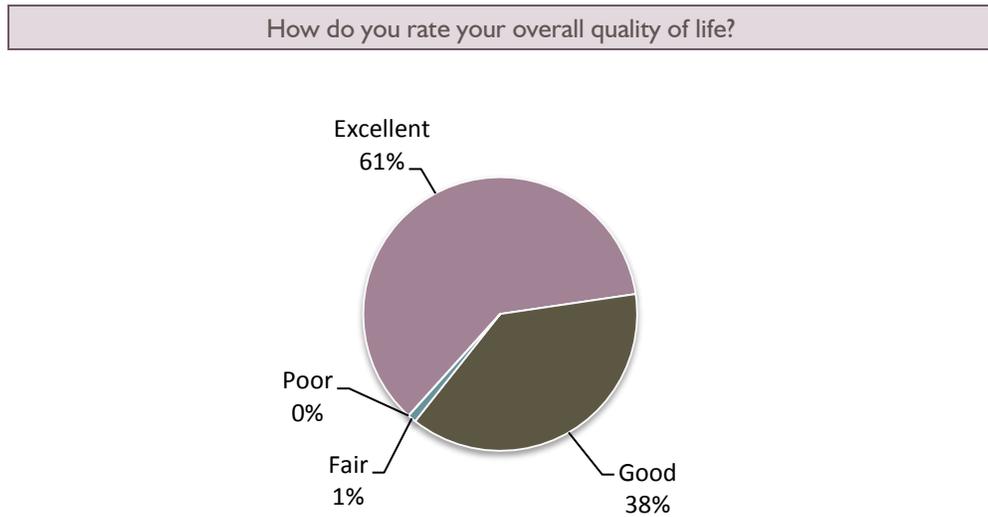
For residents to remain independent contributors to community quality, local government programs or policies can ease their participation in social and civic activities. This ease of participation comes from land use and economic planning that locates services in or close to residences, provides convenient transportation alternatives when services are too far to reach by walking, and makes walking routes attractive. One-quarter of older adults experienced problems with having safe and affordable transportation. About 1 in 10 had problems having housing to suit their needs and 4% reported issues with having enough food to eat. Older adults in Sanibel and Captiva were less likely to have problems finding housing that suits their needs or having enough food to eat when compared to other communities across the nation, while problems having safe and affordable transportation available were on par with the national average (see *Appendix C: Benchmark Comparisons* for details).

Figure 42: Basic Needs Problems of Older Residents in Sanibel and Captiva



Ultimately, communities that have planned well by promoting mobility, independence and meaningful engagement of its older residents provide a high quality of life for their residents of all ages. In Sanibel and Captiva, 99% of older residents rated their overall quality of life as excellent or good. Residents' overall quality of life was rated much higher than other communities in the U.S. (see *Appendix C: Benchmark Comparisons* for details).

Figure 43: Overall Quality of Life of Older Residents in Sanibel and Captiva



Digital Connectedness

Older adults were asked how often they engage in various online activities. Roughly 9 in 10 respondents reported they access the internet from their home or cell phone at least a few times a week, while 6 in 10 visit social media sites. Less than half reported shopping online (47%) and sharing their opinions online (25%) at least a few times a week. Additionally, 94% of older adults have a cell phone to access the internet, 87% have a laptop or desktop computer, and 69% have a tablet or iPad. About 5% said they have a different device to access the internet and 1% did not have any devices.

Figure 44: Older Adult Online Engagement

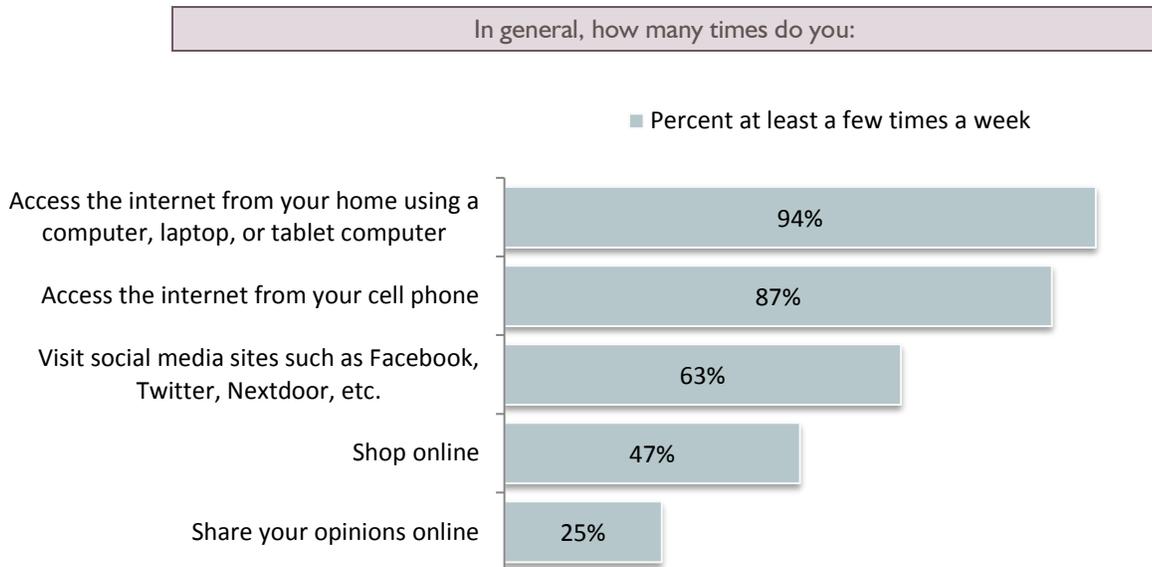
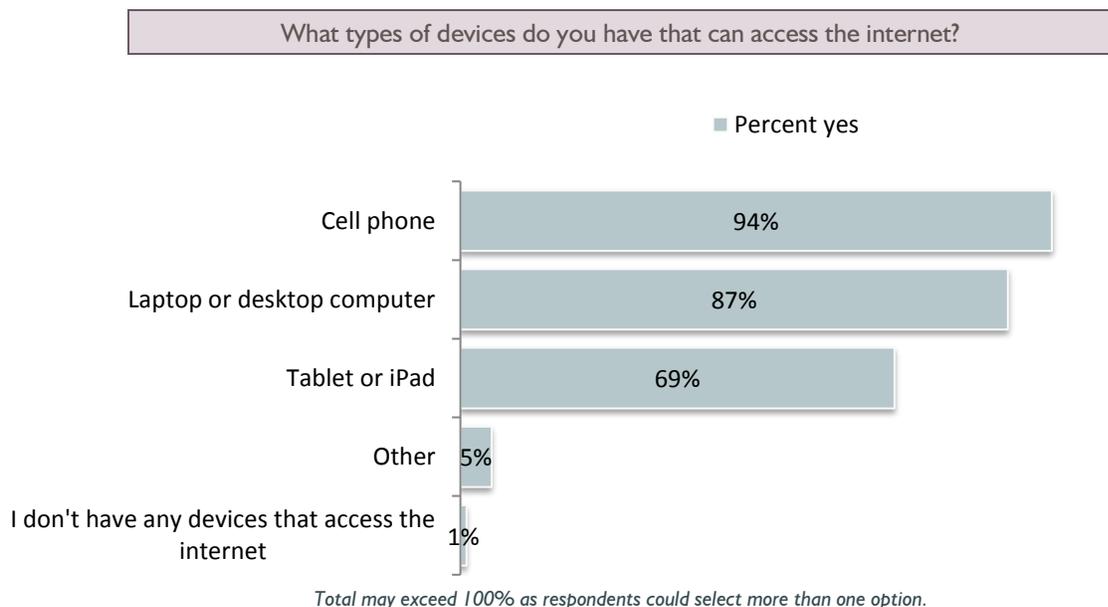


Figure 45: Devices to Access the Internet



Of those who had devices, about 9 in 10 rated the ease of using the devices they have as very or somewhat easy. The most common weekly activities that older adults used the devices for were locating resources/services (93% at least 1 hour per week), socializing (84%), entertainment (80%), and finding events/activities (78%). About 14% used their devices to look for volunteer opportunities and 6% to look for paid work. When asked how important their devices were for connecting them with people outside of their home, 9 in 10 respondents said they were essential or very important.

Figure 46: Ease of Using Devices

Please indicate how easy or difficult it is for you to use the device(s) you have.

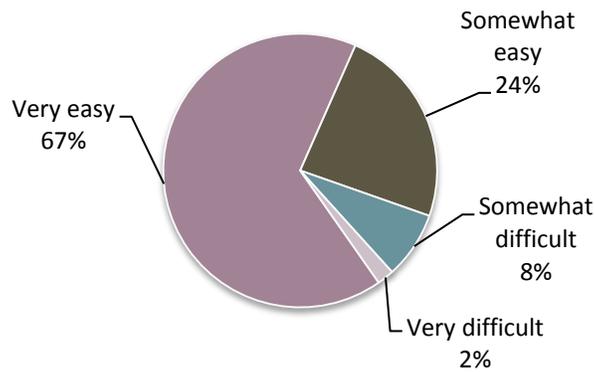


Figure 47: Time Spent Using Devices for Various Activities

During a typical week, how many hours do you spend using your device(s) for each of the following?

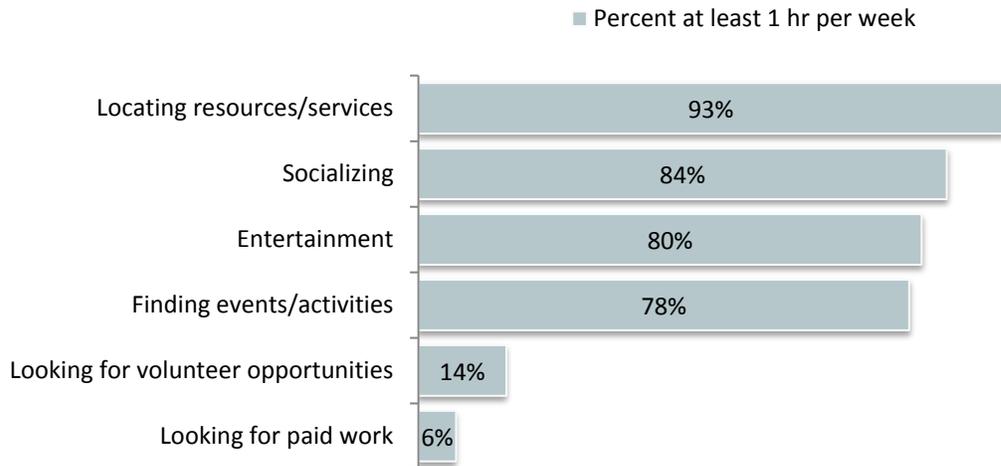
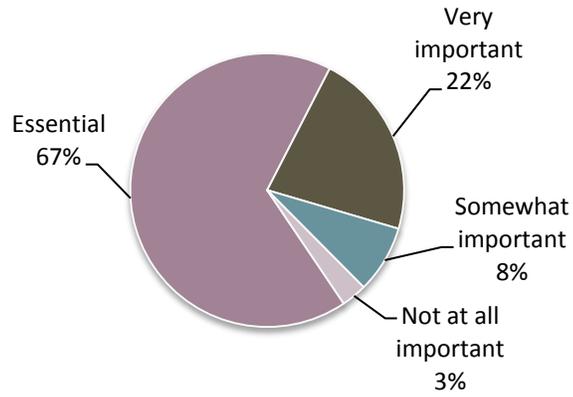


Figure 48: Importance of Devices for Connecting with Others

How important, if at all, do you think your device(s) are for connecting you with people outside of your home?



Community Readiness

Communities that assist older adults to remain or become active community participants provide the requisite opportunities for recreation, transportation, culture, education, communication, social connection, spiritual enrichment and health care. It is not a package mix, so each community must identify what its older adults seek and what the community provides. The judgments of the residents for whom community planning takes place provide the elements of an equation that describes overall community quality in Sanibel and Captiva (Figure 49).

The following section of this report summarizes how older residents view Sanibel and Captiva as a community that creates a thriving environment for its older adults within the six community dimensions of Overall Community Quality, Community and Belonging, Community Information, Productive Activities, Health and Wellness, and Community Design and Land Use.

Further, older adults, more than others, face difficulties with aspects of everyday life. For many older adults these difficulties vastly exceed the minor physical pains or small losses of function that characterize almost everyone's circumstances after a certain age. When individual problems are added together, a group picture emerges that provides a useful description of the entire community of Sanibel and Captiva. Nationally, areas where older adults face the largest share of life's challenges include caregiving, health and mental health, in-home support, nutrition and food security and transportation. This study also explored specific problems or stressors encountered by older adults in Sanibel and Captiva, such as physical and emotional difficulties and injuries that have compromised their independence. Within the five community dimensions of Community and Belonging, Community Information, Productive Activities, Health and Wellness, and Community Design and Land Use, the magnitude of these individual-level needs is presented (Figure 50), culminating in an exploration of high-risk populations (Figure 52).

Sanibel and Captiva Opportunities and Challenges

Survey respondents were asked to rate several aspects of the community which were converted to an average scale of 0 (the lowest rating, e.g., “poor”) to 100 (the highest rating, e.g., “excellent”) and then combined to provide one overall rating (index¹) for each of the six dimensions of Community Readiness. (For more information on how the summary scores were calculated see *Appendix B: Survey Methodology*.)

Summary scores provide a broad picture of how older adult residents perceived the Sanibel and Captiva community:

- Older residents gave the areas of Overall Community Quality and Community and Belonging the highest scores.
- The areas of Community Information and Productive Activities received slightly lower, but good average ratings.
- Health and Wellness and Community Design and Land Use were rated less favorably and received the lowest average ratings.

Figure 49: Sanibel and Captiva Community Readiness Chart



Scale: 0=Lowest/most negative, 100=Highest/most positive

¹ These ratings are not to be understood like ratings from school tests. Because they are summaries of several questions that range from 0 as “poor,” 33 as “fair,” 66 as “good” and 100 as “excellent”, a score of 58, as one example, should be interpreted as closer to “good” than “fair” (with the midpoint of the scale, 50, representing equidistance between “good” and “fair”).

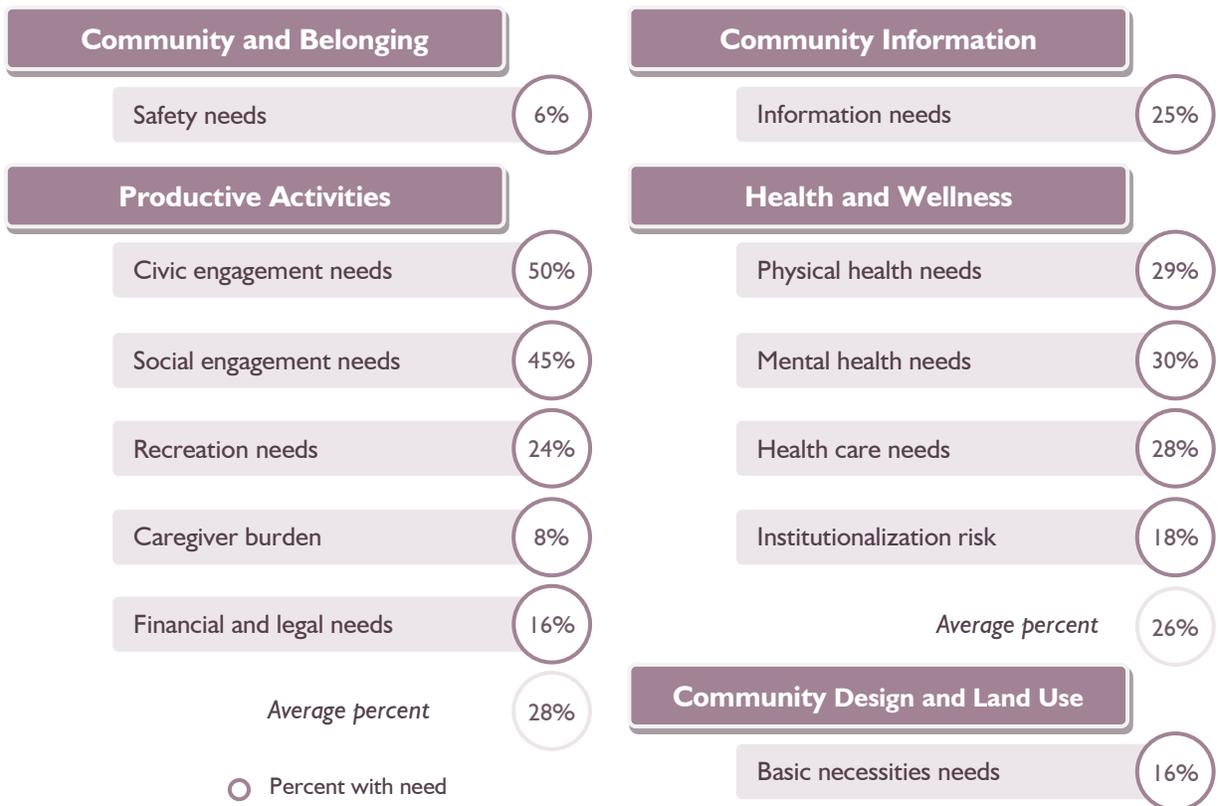
Older Resident Needs in Sanibel and Captiva

Over 40 individual survey questions about specific problems faced by older community members, as well as participation levels and community engagement were summarized into 12 larger areas to provide a broad picture of older resident needs in Sanibel and Captiva. Summary scores are based on the average percent of respondents who experienced problems or had low levels of participation and engagement. *Appendix B: Survey Methodology* provides detailed information on the criteria used to identify respondents as having a need in a specific area. These 12 areas have been organized into the five community dimensions of Community and Belonging, Community Information, Productive Activities, Health and Wellness, and Community Design and Land Use (no needs areas have been defined for the community dimension of Overall Community Quality).

Typically, it is understood that the self-reported needs of older adults represent a minimum level, a conservative estimate attenuated by respondents’ strong desire to feel and appear self-reliant and further reduced by the silent voice of some older adults who, no matter how sensitive the attempt, are too frail to participate in any survey enterprise. Nonetheless, clear patterns of needs and strengths emerged from this assessment:

- Older residents had the largest needs in the areas of civic engagement and social engagement.
- A significant portion had needs in the areas of mental health needs and physical health needs.
- Few reported needs in the areas of safety and caregiver burden.

Figure 50: Older Adult Needs in Sanibel and Captiva by Community Dimension



While older residents reported the lowest prevalence of need in the areas of safety and caregiver burden, needs can be quite serious for those affected. It should be understood that the percent of the population that experiences a problem is not a measure of how difficult a problem is to endure for the people who share it. Some needs or opportunities, though rare as a percent of residents, have a particularly devastating impact on residents' quality of life – for example, needing help transferring from bed to wheelchair or having a problem with safety, so it is important to consider both the prevalence of the need or opportunity and its centrality to residents' sustained independence.

Figure 5 I: Older Resident Needs in Sanibel and Captiva

| Area of need | Percent with need | Number affected in 2021 (N=5,479) |
|---------------------------|-------------------|-----------------------------------|
| Safety | 6% | 326 |
| Civic engagement | 50% | 2,729 |
| Social engagement | 45% | 2,465 |
| Recreation | 24% | 1,300 |
| Financial and legal | 16% | 878 |
| Information | 25% | 1,397 |
| Caregiver burden | 8% | 443 |
| Physical health | 29% | 1,567 |
| Mental health | 30% | 1,669 |
| Health care | 28% | 1,526 |
| Institutionalization risk | 18% | 980 |
| Basic necessities | 16% | 863 |

Populations at High Risk

As people age, many learn to take better care of themselves, to plan for retirement and, generally, to move more deliberately. Aging builds wisdom but can sap resources — physical, emotional and financial. Even those blessed by good luck or those prescient enough to plan comprehensively for the best future may find themselves with unanticipated needs or with physical, emotional or financial strengths that could endure only with help. Some people age better than others and aging well requires certain strengths that are inherent and others that can be supported by assistance from the private sector and government. For Sanibel and Captiva’s older adults, although needs were spread across the board, residents reporting the largest percent of unresolved needs in Sanibel and Captiva were more likely to be female, aged 60 to 74, not white, Hispanic, report a lower income, rent their homes, and live alone.

Figure 52: Needs of Older Population by Sociodemographic Characteristics, Percent and Number Affected in 2021 (N=5,479)

| | Community and Belonging | | Community Information | | Health and Wellness | | Productive Activities | | Community Design and Land Use | |
|----------------------|-------------------------|--------|-----------------------|--------|---------------------|--------|-----------------------|--------|-------------------------------|--------|
| | Percent | Number | Percent | Number | Percent | Number | Percent | Number | Percent | Number |
| Female | 5% | 140 | 29% | 830 | 28% | 826 | 29% | 833 | 20% | 580 |
| Male | 7% | 173 | 22% | 547 | 24% | 608 | 28% | 711 | 12% | 296 |
| 55 to 59 years | 5% | 257 | 14% | 743 | 22% | 1,183 | 31% | 1,689 | 27% | 1,461 |
| 60 to 74 years | 11% | 628 | 34% | 1,858 | 30% | 1,667 | 35% | 1,909 | 8% | 441 |
| 75 to 84 years | 5% | 262 | 28% | 1,536 | 25% | 1,381 | 26% | 1,408 | 13% | 719 |
| 85 or over | 4% | 206 | 20% | 1,116 | 26% | 1,420 | 26% | 1,422 | 21% | 1,132 |
| White | 5% | 274 | 25% | 1,377 | 26% | 1,416 | 28% | 1,517 | 16% | 874 |
| Not white | 46% | 2,500 | 58% | 3,200 | 41% | 2,242 | 48% | 2,604 | 19% | 1,049 |
| Hispanic | 6% | 327 | 25% | 1,383 | 26% | 1,443 | 28% | 1,538 | 16% | 876 |
| Not Hispanic | 0% | 0 | 29% | 1,565 | 5% | 291 | 28% | 1,549 | 0% | 0 |
| Less than \$25,000 | 15% | 829 | 32% | 1,779 | 53% | 2,889 | 44% | 2,390 | 29% | 1,576 |
| \$25,000 to \$74,999 | 10% | 562 | 48% | 2,631 | 39% | 2,150 | 37% | 2,039 | 23% | 1,251 |
| \$75,000 or more | 3% | 187 | 20% | 1,107 | 20% | 1,099 | 24% | 1,340 | 14% | 767 |
| Rent | 8% | 464 | 44% | 2,410 | 41% | 2,220 | 36% | 1,966 | 23% | 1,267 |
| Own | 5% | 276 | 20% | 1,116 | 22% | 1,212 | 26% | 1,434 | 14% | 766 |
| Lives alone | 5% | 300 | 34% | 1,864 | 35% | 1,914 | 30% | 1,647 | 16% | 856 |
| Lives with others | 6% | 312 | 23% | 1,246 | 23% | 1,251 | 28% | 1,508 | 16% | 868 |
| Overall | 6% | 326 | 25% | 1,397 | 26% | 1,427 | 28% | 1,544 | 16% | 863 |

Appendix A: Complete Set of Survey Responses

The following pages contain a complete set of responses to each question on the survey. For questions that included a “don’t know” response option, two tables for that question are provided: the first includes the “don’t know” responses and the second excludes the “don’t know” responses.

Table 1: Question 1 - Including Don't Know Responses

| Please rate each of the following aspects of quality of life in Sanibel-Captiva. | Excellent | | Good | | Fair | | Poor | | Don't know | | Total | |
|--|-----------|-------|------|-------|------|------|------|------|------------|------|-------|-------|
| | % | N | % | N | % | N | % | N | % | N | % | N |
| Sanibel-Captiva as a place to live | 79% | N=367 | 18% | N=84 | 2% | N=10 | 0% | N=1 | 0% | N=0 | 100% | N=463 |
| Your neighborhood as a place to live | 77% | N=354 | 20% | N=92 | 3% | N=13 | 0% | N=0 | 0% | N=0 | 100% | N=459 |
| Sanibel-Captiva as a place to retire | 72% | N=325 | 21% | N=94 | 5% | N=22 | 1% | N=5 | 1% | N=6 | 100% | N=452 |
| Sense of community | 60% | N=275 | 26% | N=118 | 9% | N=42 | 3% | N=12 | 3% | N=12 | 100% | N=458 |
| The overall quality of life in Sanibel-Captiva | 73% | N=336 | 24% | N=112 | 2% | N=8 | 0% | N=1 | 0% | N=1 | 100% | N=459 |

Table 2: Question 1 - Excluding Don't Know Responses

| Please rate each of the following aspects of quality of life in Sanibel-Captiva. | Excellent | | Good | | Fair | | Poor | | Total | |
|--|-----------|-------|------|-------|------|------|------|------|-------|-------|
| | % | N | % | N | % | N | % | N | % | N |
| Sanibel-Captiva as a place to live | 79% | N=367 | 18% | N=84 | 2% | N=10 | 0% | N=1 | 100% | N=463 |
| Your neighborhood as a place to live | 77% | N=354 | 20% | N=92 | 3% | N=13 | 0% | N=0 | 100% | N=459 |
| Sanibel-Captiva as a place to retire | 73% | N=325 | 21% | N=94 | 5% | N=22 | 1% | N=5 | 100% | N=446 |
| Sense of community | 62% | N=275 | 26% | N=118 | 9% | N=42 | 3% | N=12 | 100% | N=446 |
| The overall quality of life in Sanibel-Captiva | 73% | N=336 | 24% | N=112 | 2% | N=8 | 0% | N=1 | 100% | N=458 |

Table 3: Question 2 - Including Don't Know Responses

| Please rate each of the following characteristics as they relate to Sanibel-Captiva as a whole. | Excellent | | Good | | Fair | | Poor | | Don't know | | Total | |
|---|-----------|-------|------|-------|------|-------|------|------|------------|------|-------|-------|
| | % | N | % | N | % | N | % | N | % | N | % | N |
| Overall economic health of Sanibel-Captiva | 39% | N=182 | 46% | N=211 | 5% | N=25 | 0% | N=1 | 9% | N=42 | 100% | N=462 |
| Overall quality of the transportation system (auto, bicycle, foot, bus) in Sanibel-Captiva | 13% | N=59 | 48% | N=221 | 30% | N=136 | 8% | N=36 | 1% | N=5 | 100% | N=457 |
| Overall design or layout of Sanibel-Captiva's residential and commercial areas (e.g., homes, buildings, streets, parks, etc.) | 30% | N=139 | 57% | N=263 | 11% | N=49 | 2% | N=9 | 1% | N=5 | 100% | N=465 |
| Overall quality of the utility infrastructure in Sanibel-Captiva (water, sewer, storm water, electric, gas) | 32% | N=147 | 48% | N=220 | 15% | N=68 | 2% | N=11 | 2% | N=11 | 100% | N=457 |

| Please rate each of the following characteristics as they relate to Sanibel-Captiva as a whole. | Excellent | | Good | | Fair | | Poor | | Don't know | | Total | |
|---|-----------|-------|------|-------|------|------|------|------|------------|------|-------|-------|
| | % | N | % | N | % | N | % | N | % | N | % | N |
| Overall feeling of safety in Sanibel-Captiva | 84% | N=387 | 16% | N=74 | 0% | N=2 | 0% | N=0 | 0% | N=0 | 100% | N=463 |
| Overall quality of natural environment in Sanibel-Captiva | 84% | N=390 | 15% | N=68 | 1% | N=3 | 0% | N=2 | 0% | N=0 | 100% | N=462 |
| Overall quality of parks and recreation opportunities | 69% | N=317 | 26% | N=119 | 5% | N=23 | 1% | N=3 | 0% | N=1 | 100% | N=463 |
| Overall health and wellness opportunities in Sanibel-Captiva | 47% | N=217 | 36% | N=165 | 12% | N=54 | 2% | N=10 | 3% | N=15 | 100% | N=461 |
| Overall opportunities for education, culture, and the arts | 53% | N=243 | 38% | N=173 | 7% | N=32 | 2% | N=8 | 1% | N=6 | 100% | N=462 |
| Residents' connection and engagement with their community | 46% | N=211 | 38% | N=177 | 10% | N=46 | 1% | N=6 | 4% | N=20 | 100% | N=461 |

Table 4: Question 2 - Excluding Don't Know Responses

| Please rate each of the following characteristics as they relate to Sanibel-Captiva as a whole. | Excellent | | Good | | Fair | | Poor | | Total | |
|---|-----------|-------|------|-------|------|-------|------|------|-------|-------|
| | % | N | % | N | % | N | % | N | % | N |
| Overall economic health of Sanibel-Captiva | 43% | N=182 | 50% | N=211 | 6% | N=25 | 0% | N=1 | 100% | N=420 |
| Overall quality of the transportation system (auto, bicycle, foot, bus) in Sanibel-Captiva | 13% | N=59 | 49% | N=221 | 30% | N=136 | 8% | N=36 | 100% | N=452 |
| Overall design or layout of Sanibel-Captiva's residential and commercial areas (e.g., homes, buildings, streets, parks, etc.) | 30% | N=139 | 57% | N=263 | 11% | N=49 | 2% | N=9 | 100% | N=460 |
| Overall quality of the utility infrastructure in Sanibel-Captiva (water, sewer, storm water, electric, gas) | 33% | N=147 | 49% | N=220 | 15% | N=68 | 2% | N=11 | 100% | N=446 |
| Overall feeling of safety in Sanibel-Captiva | 84% | N=387 | 16% | N=74 | 0% | N=2 | 0% | N=0 | 100% | N=463 |
| Overall quality of natural environment in Sanibel-Captiva | 84% | N=390 | 15% | N=68 | 1% | N=3 | 0% | N=2 | 100% | N=462 |
| Overall quality of parks and recreation opportunities | 69% | N=317 | 26% | N=119 | 5% | N=23 | 1% | N=3 | 100% | N=462 |
| Overall health and wellness opportunities in Sanibel-Captiva | 49% | N=217 | 37% | N=165 | 12% | N=54 | 2% | N=10 | 100% | N=446 |
| Overall opportunities for education, culture, and the arts | 53% | N=243 | 38% | N=173 | 7% | N=32 | 2% | N=8 | 100% | N=457 |
| Residents' connection and engagement with their community | 48% | N=211 | 40% | N=177 | 10% | N=46 | 1% | N=6 | 100% | N=441 |

Table 5: Question 3 - Including Don't Know Responses

| How would you rate the overall services provided to older adults in Sanibel-Captiva? | Excellent | | Good | | Fair | | Poor | | Don't know | | Total | |
|--|-----------|-------|------|-------|------|------|------|-----|------------|------|-------|-------|
| | % | N | % | N | % | N | % | N | % | N | % | N |
| How would you rate the overall services provided to older adults in Sanibel-Captiva? | 34% | N=159 | 36% | N=165 | 8% | N=36 | 1% | N=4 | 21% | N=97 | 100% | N=461 |

Table 6: Question 3 - Excluding Don't Know Responses

| How would you rate the overall services provided to older adults in Sanibel-Captiva? | Excellent | | Good | | Fair | | Poor | | Total | |
|--|-----------|-------|------|-------|------|------|------|-----|-------|-------|
| | % | N | % | N | % | N | % | N | % | N |
| How would you rate the overall services provided to older adults in Sanibel-Captiva? | 44% | N=159 | 45% | N=165 | 10% | N=36 | 1% | N=4 | 100% | N=364 |

Table 7: Question 4 - Including Don't Know Responses

| Please indicate how likely or unlikely you are to do each of the following. | Very likely | | Somewhat likely | | Somewhat unlikely | | Very unlikely | | Don't know | | Total | |
|---|-------------|-------|-----------------|-------|-------------------|------|---------------|------|------------|------|-------|-------|
| | % | N | % | N | % | N | % | N | % | N | % | N |
| Recommend living in Sanibel-Captiva to older adults | 69% | N=319 | 25% | N=116 | 3% | N=13 | 2% | N=11 | 1% | N=5 | 100% | N=463 |
| Remain in Sanibel-Captiva throughout your retirement | 69% | N=315 | 17% | N=77 | 6% | N=29 | 4% | N=18 | 3% | N=15 | 100% | N=455 |

Table 8: Question 4 - Excluding Don't Know Responses

| Please indicate how likely or unlikely you are to do each of the following. | Very likely | | Somewhat likely | | Somewhat unlikely | | Very unlikely | | Total | |
|---|-------------|-------|-----------------|-------|-------------------|------|---------------|------|-------|-------|
| | % | N | % | N | % | N | % | N | % | N |
| Recommend living in Sanibel-Captiva to older adults | 70% | N=319 | 25% | N=116 | 3% | N=13 | 2% | N=11 | 100% | N=459 |
| Remain in Sanibel-Captiva throughout your retirement | 72% | N=315 | 18% | N=77 | 7% | N=29 | 4% | N=18 | 100% | N=440 |

Table 9: Question 5

| In general, how informed or uninformed do you feel about services and activities available to older adults in Sanibel-Captiva? | Very informed | | Somewhat informed | | Somewhat uninformed | | Very uninformed | | Total | |
|--|---------------|-------|-------------------|-------|---------------------|------|-----------------|------|-------|-------|
| | % | N | % | N | % | N | % | N | % | N |
| | 31% | N=142 | 54% | N=251 | 9% | N=43 | 6% | N=28 | 100% | N=464 |

Table 10: Question 6 - Including Don't Know Responses

| Please rate the quality of each of the following. | Excellent | | Good | | Fair | | Poor | | Don't know | | Total | |
|---|-----------|-------|------|-------|------|------|------|------|------------|-----|-------|-------|
| | % | N | % | N | % | N | % | N | % | N | % | N |
| Your overall physical health | 44% | N=205 | 48% | N=223 | 5% | N=25 | 2% | N=11 | 0% | N=0 | 100% | N=464 |
| Your overall mental health/emotional wellbeing | 55% | N=257 | 40% | N=183 | 4% | N=18 | 1% | N=5 | 0% | N=0 | 100% | N=464 |
| Your overall quality of life | 61% | N=280 | 38% | N=176 | 1% | N=5 | 0% | N=0 | 0% | N=0 | 100% | N=462 |

Table 11: Question 6 - Excluding Don't Know Responses

| Please rate the quality of each of the following. | Excellent | | Good | | Fair | | Poor | | Total | |
|---|-----------|-------|------|-------|------|------|------|------|-------|-------|
| | % | N | % | N | % | N | % | N | % | N |
| Your overall physical health | 44% | N=205 | 48% | N=223 | 5% | N=25 | 2% | N=11 | 100% | N=464 |
| Your overall mental health/emotional wellbeing | 55% | N=257 | 40% | N=183 | 4% | N=18 | 1% | N=5 | 100% | N=464 |
| Your overall quality of life | 61% | N=280 | 38% | N=176 | 1% | N=5 | 0% | N=0 | 100% | N=462 |

Table 12: Question 7

| What impact, if any, do you think the economy will have on your family income in the next 6 months? Do you think the impact will be: | Very positive | | Somewhat positive | | Neutral | | Somewhat negative | | Very negative | | Total | |
|--|---------------|------|-------------------|-------|---------|-------|-------------------|------|---------------|-----|-------|-------|
| | % | N | % | N | % | N | % | N | % | N | % | N |
| | 12% | N=55 | 31% | N=145 | 47% | N=219 | 8% | N=38 | 2% | N=7 | 100% | N=463 |

Table 13: Question 8 - Including Don't Know Responses

| Please rate each of the following characteristics as they relate to older adults in Sanibel-Captiva | Excellent | | Good | | Fair | | Poor | | Don't know | | Total | |
|--|-----------|-------|------|-------|------|-------|------|-------|------------|-------|-------|-------|
| | % | N | % | N | % | N | % | N | % | N | % | N |
| Ease of travel by public transportation in Sanibel-Captiva | 1% | N=5 | 5% | N=23 | 18% | N=81 | 55% | N=256 | 21% | N=96 | 100% | N=461 |
| Ease of travel by car in Sanibel-Captiva | 10% | N=47 | 44% | N=199 | 33% | N=148 | 12% | N=56 | 1% | N=5 | 100% | N=456 |
| Ease of walking in Sanibel-Captiva | 44% | N=203 | 45% | N=207 | 9% | N=44 | 1% | N=7 | 0% | N=2 | 100% | N=463 |
| Ease of getting to the places you usually have to visit | 28% | N=129 | 53% | N=244 | 15% | N=70 | 3% | N=16 | 0% | N=1 | 100% | N=460 |
| Opportunities to build work skills | 4% | N=17 | 11% | N=50 | 19% | N=86 | 12% | N=53 | 55% | N=253 | 100% | N=458 |
| Quality of employment opportunities for older adults | 2% | N=11 | 11% | N=52 | 17% | N=80 | 11% | N=50 | 58% | N=266 | 100% | N=460 |
| Variety of employment opportunities for older adults | 2% | N=9 | 12% | N=56 | 15% | N=68 | 14% | N=62 | 58% | N=264 | 100% | N=459 |
| Cost of living in Sanibel-Captiva | 2% | N=10 | 26% | N=118 | 48% | N=218 | 22% | N=100 | 2% | N=7 | 100% | N=453 |
| Availability of affordable quality food | 12% | N=54 | 42% | N=195 | 35% | N=164 | 10% | N=46 | 1% | N=4 | 100% | N=463 |
| Availability of affordable quality housing | 6% | N=28 | 20% | N=91 | 32% | N=147 | 28% | N=130 | 14% | N=65 | 100% | N=462 |
| Variety of housing options | 6% | N=25 | 28% | N=130 | 34% | N=156 | 19% | N=86 | 14% | N=65 | 100% | N=462 |
| Availability of accessible housing (e.g., homes with a no step entry, single-floor living, wide hallways, and doorways) | 4% | N=20 | 19% | N=88 | 23% | N=104 | 16% | N=72 | 38% | N=175 | 100% | N=460 |
| Availability of mixed-use neighborhoods where people live close to places where they can eat, shop, work, and receive services | 10% | N=44 | 29% | N=135 | 24% | N=111 | 22% | N=103 | 15% | N=71 | 100% | N=464 |
| Public places where people want to spend time | 24% | N=110 | 47% | N=215 | 20% | N=90 | 5% | N=21 | 5% | N=25 | 100% | N=461 |
| Availability of information about resources for older adults | 16% | N=74 | 38% | N=174 | 23% | N=105 | 6% | N=28 | 18% | N=83 | 100% | N=464 |
| Availability of financial or legal planning services | 12% | N=57 | 29% | N=133 | 20% | N=91 | 7% | N=32 | 32% | N=147 | 100% | N=461 |
| Availability of long-term care options | 2% | N=8 | 13% | N=59 | 13% | N=61 | 34% | N=157 | 37% | N=171 | 100% | N=456 |
| Availability of daytime care options for older adults | 3% | N=12 | 6% | N=29 | 12% | N=54 | 25% | N=116 | 54% | N=246 | 100% | N=457 |
| Availability of affordable quality physical health care | 6% | N=27 | 29% | N=136 | 27% | N=126 | 15% | N=71 | 22% | N=101 | 100% | N=461 |
| Availability of affordable quality mental health care | 2% | N=9 | 8% | N=38 | 12% | N=53 | 21% | N=94 | 58% | N=263 | 100% | N=457 |
| Availability of preventive health services (e.g., health screenings, flu shots, educational workshops) | 8% | N=39 | 34% | N=156 | 26% | N=119 | 13% | N=59 | 19% | N=88 | 100% | N=461 |
| Recreational opportunities (including games, arts, library services, etc.) | 41% | N=189 | 46% | N=211 | 9% | N=43 | 1% | N=3 | 2% | N=11 | 100% | N=457 |
| Fitness opportunities (including exercise classes and paths or trails, etc.) | 40% | N=186 | 48% | N=222 | 8% | N=35 | 3% | N=12 | 2% | N=8 | 100% | N=463 |
| Opportunities to participate in community matters | 36% | N=167 | 43% | N=200 | 12% | N=56 | 3% | N=13 | 6% | N=26 | 100% | N=462 |
| Opportunities to volunteer | 49% | N=229 | 39% | N=181 | 6% | N=26 | 0% | N=2 | 6% | N=26 | 100% | N=464 |

| Please rate each of the following characteristics as they relate to older adults in Sanibel-Captiva | Excellent | | Good | | Fair | | Poor | | Don't know | | Total | |
|---|-----------|-------|------|-------|------|------|------|------|------------|-------|-------|-------|
| | | | | | | | | | | | | |
| Opportunities to enroll in skill-building or personal enrichment classes | 16% | N=73 | 32% | N=146 | 17% | N=80 | 5% | N=22 | 30% | N=140 | 100% | N=462 |
| Opportunities to attend in social events and activities | 31% | N=143 | 50% | N=231 | 11% | N=53 | 2% | N=9 | 6% | N=28 | 100% | N=463 |
| Opportunities to attend religious or spiritual activities | 44% | N=202 | 46% | N=211 | 4% | N=17 | 2% | N=7 | 6% | N=26 | 100% | N=463 |
| Openness and acceptance of the community towards older residents of diverse backgrounds | 26% | N=119 | 40% | N=183 | 14% | N=62 | 2% | N=11 | 18% | N=81 | 100% | N=457 |
| Making all residents feel welcome | 31% | N=141 | 48% | N=219 | 14% | N=63 | 2% | N=10 | 5% | N=22 | 100% | N=455 |
| Valuing older residents in Sanibel-Captiva | 28% | N=127 | 48% | N=221 | 14% | N=65 | 1% | N=6 | 9% | N=39 | 100% | N=457 |
| Neighborhoodness of Sanibel-Captiva | 37% | N=173 | 44% | N=205 | 12% | N=56 | 4% | N=18 | 2% | N=11 | 100% | N=463 |

Table 14: Question 8 - Excluding Don't Know Responses

| Please rate each of the following characteristics as they relate to older adults in Sanibel-Captiva | Excellent | | Good | | Fair | | Poor | | Total | |
|--|-----------|-------|------|-------|------|-------|------|-------|-------|-------|
| | | | | | | | | | | |
| Ease of travel by public transportation in Sanibel-Captiva | 1% | N=5 | 6% | N=23 | 22% | N=81 | 70% | N=256 | 100% | N=365 |
| Ease of travel by car in Sanibel-Captiva | 11% | N=47 | 44% | N=199 | 33% | N=148 | 12% | N=56 | 100% | N=451 |
| Ease of walking in Sanibel-Captiva | 44% | N=203 | 45% | N=207 | 9% | N=44 | 1% | N=7 | 100% | N=461 |
| Ease of getting to the places you usually have to visit | 28% | N=129 | 53% | N=244 | 15% | N=70 | 3% | N=16 | 100% | N=459 |
| Opportunities to build work skills | 8% | N=17 | 24% | N=50 | 42% | N=86 | 26% | N=53 | 100% | N=205 |
| Quality of employment opportunities for older adults | 6% | N=11 | 27% | N=52 | 42% | N=80 | 26% | N=50 | 100% | N=194 |
| Variety of employment opportunities for older adults | 4% | N=9 | 29% | N=56 | 35% | N=68 | 32% | N=62 | 100% | N=195 |
| Cost of living in Sanibel-Captiva | 2% | N=10 | 26% | N=118 | 49% | N=218 | 22% | N=100 | 100% | N=446 |
| Availability of affordable quality food | 12% | N=54 | 43% | N=195 | 36% | N=164 | 10% | N=46 | 100% | N=459 |
| Availability of affordable quality housing | 7% | N=28 | 23% | N=91 | 37% | N=147 | 33% | N=130 | 100% | N=397 |
| Variety of housing options | 6% | N=25 | 33% | N=130 | 39% | N=156 | 22% | N=86 | 100% | N=397 |
| Availability of accessible housing (e.g., homes with a no step entry, single-floor living, wide hallways, and doorways) | 7% | N=20 | 31% | N=88 | 37% | N=104 | 25% | N=72 | 100% | N=285 |
| Availability of mixed-use neighborhoods where people live close to places where they can eat, shop, work, and receive services | 11% | N=44 | 34% | N=135 | 28% | N=111 | 26% | N=103 | 100% | N=392 |
| Public places where people want to spend time | 25% | N=110 | 49% | N=215 | 21% | N=90 | 5% | N=21 | 100% | N=436 |
| Availability of information about resources for older adults | 19% | N=74 | 46% | N=174 | 28% | N=105 | 7% | N=28 | 100% | N=381 |
| Availability of financial or legal planning services | 18% | N=57 | 42% | N=133 | 29% | N=91 | 10% | N=32 | 100% | N=313 |
| Availability of long-term care options | 3% | N=8 | 21% | N=59 | 21% | N=61 | 55% | N=157 | 100% | N=286 |
| Availability of daytime care options for older adults | 6% | N=12 | 14% | N=29 | 26% | N=54 | 55% | N=116 | 100% | N=211 |
| Availability of affordable quality physical health care | 7% | N=27 | 38% | N=136 | 35% | N=126 | 20% | N=71 | 100% | N=360 |

| Please rate each of the following characteristics as they relate to older adults in Sanibel-Captiva | Excellent | | Good | | Fair | | Poor | | Total | |
|--|-----------|-------|------|-------|------|-------|------|------|-------|-------|
| | % | N | % | N | % | N | % | N | % | N |
| Availability of affordable quality mental health care | 5% | N=9 | 20% | N=38 | 27% | N=53 | 48% | N=94 | 100% | N=194 |
| Availability of preventive health services (e.g., health screenings, flu shots, educational workshops) | 10% | N=39 | 42% | N=156 | 32% | N=119 | 16% | N=59 | 100% | N=373 |
| Recreational opportunities (including games, arts, library services, etc.) | 42% | N=189 | 47% | N=211 | 10% | N=43 | 1% | N=3 | 100% | N=446 |
| Fitness opportunities (including exercise classes and paths or trails, etc.) | 41% | N=186 | 49% | N=222 | 8% | N=35 | 3% | N=12 | 100% | N=454 |
| Opportunities to participate in community matters | 38% | N=167 | 46% | N=200 | 13% | N=56 | 3% | N=13 | 100% | N=436 |
| Opportunities to volunteer | 52% | N=229 | 41% | N=181 | 6% | N=26 | 0% | N=2 | 100% | N=438 |
| Opportunities to enroll in skill-building or personal enrichment classes | 23% | N=73 | 45% | N=146 | 25% | N=80 | 7% | N=22 | 100% | N=321 |
| Opportunities to attend in social events and activities | 33% | N=143 | 53% | N=231 | 12% | N=53 | 2% | N=9 | 100% | N=435 |
| Opportunities to attend religious or spiritual activities | 46% | N=202 | 48% | N=211 | 4% | N=17 | 2% | N=7 | 100% | N=437 |
| Openness and acceptance of the community towards older residents of diverse backgrounds | 32% | N=119 | 49% | N=183 | 17% | N=62 | 3% | N=11 | 100% | N=376 |
| Making all residents feel welcome | 33% | N=141 | 50% | N=219 | 15% | N=63 | 2% | N=10 | 100% | N=434 |
| Valuing older residents in Sanibel-Captiva | 30% | N=127 | 53% | N=221 | 15% | N=65 | 1% | N=6 | 100% | N=418 |
| Neighborliness of Sanibel-Captiva | 38% | N=173 | 45% | N=205 | 12% | N=56 | 4% | N=18 | 100% | N=452 |

Table 15: Question 9 - Including Don't Know Responses

| Older adults may or may not face a number of challenges. Thinking back over the last 12 months, how much of a problem, if at all, have each of the following been for you? | Not a problem | | Minor problem | | Moderate problem | | Major problem | | Don't know | | Total | |
|--|---------------|-------|---------------|-------|------------------|------|---------------|------|------------|-------|-------|-------|
| | % | N | % | N | % | N | % | N | % | N | % | N |
| Having enough money to meet daily expenses | 81% | N=371 | 8% | N=38 | 7% | N=34 | 3% | N=13 | 0% | N=0 | 100% | N=457 |
| Having enough money to pay your property taxes | 82% | N=373 | 3% | N=16 | 5% | N=21 | 2% | N=7 | 8% | N=37 | 100% | N=454 |
| Having housing to suit your needs | 88% | N=405 | 5% | N=25 | 4% | N=17 | 2% | N=10 | 0% | N=1 | 100% | N=458 |
| Doing heavy or intense housework | 58% | N=265 | 23% | N=105 | 14% | N=65 | 4% | N=18 | 0% | N=1 | 100% | N=455 |
| Maintaining your home | 67% | N=304 | 22% | N=99 | 9% | N=43 | 1% | N=5 | 1% | N=3 | 100% | N=454 |
| Maintaining your yard | 70% | N=316 | 14% | N=65 | 10% | N=47 | 2% | N=8 | 3% | N=15 | 100% | N=452 |
| Having safe and affordable transportation available | 70% | N=318 | 12% | N=54 | 6% | N=26 | 5% | N=23 | 7% | N=33 | 100% | N=453 |
| No longer being able to drive | 80% | N=360 | 2% | N=9 | 1% | N=5 | 3% | N=13 | 14% | N=64 | 100% | N=451 |
| Finding work in retirement | 48% | N=214 | 6% | N=28 | 5% | N=24 | 3% | N=11 | 38% | N=169 | 100% | N=447 |
| Building skills for paid or unpaid work | 40% | N=176 | 5% | N=23 | 5% | N=22 | 3% | N=12 | 48% | N=211 | 100% | N=444 |
| Having adequate information or dealing with public programs such as Social Security, Medicare, and Medicaid | 53% | N=238 | 15% | N=69 | 9% | N=40 | 4% | N=18 | 19% | N=84 | 100% | N=450 |
| Not knowing what services are available to older adults in your community | 44% | N=200 | 23% | N=103 | 16% | N=71 | 6% | N=26 | 12% | N=55 | 100% | N=455 |
| Your physical health | 62% | N=280 | 26% | N=120 | 9% | N=42 | 3% | N=12 | 0% | N=0 | 100% | N=454 |
| Falling or injuring yourself in your home | 81% | N=370 | 11% | N=51 | 6% | N=27 | 2% | N=9 | 1% | N=2 | 100% | N=459 |
| Finding affordable health insurance | 71% | N=328 | 9% | N=43 | 7% | N=32 | 10% | N=45 | 2% | N=11 | 100% | N=459 |
| Getting the health care you need | 70% | N=323 | 16% | N=74 | 9% | N=42 | 3% | N=15 | 1% | N=6 | 100% | N=459 |
| Getting the oral health care you need | 70% | N=321 | 16% | N=72 | 7% | N=33 | 3% | N=15 | 4% | N=18 | 100% | N=459 |
| Getting the vision care you need | 73% | N=335 | 13% | N=61 | 6% | N=26 | 3% | N=15 | 5% | N=22 | 100% | N=458 |
| Affording the medications you need | 85% | N=392 | 9% | N=41 | 4% | N=16 | 2% | N=8 | 0% | N=2 | 100% | N=460 |
| Staying physically fit | 67% | N=309 | 24% | N=110 | 7% | N=33 | 2% | N=8 | 0% | N=0 | 100% | N=460 |
| Maintaining a healthy diet | 76% | N=349 | 17% | N=76 | 6% | N=26 | 2% | N=7 | 0% | N=0 | 100% | N=458 |
| Having enough food to eat | 96% | N=439 | 3% | N=13 | 1% | N=6 | 0% | N=0 | 0% | N=0 | 100% | N=458 |
| Experiencing confusion or forgetfulness | 78% | N=358 | 18% | N=83 | 3% | N=13 | 1% | N=4 | 0% | N=1 | 100% | N=459 |
| Feeling depressed | 74% | N=336 | 18% | N=83 | 7% | N=34 | 1% | N=4 | 0% | N=0 | 100% | N=457 |
| Feeling bored | 72% | N=327 | 20% | N=89 | 8% | N=36 | 1% | N=3 | 0% | N=1 | 100% | N=456 |
| Having friends or family you can rely on | 81% | N=370 | 12% | N=53 | 5% | N=23 | 2% | N=9 | 0% | N=1 | 100% | N=457 |
| Feeling lonely or isolated | 73% | N=331 | 17% | N=79 | 8% | N=35 | 2% | N=7 | 0% | N=2 | 100% | N=454 |
| Dealing with the loss of a close family member or friend | 66% | N=299 | 14% | N=65 | 11% | N=50 | 6% | N=25 | 3% | N=16 | 100% | N=455 |

| Older adults may or may not face a number of challenges. Thinking back over the last 12 months, how much of a problem, if at all, have each of the following been for you? | Not a problem | | Minor problem | | Moderate problem | | Major problem | | Don't know | | Total | |
|--|---------------|-------|---------------|------|------------------|------|---------------|------|------------|------|-------|-------|
| | % | N | % | N | % | N | % | N | % | N | % | N |
| Being a victim of crime | 93% | N=427 | 1% | N=5 | 1% | N=4 | 0% | N=2 | 4% | N=20 | 100% | N=458 |
| Being a victim of fraud or a scam | 90% | N=414 | 3% | N=15 | 2% | N=9 | 1% | N=3 | 4% | N=18 | 100% | N=459 |
| Being physically or emotionally abused | 95% | N=436 | 1% | N=5 | 0% | N=2 | 1% | N=2 | 3% | N=14 | 100% | N=459 |
| Being treated unfairly or discriminated against because of your age | 88% | N=405 | 6% | N=26 | 2% | N=9 | 1% | N=3 | 3% | N=16 | 100% | N=459 |
| Feeling like you don't fit in or belong | 83% | N=380 | 10% | N=47 | 4% | N=20 | 1% | N=3 | 2% | N=10 | 100% | N=459 |
| Feeling like your voice is heard in the community | 64% | N=291 | 13% | N=61 | 7% | N=30 | 3% | N=15 | 13% | N=57 | 100% | N=455 |
| Feeling physically burdened by providing care for another person | 84% | N=383 | 7% | N=32 | 3% | N=15 | 1% | N=7 | 5% | N=21 | 100% | N=457 |
| Feeling emotionally burdened by providing care for another person | 77% | N=355 | 10% | N=47 | 5% | N=25 | 2% | N=8 | 5% | N=23 | 100% | N=458 |
| Feeling financially burdened by providing care for another person | 87% | N=399 | 5% | N=24 | 1% | N=7 | 1% | N=2 | 5% | N=25 | 100% | N=457 |

Table 16: Question 9 - Excluding Don't Know Responses

| Older adults may or may not face a number of challenges. Thinking back over the last 12 months, how much of a problem, if at all, have each of the following been for you? | Not a problem | | Minor problem | | Moderate problem | | Major problem | | Total | |
|--|---------------|-------|---------------|-------|------------------|------|---------------|------|-------|-------|
| | % | N | % | N | % | N | % | N | % | N |
| Having enough money to meet daily expenses | 81% | N=371 | 8% | N=38 | 7% | N=34 | 3% | N=13 | 100% | N=457 |
| Having enough money to pay your property taxes | 89% | N=373 | 4% | N=16 | 5% | N=21 | 2% | N=7 | 100% | N=417 |
| Having housing to suit your needs | 89% | N=405 | 5% | N=25 | 4% | N=17 | 2% | N=10 | 100% | N=457 |
| Doing heavy or intense housework | 59% | N=265 | 23% | N=105 | 14% | N=65 | 4% | N=18 | 100% | N=453 |
| Maintaining your home | 67% | N=304 | 22% | N=99 | 10% | N=43 | 1% | N=5 | 100% | N=451 |
| Maintaining your yard | 72% | N=316 | 15% | N=65 | 11% | N=47 | 2% | N=8 | 100% | N=437 |
| Having safe and affordable transportation available | 76% | N=318 | 13% | N=54 | 6% | N=26 | 5% | N=23 | 100% | N=421 |
| No longer being able to drive | 93% | N=360 | 2% | N=9 | 1% | N=5 | 3% | N=13 | 100% | N=387 |
| Finding work in retirement | 77% | N=214 | 10% | N=28 | 9% | N=24 | 4% | N=11 | 100% | N=278 |
| Building skills for paid or unpaid work | 75% | N=176 | 10% | N=23 | 9% | N=22 | 5% | N=12 | 100% | N=233 |
| Having adequate information or dealing with public programs such as Social Security, Medicare, and Medicaid | 65% | N=238 | 19% | N=69 | 11% | N=40 | 5% | N=18 | 100% | N=365 |
| Not knowing what services are available to older adults in your community | 50% | N=200 | 26% | N=103 | 18% | N=71 | 6% | N=26 | 100% | N=400 |
| Your physical health | 62% | N=280 | 26% | N=120 | 9% | N=42 | 3% | N=12 | 100% | N=454 |

| Older adults may or may not face a number of challenges. Thinking back over the last 12 months, how much of a problem, if at all, have each of the following been for you? | Not a problem | | Minor problem | | Moderate problem | | Major problem | | Total | |
|--|---------------|-------|---------------|-------|------------------|------|---------------|------|-------|-------|
| | % | N | % | N | % | N | % | N | % | N |
| Falling or injuring yourself in your home | 81% | N=370 | 11% | N=51 | 6% | N=27 | 2% | N=9 | 100% | N=456 |
| Finding affordable health insurance | 73% | N=328 | 10% | N=43 | 7% | N=32 | 10% | N=45 | 100% | N=448 |
| Getting the health care you need | 71% | N=323 | 16% | N=74 | 9% | N=42 | 3% | N=15 | 100% | N=453 |
| Getting the oral health care you need | 73% | N=321 | 16% | N=72 | 7% | N=33 | 3% | N=15 | 100% | N=441 |
| Getting the vision care you need | 77% | N=335 | 14% | N=61 | 6% | N=26 | 3% | N=15 | 100% | N=436 |
| Affording the medications you need | 86% | N=392 | 9% | N=41 | 4% | N=16 | 2% | N=8 | 100% | N=458 |
| Staying physically fit | 67% | N=309 | 24% | N=110 | 7% | N=33 | 2% | N=8 | 100% | N=459 |
| Maintaining a healthy diet | 76% | N=349 | 17% | N=76 | 6% | N=26 | 2% | N=7 | 100% | N=458 |
| Having enough food to eat | 96% | N=439 | 3% | N=13 | 1% | N=6 | 0% | N=0 | 100% | N=458 |
| Experiencing confusion or forgetfulness | 78% | N=358 | 18% | N=83 | 3% | N=13 | 1% | N=4 | 100% | N=458 |
| Feeling depressed | 74% | N=336 | 18% | N=83 | 7% | N=34 | 1% | N=4 | 100% | N=457 |
| Feeling bored | 72% | N=327 | 20% | N=89 | 8% | N=36 | 1% | N=3 | 100% | N=456 |
| Having friends or family you can rely on | 81% | N=370 | 12% | N=53 | 5% | N=23 | 2% | N=9 | 100% | N=456 |
| Feeling lonely or isolated | 73% | N=331 | 17% | N=79 | 8% | N=35 | 2% | N=7 | 100% | N=452 |
| Dealing with the loss of a close family member or friend | 68% | N=299 | 15% | N=65 | 11% | N=50 | 6% | N=25 | 100% | N=439 |
| Being a victim of crime | 97% | N=427 | 1% | N=5 | 1% | N=4 | 0% | N=2 | 100% | N=438 |
| Being a victim of fraud or a scam | 94% | N=414 | 3% | N=15 | 2% | N=9 | 1% | N=3 | 100% | N=441 |
| Being physically or emotionally abused | 98% | N=436 | 1% | N=5 | 0% | N=2 | 1% | N=2 | 100% | N=445 |
| Being treated unfairly or discriminated against because of your age | 91% | N=405 | 6% | N=26 | 2% | N=9 | 1% | N=3 | 100% | N=444 |
| Feeling like you don't fit in or belong | 85% | N=380 | 11% | N=47 | 4% | N=20 | 1% | N=3 | 100% | N=449 |
| Feeling like your voice is heard in the community | 73% | N=291 | 15% | N=61 | 8% | N=30 | 4% | N=15 | 100% | N=398 |
| Feeling physically burdened by providing care for another person | 88% | N=383 | 7% | N=32 | 3% | N=15 | 2% | N=7 | 100% | N=436 |
| Feeling emotionally burdened by providing care for another person | 82% | N=355 | 11% | N=47 | 6% | N=25 | 2% | N=8 | 100% | N=435 |
| Feeling financially burdened by providing care for another person | 92% | N=399 | 6% | N=24 | 2% | N=7 | 1% | N=2 | 100% | N=432 |

Table 17: Question 10

| Thinking back over the past 12 months, how much time did you spend in each of the following? | 0 days | | 1-2 days | | 3-5 days | | 6 or more days | | Total | |
|--|--------|-------|----------|------|----------|------|----------------|------|-------|-------|
| | % | N | % | N | % | N | % | N | % | N |
| As a patient in a hospital | 86% | N=390 | 5% | N=22 | 6% | N=26 | 3% | N=15 | 100% | N=453 |
| In a long-term care facility (including nursing home or in-patient rehabilitation facility) | 99% | N=436 | 0% | N=2 | 0% | N=1 | 0% | N=1 | 100% | N=440 |

Table 18: Question 11 - Including Don't Know Responses

| Thinking back over the past 12 months, how many times have you fallen and injured yourself? | Never | | 1 to 2 times | | 3 to 5 times | | More than 5 times | | Don't know | | Total | |
|---|-------|-------|--------------|-------|--------------|------|-------------------|-----|------------|-----|-------|-------|
| Thinking back over the past 12 months, how many times have you fallen and injured yourself? | 75% | N=345 | 22% | N=103 | 2% | N=11 | 0% | N=1 | 0% | N=2 | 100% | N=462 |

Table 19: Question 11 - Excluding Don't Know Responses

| Thinking back over the past 12 months, how many times have you fallen and injured yourself? | Never | | 1 to 2 times | | 3 to 5 times | | More than 5 times | | Total | |
|---|-------|-------|--------------|-------|--------------|------|-------------------|-----|-------|-------|
| Thinking back over the past 12 months, how many times have you fallen and injured yourself? | 75% | N=345 | 22% | N=103 | 2% | N=11 | 0% | N=1 | 100% | N=459 |

Table 20: Question 12

| Please indicate whether or not you have done each of the following in the last 12 months. | No | | Yes | | Total | |
|--|-----|-------|-----|-------|-------|-------|
| Attended a local public meeting (of local elected officials like City Council or County Commissioners, advisory boards, town halls, HOA, neighborhood watch, etc.) | 64% | N=294 | 36% | N=165 | 100% | N=459 |
| Watched (online or on television) a local public meeting | 61% | N=280 | 39% | N=177 | 100% | N=457 |
| Voted in your most recent local election | 16% | N=72 | 84% | N=386 | 100% | N=459 |
| Participated in a civic group (including Elks, Kiwanis, Masons, etc.) | 81% | N=371 | 19% | N=87 | 100% | N=458 |
| Used a senior center in Sanibel-Captiva | 92% | N=421 | 8% | N=36 | 100% | N=457 |
| Used a public library in Sanibel-Captiva | 34% | N=156 | 66% | N=304 | 100% | N=460 |
| Used a recreation center in Sanibel-Captiva | 71% | N=323 | 29% | N=133 | 100% | N=456 |
| Participated in a recreation program or group activity | 65% | N=298 | 35% | N=161 | 100% | N=459 |
| Participated in religious or spiritual activities with others | 61% | N=279 | 39% | N=180 | 100% | N=458 |
| Participated in a club (including book, dance, game, and other social) | 63% | N=289 | 37% | N=168 | 100% | N=457 |

Table 21: Question 13 - Including Don't Know Responses

| During a typical week, how many hours do you spend: | Never | | 1 to 3 hours | | 4 to 5 hours | | 6 to 10 hours | | 11 to 19 hours | | 20 or more hours | | Don't know | | Total | |
|---|-------|-------|--------------|-------|--------------|-------|---------------|-------|----------------|------|------------------|------|------------|------|-------|-------|
| | % | N | % | N | % | N | % | N | % | N | % | N | % | N | % | N |
| Assisting friends, relatives, or neighbors | 19% | N=86 | 54% | N=249 | 14% | N=66 | 5% | N=24 | 2% | N=8 | 4% | N=17 | 2% | N=10 | 100% | N=459 |
| Volunteering your time | 40% | N=174 | 32% | N=139 | 12% | N=53 | 10% | N=43 | 2% | N=9 | 3% | N=15 | 2% | N=7 | 100% | N=439 |
| Talking or visiting with friends/family | 3% | N=14 | 34% | N=155 | 24% | N=108 | 23% | N=106 | 5% | N=22 | 10% | N=47 | 0% | N=2 | 100% | N=455 |
| Providing care to someone age 55+ | 67% | N=301 | 18% | N=81 | 4% | N=19 | 3% | N=12 | 1% | N=6 | 6% | N=26 | 1% | N=5 | 100% | N=451 |
| Providing care to someone age 18 to 54 | 90% | N=411 | 4% | N=19 | 2% | N=10 | 1% | N=5 | 0% | N=0 | 2% | N=7 | 1% | N=5 | 100% | N=457 |
| Providing care to someone under age 18 | 89% | N=407 | 3% | N=15 | 1% | N=6 | 0% | N=1 | 0% | N=1 | 5% | N=23 | 1% | N=5 | 100% | N=458 |

Table 22: Question 13 - Excluding Don't Know Responses

| During a typical week, how many hours do you spend: | Never | | 1 to 3 hours | | 4 to 5 hours | | 6 to 10 hours | | 11 to 19 hours | | 20 or more hours | | Total | |
|---|-------|-------|--------------|-------|--------------|-------|---------------|-------|----------------|------|------------------|------|-------|-------|
| | % | N | % | N | % | N | % | N | % | N | % | N | % | N |
| Assisting friends, relatives, or neighbors | 19% | N=86 | 55% | N=249 | 15% | N=66 | 5% | N=24 | 2% | N=8 | 4% | N=17 | 100% | N=448 |
| Volunteering your time | 40% | N=174 | 32% | N=139 | 12% | N=53 | 10% | N=43 | 2% | N=9 | 3% | N=15 | 100% | N=432 |
| Talking or visiting with friends/family | 3% | N=14 | 34% | N=155 | 24% | N=108 | 23% | N=106 | 5% | N=22 | 10% | N=47 | 100% | N=453 |
| Providing care to someone age 55+ | 68% | N=301 | 18% | N=81 | 4% | N=19 | 3% | N=12 | 1% | N=6 | 6% | N=26 | 100% | N=446 |
| Providing care to someone age 18 to 54 | 91% | N=411 | 4% | N=19 | 2% | N=10 | 1% | N=5 | 0% | N=0 | 2% | N=7 | 100% | N=452 |
| Providing care to someone under age 18 | 90% | N=407 | 3% | N=15 | 1% | N=6 | 0% | N=1 | 0% | N=1 | 5% | N=23 | 100% | N=453 |

Table 23: Question 14 - Including Don't Know Responses

| In general, how many times do you: | Several times a day | | Once a day | | A few times a week | | Every few weeks | | Less often or never | | Don't know | | Total | |
|---|---------------------|-------|------------|------|--------------------|-------|-----------------|-------|---------------------|-------|------------|-----|-------|-------|
| | % | N | % | N | % | N | % | N | % | N | % | N | % | N |
| Access the internet from your home using a computer, laptop, or tablet computer | 81% | N=376 | 7% | N=34 | 4% | N=20 | 2% | N=8 | 4% | N=20 | 1% | N=4 | 100% | N=463 |
| Access the internet from your cell phone | 73% | N=337 | 7% | N=31 | 8% | N=36 | 2% | N=9 | 11% | N=49 | 0% | N=0 | 100% | N=462 |
| Visit social media sites such as Facebook, Twitter, Nextdoor, etc. | 41% | N=187 | 11% | N=51 | 11% | N=53 | 5% | N=23 | 31% | N=144 | 1% | N=3 | 100% | N=461 |
| Use or check email | 76% | N=352 | 14% | N=66 | 4% | N=19 | 3% | N=12 | 2% | N=11 | 0% | N=2 | 100% | N=461 |
| Share your opinions online | 11% | N=53 | 3% | N=12 | 10% | N=47 | 12% | N=56 | 62% | N=283 | 2% | N=9 | 100% | N=460 |
| Shop online | 12% | N=55 | 5% | N=25 | 29% | N=136 | 35% | N=162 | 17% | N=77 | 2% | N=7 | 100% | N=461 |

Table 24: Question 14 - Excluding Don't Know Responses

| In general, how many times do you: | Several times a day | | Once a day | | A few times a week | | Every few weeks | | Less often or never | | Total | |
|---|---------------------|-------|------------|------|--------------------|------|-----------------|------|---------------------|-------|-------|-------|
| | % | N | % | N | % | N | % | N | % | N | % | N |
| Access the internet from your home using a computer, laptop, or tablet computer | 82% | N=376 | 8% | N=34 | 4% | N=20 | 2% | N=8 | 4% | N=20 | 100% | N=458 |
| Access the internet from your cell phone | 73% | N=337 | 7% | N=31 | 8% | N=36 | 2% | N=9 | 11% | N=49 | 100% | N=462 |
| Visit social media sites such as Facebook, Twitter, Nextdoor, etc. | 41% | N=187 | 11% | N=51 | 12% | N=53 | 5% | N=23 | 32% | N=144 | 100% | N=458 |
| Use or check email | 77% | N=352 | 14% | N=66 | 4% | N=19 | 3% | N=12 | 2% | N=11 | 100% | N=459 |

| In general, how many times do you: | Several times a day | | Once a day | | A few times a week | | Every few weeks | | Less often or never | | Total | |
|------------------------------------|---------------------|------|------------|------|--------------------|-------|-----------------|-------|---------------------|-------|---------|-------|
| | Percent | N | Percent | N | Percent | N | Percent | N | Percent | N | Percent | N |
| Share your opinions online | 12% | N=53 | 3% | N=12 | 11% | N=47 | 12% | N=56 | 63% | N=283 | 100% | N=451 |
| Shop online | 12% | N=55 | 5% | N=25 | 30% | N=136 | 36% | N=162 | 17% | N=77 | 100% | N=454 |

Table 25: Question 15

| What types of devices do you have that can access the internet? | Percent | Number |
|---|---------|--------|
| Cell phone | 94% | N=438 |
| Tablet or iPad | 69% | N=324 |
| Laptop or desktop computer | 87% | N=404 |
| Other | 5% | N=23 |
| I don't have any devices that access the internet | 1% | N=5 |

Total may exceed 100% as respondents could select more than one option.

Table 26: Question 16

| Please indicate how easy or difficult it is for you to use the device(s) you have. | Percent | Number |
|--|---------|--------|
| Very easy | 67% | N=309 |
| Somewhat easy | 24% | N=109 |
| Somewhat difficult | 8% | N=36 |
| Very difficult | 2% | N=8 |
| Total | 100% | N=462 |

Table 27: Question 17 - Including Don't Know Responses

| During a typical week, how many hours do you spend using your device(s) for each of the following? | Never | | 1 to 3 hours | | 4 to 5 hours | | 6 to 10 hours | | 11 to 19 hours | | 20 or more hours | | Don't know | | Total | |
|--|---------|-------|--------------|-------|--------------|------|---------------|------|----------------|------|------------------|------|------------|------|---------|-------|
| | Percent | N | Percent | N | Percent | N | Percent | N | Percent | N | Percent | N | Percent | N | Percent | N |
| Entertainment | 20% | N=91 | 30% | N=134 | 20% | N=90 | 15% | N=68 | 7% | N=30 | 8% | N=35 | 1% | N=4 | 100% | N=452 |
| Socializing | 16% | N=73 | 47% | N=213 | 19% | N=84 | 11% | N=49 | 4% | N=17 | 2% | N=9 | 2% | N=9 | 100% | N=453 |
| Locating resources/services | 7% | N=30 | 62% | N=277 | 18% | N=83 | 8% | N=35 | 2% | N=10 | 1% | N=4 | 2% | N=11 | 100% | N=450 |
| Finding events/activities | 21% | N=92 | 61% | N=271 | 11% | N=50 | 2% | N=10 | 1% | N=5 | 0% | N=0 | 4% | N=16 | 100% | N=443 |
| Looking for paid work | 91% | N=414 | 5% | N=23 | 0% | N=1 | 0% | N=1 | 0% | N=0 | 0% | N=0 | 3% | N=15 | 100% | N=455 |
| Looking for volunteer opportunities | 83% | N=378 | 13% | N=57 | 0% | N=2 | 0% | N=1 | 0% | N=0 | 0% | N=0 | 4% | N=18 | 100% | N=457 |

Table 28: Question 17 - Excluding Don't Know Responses

| During a typical week, how many hours do you spend using your device(s) for each of the following? | Never | | 1 to 3 hours | | 4 to 5 hours | | 6 to 10 hours | | 11 to 19 hours | | 20 or more hours | | Total | |
|--|---------|-------|--------------|-------|--------------|------|---------------|------|----------------|------|------------------|------|---------|-------|
| | Percent | N | Percent | N | Percent | N | Percent | N | Percent | N | Percent | N | Percent | N |
| Entertainment | 20% | N=91 | 30% | N=134 | 20% | N=90 | 15% | N=68 | 7% | N=30 | 8% | N=35 | 100% | N=448 |
| Socializing | 16% | N=73 | 48% | N=213 | 19% | N=84 | 11% | N=49 | 4% | N=17 | 2% | N=9 | 100% | N=444 |
| Locating resources/services | 7% | N=30 | 63% | N=277 | 19% | N=83 | 8% | N=35 | 2% | N=10 | 1% | N=4 | 100% | N=440 |
| Finding events/activities | 22% | N=92 | 63% | N=271 | 12% | N=50 | 2% | N=10 | 1% | N=5 | 0% | N=0 | 100% | N=428 |
| Looking for paid work | 94% | N=414 | 5% | N=23 | 0% | N=1 | 0% | N=1 | 0% | N=0 | 0% | N=0 | 100% | N=440 |
| Looking for volunteer opportunities | 86% | N=378 | 13% | N=57 | 0% | N=2 | 0% | N=1 | 0% | N=0 | 0% | N=0 | 100% | N=439 |

Table 29: Question 18

| How important, if at all, do you think your device(s) are for connecting you with people outside of your home? | Percent | Number |
|--|---------|--------|
| Essential | 67% | N=308 |
| Very important | 22% | N=100 |
| Somewhat important | 8% | N=38 |
| Not at all important | 3% | N=16 |
| Total | 100% | N=462 |

Table 30: Question D1

| How many years have you lived in Sanibel-Captiva? | Percent | Number |
|---|---------|--------|
| Less than 2 years | 12% | N=57 |
| 2-5 years | 16% | N=76 |
| 6-10 years | 20% | N=90 |
| 11-20 years | 21% | N=96 |
| More than 20 years | 31% | N=142 |
| Total | 100% | N=461 |

Table 31: Question D2

| Which best describes the building you live in? | Percent | Number |
|--|---------|--------|
| Single family home | 70% | N=322 |
| Townhouse, condominium, duplex, or apartment | 29% | N=134 |
| Mobile home | 1% | N=6 |
| Assisted living residence | 0% | N=0 |
| Nursing home | 0% | N=0 |
| Other | 0% | N=0 |
| Total | 100% | N=462 |

Table 32: Question D3

| Do you rent or own your home? | Percent | Number |
|-----------------------------------|---------|--------|
| Rent | 22% | N=101 |
| Own (with a mortgage payment) | 25% | N=114 |
| Own (free and clear; no mortgage) | 53% | N=246 |
| Total | 100% | N=461 |

Table 33: Question D4

| About how much is your monthly housing cost for the place you live (including rent, mortgage payment, property tax, property insurance and homeowners' association (HOA) fees)? | Percent | Number |
|---|---------|--------|
| Less than \$300 per month | 2% | N=9 |
| \$300 to \$599 per month | 9% | N=37 |
| \$600 to \$999 per month | 13% | N=58 |
| \$1,000 to \$1,499 per month | 12% | N=52 |
| \$1,500 to \$2,499 per month | 30% | N=128 |
| \$2,500 or more per month | 34% | N=148 |

| About how much is your monthly housing cost for the place you live (including rent, mortgage payment, property tax, property insurance and homeowners' association (HOA) fees)? | Percent | Number |
|---|---------|--------|
| Total | 100% | N=433 |

Table 34: Question D5

| How many people, including yourself, live in your household? | Percent | Number |
|--|---------|--------|
| 1 person (live alone) | 25% | N=117 |
| 2 people | 66% | N=304 |
| 3 people | 6% | N=26 |
| 4 or more people | 3% | N=16 |
| Total | 100% | N=463 |

Table 35: Question D6

| How many of these people, including yourself, are 55 or older? | Percent | Number |
|--|---------|--------|
| 1 person (live alone) | 32% | N=145 |
| 2 people | 66% | N=301 |
| 3 people | 3% | N=12 |
| 4 or more people | 0% | N=0 |
| Total | 100% | N=458 |

Table 36: Question D7

| What is your employment status? | Percent | Number |
|-----------------------------------|---------|--------|
| Fully retired | 71% | N=325 |
| Working full time for pay | 17% | N=78 |
| Working part time for pay | 9% | N=44 |
| Unemployed, looking for paid work | 3% | N=14 |
| Total | 100% | N=460 |

Table 37: Question D8

| [If not yet fully retired] At what age do you expect to retire completely and not work for pay at all? | Percent | Number |
|--|---------|--------|
| 60 to 64 | 1% | N=1 |
| 65 to 69 | 41% | N=42 |
| 70 to 74 | 28% | N=29 |
| 75 or older | 29% | N=30 |
| Total | 100% | N=102 |

Table 38: Question D9

| How much do you anticipate your household's total income before taxes will be for the current year? (Please include in your total income money from all sources for all persons living in your household.) | Percent | Number |
|--|---------|--------|
| Less than \$15,000 | 2% | N=7 |
| \$15,000 to \$24,999 | 8% | N=33 |
| \$25,000 to \$49,999 | 7% | N=28 |
| \$50,000 to \$74,999 | 9% | N=36 |
| \$75,000 to \$99,999 | 11% | N=44 |
| \$100,000 or more | 63% | N=258 |
| Total | 100% | N=407 |

Table 39: Question D10

| Are you Spanish, Hispanic or Latino? | Percent | Number |
|--------------------------------------|---------|--------|
| No | 97% | N=447 |
| Yes | 3% | N=12 |
| Total | 100% | N=459 |

Table 40: Question D11

| What is your race? (Mark one or more races to indicate what race(s) you consider yourself to be.) | Percent | Number |
|---|---------|--------|
| American Indian or Alaskan Native | 0% | N=1 |
| Asian, Asian Indian, or Pacific Islander | 0% | N=0 |
| Black or African American | 1% | N=4 |
| White | 98% | N=437 |
| Other | 1% | N=6 |

Total may exceed 100% as respondents could select more than one option.

Table 41: Question D12

| In which category is your age? | Percent | Number |
|--------------------------------|---------|--------|
| 55-59 years | 12% | N=55 |
| 60-64 years | 20% | N=92 |
| 65-69 years | 19% | N=87 |
| 70-74 years | 23% | N=105 |
| 75-79 years | 12% | N=55 |
| 80-84 years | 8% | N=38 |
| 85-89 years | 4% | N=17 |

| In which category is your age? | Percent | Number |
|--------------------------------|---------|--------|
| 90-94 years | 2% | N= 10 |
| 95 years or older | 1% | N=3 |
| Total | 100% | N=462 |

Table 42: Question D13

| What is your sex? | Percent | Number |
|-------------------------|---------|--------|
| Female | 53% | N=245 |
| Male | 47% | N=217 |
| Identify in another way | 0% | N=0 |
| Total | 100% | N=461 |

Table 43: Question D14

| What is your sexual orientation? | Percent | Number |
|----------------------------------|---------|--------|
| Heterosexual | 95% | N=429 |
| Lesbian | 1% | N=3 |
| Gay | 0% | N=1 |
| Bisexual | 1% | N=3 |
| Identify in another way | 3% | N=13 |
| Total | 100% | N=449 |

Appendix B: Survey Methodology

Data Collection Methods Used in the CASOA

The Community Assessment Survey for Older Adults (CASOA)™, conducted by NRC, was developed to provide an accurate, affordable and easy way to assess and interpret the experience of older adults in the community. The CASOA™ survey instrument and its administration are standardized to assure high quality survey methods and comparable results across CASOA™ communities. The CASOA™ was customized for Sanibel and Captiva to reflect the correct local age definition of older adults and so that the mailing materials used official F.I.S.H. of Sanibel-Captiva graphics, contact information and signatures. F.I.S.H. of SANCAP sponsored and funded this research. Please contact Alicia Tighe of F.I.S.H. of SANCAP at alicia@fishofsancap.org if you have any questions about the survey.

Survey Development

The CASOA questionnaire contains many questions related to the life of older residents in the community. The instrument includes questions related to overall quality of life, as well as aspects of quality of life in Sanibel and Captiva. The questionnaire assessed the individual needs of older residents and involvement by respondents in the civic and economic life of Sanibel and Captiva.

The questionnaire grew from a synthesis of a number of data collection processes including a national search of needs assessments conducted by communities across the United States, a review of the literature on aging and the conduct of numerous surveys and large scale needs assessments by NRC. A blue-ribbon panel of national experts contributed to the concept and content of CASOA™.

The items in the questionnaire were pilot tested on older adult residents using a “think-aloud” method in which older adults were asked to complete the survey and describe their thought processes related to specific questions and question sets. The results of the pilot test were used to alter the questionnaire for better understanding by older adult participants. The final questionnaire was tested in a set of diverse U.S. communities and modifications again were made as necessary. A copy of the survey materials can be found in *Appendix E: Survey Materials*.

Selecting Survey Recipients

One of the first steps taken to ensure survey results are representative of the target population is to use a source from which you select survey recipients that provides adequate to good "coverage" of the target population. The target population for this survey was residents in households age 55 years or older within the Sanibel and Captiva boundaries. A list of households with a high likelihood of having a resident age 55 years or older within the boundaries of Sanibel and Captiva was retrieved from Go-Dog Direct. This list does not provide complete coverage of all members of the target population, but does provide a fairly complete coverage. The list provided by Go Dog Direct cannot be mapped directly to political boundaries such as municipalities or counties, but to United States Postal Service (USPS) boundaries such as zip codes or carrier routes. A process referred to as “geocoding” was used to eliminate addresses from the list that were outside the study boundaries. Geocoding is a computerized process in which addresses are compared to electronically mapped boundaries and coded as inside or outside desired boundaries. All addresses determined to be outside the study boundaries were eliminated from the list. A total of 2,895 addresses remained in the list and all of these addresses were mailed a survey invitation.

Although the purchased list of known older adult households contained names of the residents 55 years and older, no name was printed on the survey envelope; instead, the survey was addressed to “Resident.” In order to select a random individual 55 years of age and older within the household, the cover letter requested that the questionnaire be given to the person 55 years of age and older who most recently celebrated their birthday (regardless of year of birth) to complete. The underlying assumption in this method is that day of birth has no relationship to the way people respond to surveys. This instruction was contained in the cover letter accompanying the questionnaire.

In addition to the main survey effort, a link to an online open participation survey was publicized through various channels by F.I.S.H. of SANCAP. The open participation survey was identical to the main survey and open to all Sanibel and Captiva residents who were age 55 or older (for additional information of the open participation survey results, please see *CASOA Open Participation Survey Results – F.I.S.H. of SANCAP 2021* under separate cover).

Survey Administration and Response

Each of the 2,895 households received three mailings, about one week apart, beginning March 26, 2021. The first mailing was a prenotification postcard announcing the upcoming survey. The next mailing contained a letter inviting the household to participate, a questionnaire and a postage-paid return envelope. The final mailing contained a reminder letter, another survey and a postage-paid return envelope. The second cover letter asked those who had not completed the survey to do so and those who had already done so to refrain from turning in another survey. The cover letter included URL, which allowed respondents to complete the survey online if they preferred. The survey was available in English. Completed surveys were collected over the following seven weeks. The online open participation survey became available to residents on April 30, 2021 and remained open for three weeks.

About 12% of the 2,895 surveys mailed were returned because the housing unit was vacant or the postal service was unable to deliver the survey as addressed. Of the remaining 2,547 households that received the survey, 468 completed the survey, providing an overall response rate of 18%. The response rate was calculated using AAPOR’s response rate #2² for mailed surveys of unnamed persons. Additionally, 33 residents completed the online open participation survey.

Because the survey was intended to be taken by all older adult residents, no traditional margin of error was calculated. However, because not all older adults responded, NRC recommends using plus or minus five percentage points as the “range of uncertainty” around any given percent reported.

Survey Processing (Data Entry)

Upon receipt, completed surveys were assigned a unique identification number. Additionally, each survey was reviewed and “cleaned” as necessary. All surveys then were entered twice into an electronic dataset; any discrepancies were resolved in comparison to the original survey form. Range checks as well as other forms of quality control were also performed.

NRC used Polco, an online public engagement tool designed primarily for local governments, to collect online survey data. Use of an online system means all collected data are entered into the dataset when the respondents submit the surveys. Skip patterns are programmed into system so respondents are automatically “skipped” to the appropriate question based on the individual responses being given. Online programming also allows for more rigid control of the data format, making extensive data cleaning unnecessary.

² See AAPOR’s Standard Definitions here: [http://www.aapor.org/Standards-Ethics/Standard-Definitions-\(1\).aspx](http://www.aapor.org/Standards-Ethics/Standard-Definitions-(1).aspx) for more information

A series of quality control checks were also performed in order to ensure the integrity of the web data. Steps may include and not be limited to reviewing the data for clusters of repeat IP addresses and time stamps (indicating duplicate responses) and removing empty submissions (questionnaires submitted with no questions answered).

Survey Data Weighting

The primary objective of weighting survey data is to make the survey sample reflective of the larger population of Sanibel and Captiva. This is done by: 1) reviewing the sample demographics and comparing them to the population norms from the most recent Census or other sources and 2) comparing the responses to different questions for demographic subgroups. The demographic characteristics that are least similar to the Census and yield the most different results are the best candidates for data weighting. Several different weighting “schemes” are tested to ensure the best fit for the data. The characteristics used for weighting were housing tenure (rent or own), housing unit type (attached or detached), sex, age, and area. No adjustments were made for design effects. The results of the weighting scheme are presented in the table below.

Table 44: Weighting Scheme for the 2021 F.I.S.H. of SANCAP CASOA

| | Population Norm | Unweighted | Weighted |
|-----------------------|-----------------|------------|----------|
| Rent | 23% | 7% | 22% |
| Own | 77% | 93% | 78% |
| Detached ² | 70% | 80% | 71% |
| Attached ² | 30% | 20% | 29% |
| White | 99% | 98% | 98% |
| Not white | 1% | 2% | 2% |
| Hispanic | 1% | 2% | 97% |
| Not Hispanic | 99% | 98% | 2% |
| Female | 52% | 65% | 53% |
| Male | 48% | 35% | 47% |
| Age 55 to 59 | 13% | 5% | 12% |
| Age 60 to 64 | 20% | 9% | 20% |
| Age 65 to 74 | 41% | 37% | 42% |
| Age 75 and over | 26% | 49% | 27% |
| Female 55 to 59 | 7% | 3% | 6% |
| Female 60 to 64 | 12% | 7% | 14% |
| Female 65 to 74 | 21% | 26% | 22% |
| Female 75 and over | 11% | 29% | 11% |
| Male 55 to 59 | 6% | 2% | 6% |
| Male 60 to 64 | 8% | 2% | 6% |
| Male 65 to 74 | 20% | 11% | 19% |
| Male 75 and over | 15% | 20% | 16% |
| Sanibel | 97% | 99% | 97% |
| Captiva | 3% | 1% | 3% |

¹Source: U.S. Census Bureau - Census 2010

²Source: U.S. Census Bureau - Census 2010, householder aged 65 and over

Survey Data Analysis and Reporting

The survey dataset was analyzed using the Statistical Package for the Social Sciences (SPSS). For the most part, the percentages presented in the reports represent the “percent positive.” The percent positive is the combination of the top two most positive response options (i.e., “excellent” and “good,” “very safe” and “somewhat safe,” “essential” and “very important,” etc.), or, in the case of resident behaviors/participation, the percent positive represents the proportion of respondents indicating “yes” or participating in an activity at least once a month.

On many of the questions in the survey respondents may answer “don’t know.” The proportion of respondents giving this reply is shown in the full set of responses included in *Appendix B: Complete Set of Survey Frequencies*. However, these responses have been removed from the analyses presented in the reports. In other words, the tables and graphs display the responses from respondents who had an opinion about a specific item.

A variety of analyses were presented in the body of the report. The following sections summarize how these analyses were conducted or scores calculated.

Estimates of the Contribution of Older Adults to the Economy

The calculations of the economic contributions of older adults in Sanibel and Captiva were rough estimates using data from the U.S. Department of Labor Bureau of Labor Statistics (Metropolitan and Nonmetropolitan Area Occupational Employment and Wage Estimates).

Table 45: Contribution of Older Adults to the Economy

| | Percent of older adults | Number of older adults ¹ | Average number of hours* | Average hourly rate** | Annual total |
|--------------------------------------|-------------------------|-------------------------------------|--------------------------|-----------------------|---------------------|
| Providing care to older adult(s) | 32% | 1,774 | 8.5 | \$12.65 | \$9,389,127 |
| Providing care to adult(s) | 9% | 500 | 8.3 | \$12.65 | \$2,627,756 |
| Providing care to child(ren) | 10% | 553 | 16.6 | \$13.73 | \$6,335,534 |
| Providing help to family and friends | 81% | 4,433 | 4.2 | \$16.24 | \$15,042,251 |
| Volunteering | 60% | 3,275 | 5.3 | \$17.14 | \$14,233,056 |
| Subtotal unpaid | | | | | \$47,627,724 |
| Working part time | 9% | 519 | 15.0 | \$22.76 | \$9,050,343 |
| Working full time | 17% | 925 | 32.0 | \$22.76 | \$34,377,020 |
| Subtotal paid | | | | | \$43,427,363 |
| Total contribution | | | | | \$91,055,087 |

¹Based on U.S. Census Bureau - 2010 Census; about adults age 55 and over in Sanibel and Captiva

** Respondents were asked to select a range of hours. The average number of hours was calculated from the mid-point of the response scale. For example, a response of “1 to 3 hours” equated to 2 hours and a response of “never” was assumed to be zero hours. In cases where the respondent chose a response that indicated “20 or more hours”, the number of hours was calculated as 125% of 20 (i.e., 25). Working full time was assumed to be 32 hours per week and working part time was assumed to be 15 hours per week.

**The economic value of an hour worked was assumed to be the same as the average hourly wage as calculated by the Bureau of Labor statistics for similar types of work in the Cape Coral-Fort Myers, FL MSA. Providing care for older adults and adults was assumed to be the equivalent of “Home Health and Personal Care Aides.” Providing care for children was assumed to be the equivalent of “Child Care Workers.” Providing help to family and friends was assumed to be the equivalent of “Personal Care and Service Workers, All Other.” Volunteering was assumed to be the equivalent of “Office Clerks, General.” Working full time and part time was assumed to be the equivalent of “All Occupations.”

The proportion of older adults who work was estimated by examining the responses to question D7 from the survey (“What is your employment status?”). Those working full-time were assumed to work 32 hours per week and those working part-time were assumed to work 15 hours per week. The proportion of survey

respondents was multiplied by the number of adults 60 and over in the community to ascertain the number of employed older adults. To determine the average paid wage, information from the Bureau of Labor Statistics for the Cape Coral-Fort Myers, FL MSA was examined. Working full-time and part-time was assumed to be the equivalent of “All Occupations” (occupation code 00-0000).

The proportion of older adults doing volunteer work and providing help to friends and neighbors was determined by looking at the responses to question 13 (“During a typical week, how many hours do you spend:”), items a (“assisting friends, relatives, or neighbors”) and b (“volunteering your time”). Those responding “1 to 3 hours” were assumed to spend two hours, “4 to 5 hours” were assumed to spend 4.5 hours, those responding “6 to 10 hours” were assumed to spend eight hours, those responding “11 to 19 hours” were assumed to spend 15 hours, and those responding “20 or more hours” were assumed to spend 25 hours (125% of 20). To determine the average hourly wage, “assisting friends, relatives, or neighbors” was assumed to be the equivalent of “Personal Care and Service Workers, All Other” (occupation code 39-9000) and volunteering was assumed to be the equivalent of “Office Clerks, General” (occupation code 43-9061).

The proportion of older adults providing care to family and friends was determined by examining the responses to question 13. Those responding “1 to 3 hours” were assumed to spend two hours, “4 to 5 hours” were assumed to spend 4.5 hours, those responding “6 to 10 hours” were assumed to spend eight hours, and those responding “11 to 19 hours” were assumed to spend 15 hours and those responding “20 or more hours” were assumed to spend 25 hours (125% of 20). To determine the average hourly wage, “providing care to someone age 55+” and “providing care to someone age 18 to 54” (items d and e) were assumed to be the equivalent of “Home Health and Personal Care Aides” (occupation code 31-1120) and “providing care to someone under age 18” (item f) was assumed to be the equivalent of “Child Care Workers” (occupation code 39-9011).

Community Summary Scores

The community score presented in the body of the report represents the average of the questions included in the index. Although the evaluative or frequency questions were made on 4- or 5- point scales with 1 representing the best rating, the scales had different labels (e.g., “excellent,” “not a problem,” “very likely”). To calculate these average scores, the questions used in the index were converted to a common scale where 0 is the worst possible rating and 100 is the best possible rating. If everyone reported “excellent,” then the result would be 100 on the 0-100 scale. If the average rating for quality of life was right in the middle of the scale (half way between “good” and “fair”), then the result would be 50. The new scale can be thought of like the thermometer used to represent total giving to United Way. The higher the thermometer reading, the closer to the goal of 100 – in this case, the most positive response possible. The table below shows the individual questions comprising each summary score.

| Index | Individual Variables Used in Index |
|-------------------------|--|
| Quality of Community | Sanibel and Captiva as a place to live |
| | Your neighborhood as a place to live |
| | Sanibel and Captiva as a place to retire |
| | How would you rate the overall services provided to older adults in Sanibel and Captiva? |
| | Recommend living in Sanibel and Captiva to older adults |
| | Remain in Sanibel and Captiva throughout your retirement |
| Community and Belonging | Sense of community |
| | Openness and acceptance of the community towards older residents of diverse backgrounds |
| | Overall feeling of safety |

| Index | Individual Variables Used in Index |
|-------------------------------|--|
| | Valuing older residents Neighborliness Residents' connection and engagement with their community |
| Community Information | Availability of information about resources for older adults Availability of financial or legal planning services In general, how informed or uninformed do you feel about services and activities available to older adults in Sanibel and Captiva? |
| Productive Activities | Opportunities to volunteer Quality of employment opportunities for older adults Variety of employment opportunities for older adults Opportunities to enroll in skill-building or personal enrichment classes Recreational opportunities (including games, arts, library services, etc.) What impact, if any, do you think the economy will have on your family income in the next 6 months? Opportunities to build work skills Opportunities to attend social events or activities Opportunities to attend religious or spiritual activities Opportunities to attend or participate in community matters Overall quality of parks and recreation opportunities Overall opportunities for education, culture, and the arts |
| Health and Wellness | Fitness opportunities (including exercise classes and paths or trails, etc.) Availability of long-term care options Availability of daytime care options for older adults Availability of affordable quality physical health care Availability of affordable quality mental health care Availability of preventive health services (e.g., health screenings, flu shots, educational workshops) Overall health and wellness opportunities |
| Community Design and Land Use | Availability of affordable quality housing Variety of housing options Availability of affordable quality food Ease of travel by public transportation Ease of car travel Ease of walking Ease of getting to the places you usually have to visit Cost of living Availability of accessible housing (e.g., homes with a no step entry, single-floor living, wide hallways and doorways) Availability of mixed-use neighborhoods where people live close to places where they can eat, shop, work, and receive services Public places where people want to spend time Overall economic health of Sanibel and Captiva Overall quality of the transportation system Overall design or layout of Sanibel and Captiva's residential and commercial areas Overall quality of the utility infrastructure Overall quality of the natural environment |

Needs Summary Scores

The needs summary scores (indices) are based on the response patterns of older adults in the community. The table below contains each question included in the index and the required response to that question. So, for example, if a respondent indicated that her overall physical health was “fair,” she would be counted as having a physical health issue along with other respondents who may have noted that they had a moderate or major problem with falling or maintaining a healthy diet, etc. Respondents with many physical health problems are counted only once in this category so that the total percent shown in the report graph represents the percent of older adults with at least one physical problem.

| Index | Individual Variables Used in Index | Required Rating |
|--|---|--|
| Safety | Must have at least one of the following: | |
| | Being a victim of crime | Moderate or major problem |
| | Being a victim of fraud or a scam | Moderate or major problem |
| | Being physically or emotionally abused | Moderate or major problem |
| | Being treated unfairly or discriminated against because of your age | Moderate or major problem |
| Civic engagement | Must have: | |
| | Vote in recent local elections | No |
| | Or all of the following: | |
| | Assisting friends, relatives, or neighbors | Never (no hours) |
| | Volunteering your time | Never (no hours) |
| | Or all of the following: | |
| | Attended local public meeting | No |
| | Participating in a civic group (including Elks, Kiwanis, Masons, etc.) | No |
| Watched (online or on television) a local public meeting | No | |
| Social engagement | Must have at least one of the following: | |
| | Feeling like you don't fit in or belong | Moderate or major problem |
| | Talking or visiting with friends/family | Never (no hours) |
| | Or all of the following: | |
| | Participated in religious or spiritual activities with others | No |
| | Used a senior center in Sanibel and Captiva | No |
| | Participated in a club (including book, dance, game and other social) | No |
| Recreation | Must have all of the following: | |
| | Used a recreation center in Sanibel and Captiva | No |
| | Used a public library in Sanibel and Captiva | No |
| | Participating in a recreation program or group activity | No |
| Caregiver burden | Must have at least one of the following: | |
| | Feeling physically burdened by providing care for another person | Moderate or major problem |
| | Feeling emotionally burdened by providing care for another person | Moderate or major problem |
| | Feeling financially burdened by providing care for another person | Moderate or major problem |
| Financial and legal | Must have at least one of the following: | |
| | [Ratio] How much do you anticipate your household's total income before taxes will be for the current year? (Please include in your total income money from all sources for all persons living in your household.)/ | Income was at or below the income limits set by HUD for Section 8 programs |

| Index | Individual Variables Used in Index | Required Rating |
|----------------------------|--|--|
| | How many people, including yourself, live in your household? | |
| | Having enough money to meet daily expenses | Moderate or major problem |
| | Having enough money to pay your property taxes | Moderate or major problem |
| | Finding work in retirement | Moderate or major problem |
| | Building skills for paid or unpaid work | Moderate or major problem |
| Information | Must have at least one of the following: | |
| | Feeling like your voice is heard in the community | Moderate or major problem |
| | Not knowing what services are available to older adults in your community | Moderate or major problem |
| Physical health | Must have at least one of the following: | |
| | Your overall physical health | Fair or poor |
| | Your physical health | Moderate or major problem |
| | Doing heavy or intense housework | Moderate or major problem |
| | Maintaining your home | Moderate or major problem |
| | Maintaining your yard | Moderate or major problem |
| | Staying physically fit | Moderate or major problem |
| | Maintaining a healthy diet | Moderate or major problem |
| Mental health | Must have at least one of the following: | |
| | Your overall mental health/emotional wellbeing | Fair or poor |
| | Feeling depressed | Moderate or major problem |
| | Experiencing confusion or forgetfulness | Moderate or major problem |
| | Having friends or family you can rely on | Moderate or major problem |
| | Feeling bored | Moderate or major problem |
| | Feeling lonely or isolated | Moderate or major problem |
| | Dealing with the loss of a close family member or friend | Moderate or major problem |
| Health care | Must have at least one of the following: | |
| | Finding affordable health insurance | Moderate or major problem |
| | Getting the health care you need | Moderate or major problem |
| | Affording the medications you need | Moderate or major problem |
| | Getting the oral health care you need | Moderate or major problem |
| | Getting the vision care you need | Moderate or major problem |
| | Having adequate information or dealing with public programs such as Social Security, Medicare and Medicaid | Moderate or major problem |
| Institutional-ization risk | Must have at least one of the following: | |
| | No longer being able to drive | Moderate or major problem |
| | Falling or injuring yourself in your home | Moderate or major problem |
| | As a patient in a hospital | Spent 3 or more days in past 12 months |
| | In a long-term care facility (including nursing home or in-patient rehabilitation) | Spent 3 or more days in past 12 months |
| | Thinking back over the past 12 months, how many times have you fallen and injured yourself? | Fell 3 or more times in past 12 months |
| Basic necessities | Must have at least one of the following: | |
| | Your overall quality of life | Fair or poor |
| | Having housing to suit your needs | Moderate or major problem |
| | Having enough food to eat | Moderate or major problem |

| Index | Individual Variables Used in Index | Required Rating |
|-------|---|---------------------------|
| | Having safe and affordable transportation available | Moderate or major problem |

Appendix C: Benchmark Comparisons

NRC has developed a database that collates responses to CASOA and related surveys administered in other communities, which allows the results from Sanibel and Captiva to be compared against a set of national benchmarks. This benchmarking database includes responses from more than 35,000 older adults (age 55 and over) in 175+ communities across the nation. The demographics of NRC’s database match the demographics in the nation, based on the U.S. Census 2010 estimates.

Interpreting the Results

Ratings are compared when similar questions are included in NRC’s database and there are at least five communities in which the question was asked. Where comparisons are available, three numbers are provided in the table. The first column is Sanibel and Captiva’s proportion of the population responding in a particular way (e.g., percent very/somewhat likely, excellent/good, major/moderate/minor problem). The second column is the rank assigned to this rating among communities where a similar question was asked. The third column is the number of communities that asked a similar question. The fourth column shows the comparison of Sanibel and Captiva’s rating (column one) to the benchmark.

Where comparisons for ratings were available, Sanibel and Captiva’s results were generally noted as being “higher” than the benchmark, “lower” than the benchmark or “similar” to the benchmark. In instances where ratings are considerably higher or lower than the benchmark, these ratings have been further demarcated by the attribute of “much,” (for example, “much higher” or “much lower”). These labels come from a statistical comparison of Sanibel and Captiva’s rating to the benchmark where a rating is considered “similar” if it is within than the margin of error; “higher” or “lower” if the difference between your community’s rating and the benchmark is greater the margin of error; and “much higher” or “much lower” if the difference between your community’s rating and the benchmark is more than twice the margin of error.

Table 46: Sanibel-Captiva as a Place for Older Residents Benchmarks

| | Sanibel-Captiva percent | Rank | Number of Jurisdictions for Comparison | Comparison to benchmark |
|--|-------------------------|---------------|--|-------------------------|
| The overall quality of life in Sanibel-Captiva | 98% | Not available | Not available | Not available |
| Sanibel-Captiva as a place to live | 98% | 49 | 951 | Much higher |
| Your neighborhood as a place to live | 97% | Not available | Not available | Not available |
| Sanibel-Captiva as a place to retire | 94% | 1 | 946 | Much higher |
| How would you rate the overall services provided to older adults in Sanibel-Captiva? | 89% | 1 | 168 | Much higher |

Table 47: Recommendation of Sanibel-Captiva to Others Benchmarks

| | Sanibel-Captiva percent | Rank | Number of Jurisdictions for Comparison | Comparison to benchmark |
|---|-------------------------|------|--|-------------------------|
| Recommend living in Sanibel-Captiva to older adults | 95% | 98 | 794 | Higher |

Table 48: Remaining in Sanibel-Captiva Throughout Retirement Benchmarks

| | Sanibel-Captiva percent | Rank | Number of Jurisdictions for Comparison | Comparison to benchmark |
|--|-------------------------|------|--|-------------------------|
| Remain in Sanibel-Captiva throughout your retirement | 89% | 38 | 168 | Higher |

Table 49: Older Adult Community and Belonging Benchmarks

| | Sanibel-Captiva percent | Rank | Number of Jurisdictions for Comparison | Comparison to benchmark |
|---|-------------------------|---------------|--|-------------------------|
| Sense of community | 88% | 21 | 949 | Much higher |
| Overall feeling of safety in Sanibel-Captiva | 100% | 1 | 551 | Much higher |
| Residents' connection and engagement with their community | 88% | Not available | Not available | Not available |
| Openness and acceptance of the community towards older residents of diverse backgrounds | 81% | 50 | 910 | Much higher |
| Making all residents feel welcome | 83% | Not available | Not available | Not available |
| Valuing older residents in Sanibel-Captiva | 83% | 3 | 162 | Much higher |
| Neighborliness of Sanibel-Captiva | 84% | 5 | 543 | Much higher |

Table 50: Safety Problems Benchmarks

| | Sanibel-Captiva percent | Rank | Number of Jurisdictions for Comparison | Comparison to benchmark |
|---|-------------------------|---------------|--|-------------------------|
| Being a victim of crime | 3% | 164 | 168 | Lower |
| Being a victim of fraud or a scam | 6% | 162 | 167 | Lower |
| Being physically or emotionally abused | 2% | 164 | 167 | Similar |
| Being treated unfairly or discriminated against because of your age | 9% | Not available | Not available | Not available |

Table 51: Awareness of Older Adult Services and Activities Benchmarks

| | Sanibel-Captiva percent | Rank | Number of Jurisdictions for Comparison | Comparison to benchmark |
|--|-------------------------|------|--|-------------------------|
| In general, how informed or uninformed do you feel about services and activities available to older adults in Sanibel-Ca | 85% | 3 | 168 | Much higher |

Table 52: Availability of Information About Older Adult Resource Benchmarks

| | Sanibel-Captiva percent | Rank | Number of Jurisdictions for Comparison | Comparison to benchmark |
|--|-------------------------|------|--|-------------------------|
| Availability of information about resources for older adults | 65% | 14 | 168 | Much higher |
| Availability of financial or legal planning services | 61% | 8 | 162 | Much higher |

Table 53: Information Needs Benchmarks

| | Sanibel-Captiva percent | Rank | Number of Jurisdictions for Comparison | Comparison to benchmark |
|---|-------------------------|------|--|-------------------------|
| Not knowing what services are available to older adults in your community | 50% | 149 | 168 | Lower |
| Feeling like your voice is heard in the community | 27% | 167 | 168 | Much lower |

Table 54: Civic Engagement Opportunities Benchmarks

| | Sanibel-Captiva percent | Rank | Number of Jurisdictions for Comparison | Comparison to benchmark |
|---|-------------------------|------|--|-------------------------|
| Opportunities to volunteer | 94% | 20 | 778 | Much higher |
| Opportunities to participate in community matters | 84% | 9 | 168 | Much higher |

Table 55: Participation in Civic Activities Benchmarks

| | Sanibel-Captiva percent | Rank | Number of Jurisdictions for Comparison | Comparison to benchmark |
|---|-------------------------|------|--|-------------------------|
| Attended a local public meeting (of local elected officials like City Council or County Commissioners, advisory boards, | 36% | 221 | 947 | Higher |
| Watched (online or on television) a local public meeting | 100% | 2 | 794 | Much higher |
| Voted in your most recent local election | 84% | 529 | 945 | Similar |
| Participated in a civic group (including Elks, Kiwanis, Masons, etc.) | 19% | 12 | 168 | Higher |
| Assisting friends, relatives, or neighbors | 81% | 357 | 534 | Similar |
| Volunteering your time | 60% | 9 | 167 | Much higher |

Table 56: Social Engagement Opportunities Benchmarks

| | Sanibel-Captiva percent | Rank | Number of Jurisdictions for Comparison | Comparison to benchmark |
|---|-------------------------|------|--|-------------------------|
| Opportunities to attend in social events and activities | 86% | 23 | 767 | Much higher |
| Opportunities to attend religious or spiritual activities | 94% | 18 | 668 | Much higher |

Table 57: Participation in Social Activities Benchmarks

| | Sanibel-Captiva percent | Rank | Number of Jurisdictions for Comparison | Comparison to benchmark |
|--|-------------------------|------|--|-------------------------|
| Used a senior center in Sanibel-Captiva | 8% | 163 | 168 | Much lower |
| Participated in a club (including book, dance, game, and other social) | 37% | 41 | 167 | Similar |
| Participated in religious or spiritual activities with others | 39% | 616 | 664 | Much lower |
| Talking or visiting with friends/family | 97% | 72 | 545 | Much higher |

Table 58: Recreational and Personal Enrichment Opportunities Benchmarks

| | Sanibel-Captiva percent | Rank | Number of Jurisdictions for Comparison | Comparison to benchmark |
|--|-------------------------|---------------|--|-------------------------|
| Opportunities to enroll in skill-building or personal enrichment classes | 68% | 42 | 168 | Much higher |
| Recreational opportunities (including games, arts, library services, etc.) | 90% | 35 | 941 | Much higher |
| Overall quality of parks and recreation opportunities | 94% | Not available | Not available | Not available |
| Overall opportunities for education, culture, and the arts | 91% | Not available | Not available | Not available |

Table 59: Participation in Recreational and Personal Enrichment Activities Benchmarks

| | Sanibel-Captiva percent | Rank | Number of Jurisdictions for Comparison | Comparison to benchmark |
|--|-------------------------|------|--|-------------------------|
| Used a recreation center in Sanibel-Captiva | 29% | 758 | 828 | Much lower |
| Used a public library in Sanibel-Captiva | 66% | 391 | 850 | Similar |
| Participated in a recreation program or group activity | 35% | 118 | 168 | Lower |

Table 60: Participation in Caregiving Benchmarks

| | Sanibel-Captiva percent | Rank | Number of Jurisdictions for Comparison | Comparison to benchmark |
|--|-------------------------|------|--|-------------------------|
| Providing care to someone age 55+ | 32% | 141 | 167 | Lower |
| Providing care to someone age 18 to 54 | 9% | 160 | 167 | Much lower |
| Providing care to someone under age 18 | 10% | 161 | 167 | Much lower |

Table 61: Caregiver Burden in Sanibel-Captiva Benchmarks

| | Sanibel-Captiva percent | Rank | Number of Jurisdictions for Comparison | Comparison to benchmark |
|---|-------------------------|------|--|-------------------------|
| Feeling physically burdened by providing care for another person | 12% | 100 | 101 | Much lower |
| Feeling emotionally burdened by providing care for another person | 18% | 99 | 101 | Lower |
| Feeling financially burdened by providing care for another person | 8% | 100 | 101 | Much lower |

Table 62: Employment Opportunities Benchmarks

| | Sanibel-Captiva percent | Rank | Number of Jurisdictions for Comparison | Comparison to benchmark |
|--|-------------------------|---------------|--|-------------------------|
| Opportunities to build work skills | 32% | Not available | Not available | Not available |
| Quality of employment opportunities for older adults | 33% | 432 | 918 | Similar |
| Variety of employment opportunities for older adults | 33% | Not available | Not available | Not available |

Table 63: Financial and Legal Problems of Older Residents Benchmarks

| | Sanibel-Captiva percent | Rank | Number of Jurisdictions for Comparison | Comparison to benchmark |
|--|-------------------------|------|--|-------------------------|
| Having enough money to meet daily expenses | 19% | 163 | 168 | Much lower |
| Having enough money to pay your property taxes | 11% | 167 | 168 | Much lower |
| Finding work in retirement | 23% | 154 | 168 | Much lower |
| Building skills for paid or unpaid work | 25% | 134 | 168 | Lower |

Table 64: Personal Physical and Mental Health Benchmarks

| | Sanibel-Captiva percent | Rank | Number of Jurisdictions for Comparison | Comparison to benchmark |
|--|-------------------------|------|--|-------------------------|
| Your overall physical health | 92% | 5 | 553 | Much higher |
| Your overall mental health/emotional wellbeing | 95% | 7 | 168 | Higher |

Table 65: Physical Health Opportunities Benchmarks

| | Sanibel-Captiva percent | Rank | Number of Jurisdictions for Comparison | Comparison to benchmark |
|--|-------------------------|---------------|--|-------------------------|
| Overall health and wellness opportunities in Sanibel-Captiva | 86% | Not available | Not available | Not available |
| Availability of affordable quality physical health care | 45% | 686 | 851 | Much lower |

| | Sanibel-Captiva percent | Rank | Number of Jurisdictions for Comparison | Comparison to benchmark |
|--|-------------------------|------|--|-------------------------|
| Availability of preventive health services (e.g., health screenings, flu shots, educational workshops) | 52% | 593 | 720 | Much lower |
| Fitness opportunities (including exercise classes and paths or trails, etc.) | 90% | 51 | 548 | Much higher |

Table 66: Physical Health Problems of Older Residents Benchmarks

| | Sanibel-Captiva percent | Rank | Number of Jurisdictions for Comparison | Comparison to benchmark |
|----------------------------------|-------------------------|------|--|-------------------------|
| Your physical health | 38% | 166 | 168 | Much lower |
| Doing heavy or intense housework | 41% | 155 | 167 | Much lower |
| Maintaining your home | 33% | 145 | 168 | Lower |
| Maintaining your yard | 28% | 165 | 168 | Much lower |
| Staying physically fit | 33% | 165 | 168 | Much lower |
| Maintaining a healthy diet | 24% | 165 | 168 | Much lower |

Table 67: Availability of Mental Healthcare Benchmarks

| | Sanibel-Captiva percent | Rank | Number of Jurisdictions for Comparison | Comparison to benchmark |
|---|-------------------------|------|--|-------------------------|
| Availability of affordable quality mental health care | 24% | 460 | 508 | Much lower |

Table 68: Mental Health Problems of Older Residents Benchmarks

| | Sanibel-Captiva percent | Rank | Number of Jurisdictions for Comparison | Comparison to benchmark |
|--|-------------------------|------|--|-------------------------|
| Experiencing confusion or forgetfulness | 22% | 160 | 167 | Much lower |
| Feeling depressed | 26% | 159 | 167 | Much lower |
| Feeling bored | 28% | 160 | 167 | Much lower |
| Having friends or family you can rely on | 19% | 159 | 168 | Lower |
| Feeling lonely or isolated | 27% | 131 | 167 | Similar |
| Dealing with the loss of a close family member or friend | 32% | 118 | 168 | Similar |

Table 69: Availability of Preventative Health Care Benchmarks

| | Sanibel-Captiva percent | Rank | Number of Jurisdictions for Comparison | Comparison to benchmark |
|--|-------------------------|------|--|-------------------------|
| Availability of preventive health services (e.g., health screenings, flu shots, educational workshops) | 52% | 593 | 720 | Much lower |

Table 70: Health Care Problems of Older Residents Benchmarks

| | Sanibel-Captiva percent | Rank | Number of Jurisdictions for Comparison | Comparison to benchmark |
|---|-------------------------|------|--|-------------------------|
| Finding affordable health insurance | 27% | 159 | 168 | Much lower |
| Getting the health care you need | 29% | 83 | 168 | Similar |
| Affording the medications you need | 14% | 165 | 167 | Much lower |
| Getting the oral health care you need | 27% | 90 | 161 | Similar |
| Getting the vision care you need | 23% | 68 | 102 | Similar |
| Having adequate information or dealing with public programs such as Social Security, Medicare, and Medicaid | 35% | 152 | 168 | Lower |

Table 71: Care Options for Older Residents Benchmarks

| | Sanibel-Captiva percent | Rank | Number of Jurisdictions for Comparison | Comparison to benchmark |
|---|-------------------------|------|--|-------------------------|
| Availability of long-term care options | 24% | 85 | 103 | Much lower |
| Availability of daytime care options for older adults | 19% | 85 | 102 | Lower |

Table 72: Falls, Hospitalizations and Institutionalizations of Older Residents Benchmarks

| | Sanibel-Captiva percent | Rank | Number of Jurisdictions for Comparison | Comparison to benchmark |
|---|-------------------------|------|--|-------------------------|
| As a patient in a hospital | 14% | 159 | 166 | Lower |
| In a long-term care facility (including nursing home or in-patient rehabilitation facility) | 1% | 149 | 166 | Similar |
| Thinking back over the past 12 months, how many times have you fallen and injured yourself? | 25% | 150 | 166 | Lower |

Table 73: Independent Living Problems of Older Residents Benchmarks

| | Sanibel-Captiva percent | Rank | Number of Jurisdictions for Comparison | Comparison to benchmark |
|---|-------------------------|------|--|-------------------------|
| No longer being able to drive | 7% | 153 | 168 | Lower |
| Falling or injuring yourself in your home | 19% | 134 | 167 | Lower |

Table 74: Aspects of Community Design and Land Use Benchmarks

| | Sanibel-Captiva percent | Rank | Number of Jurisdictions for Comparison | Comparison to benchmark |
|--|-------------------------|---------------|--|-------------------------|
| Overall economic health of Sanibel-Captiva | 94% | Not available | Not available | Not available |
| Overall quality of the transportation system (auto, bicycle, foot, bus) in Sanibel-Captiva | 62% | Not available | Not available | Not available |

| | Sanibel-Captiva percent | Rank | Number of Jurisdictions for Comparison | Comparison to benchmark |
|--|-------------------------|---------------|--|-------------------------|
| Overall design or layout of Sanibel-Captiva's residential and commercial areas (e.g., homes, buildings, streets, parks, | 87% | Not available | Not available | Not available |
| Overall quality of the utility infrastructure in Sanibel-Captiva (water, sewer, storm water, electric, gas) | 82% | Not available | Not available | Not available |
| Overall quality of natural environment in Sanibel-Captiva | 99% | Not available | Not available | Not available |
| Ease of travel by public transportation in Sanibel-Captiva | 8% | 449 | 455 | Much lower |
| Ease of travel by car in Sanibel-Captiva | 55% | 674 | 918 | Lower |
| Ease of walking in Sanibel-Captiva | 89% | 36 | 914 | Much higher |
| Cost of living in Sanibel-Captiva | 29% | 360 | 462 | Much lower |
| Availability of affordable quality food | 54% | 652 | 771 | Much lower |
| Availability of affordable quality housing | 30% | 652 | 930 | Lower |
| Variety of housing options | 39% | 587 | 777 | Much lower |
| Availability of accessible housing (e.g., homes with a no step entry, single-floor living, wide hallways and doorways) | 38% | Not available | Not available | Not available |
| Availability of mixed-use neighborhoods where people live close to places where they can eat, shop, work, and receive se | 46% | Not available | Not available | Not available |
| Public places where people want to spend time | 75% | Not available | Not available | Not available |

Table 75: Basic Needs Problems of Older Residents Benchmarks

| | Sanibel-Captiva percent | Rank | Number of Jurisdictions for Comparison | Comparison to benchmark |
|---|-------------------------|------|--|-------------------------|
| Having housing to suit your needs | 11% | 153 | 167 | Lower |
| Having enough food to eat | 4% | 147 | 167 | Lower |
| Having safe and affordable transportation available | 24% | 100 | 168 | Similar |

Table 76: Overall Quality of Life of Older Residents Benchmarks

| | Sanibel-Captiva percent | Rank | Number of Jurisdictions for Comparison | Comparison to benchmark |
|------------------------------|-------------------------|------|--|-------------------------|
| Your overall quality of life | 99% | 2 | 168 | Much higher |

Appendix D: References

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Appendix E: Survey Materials

Dear Sanibel-Captiva Resident,

It won't take much of your time to make a big difference! With the COVID-19 pandemic weighing heavily in our lives, it is important for F.I.S.H. of Sanibel-Captiva to continue to understand the broader needs of our community so we can keep resident opinions front and center as we move forward together.

Your household has been randomly selected to participate in the 2021 Sanibel-Captiva Community Assessment Survey for Older Adults. Your survey will arrive in a few days.

Thank you for helping create a better community!

Sincerely,

A handwritten signature in black ink that reads "Maggi Feiner". The signature is written in a cursive style with a large, stylized initial "M".

Maggi Feiner
President & CEO
F.I.S.H. of Sanibel-Captiva

Dear Sanibel-Captiva Resident,

It won't take much of your time to make a big difference! With the COVID-19 pandemic weighing heavily in our lives, it is important for F.I.S.H. of Sanibel-Captiva to continue to understand the broader needs of our community so we can keep resident opinions front and center as we move forward together.

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Maggi Feiner
President & CEO
F.I.S.H. of Sanibel-Captiva



neighbors helping neighbors

2430-B Periwinkle Way
Sanibel, FL 33957

Presorted
First Class Mail
US Postage
PAID
Boulder, CO
Permit NO. 94



neighbors helping neighbors

2430-B Periwinkle Way
Sanibel, FL 33957

Presorted
First Class Mail
US Postage
PAID
Boulder, CO
Permit NO. 94

April 2021

Dear Sanibel-Captiva Resident:

Please help us shape the future of Sanibel-Captiva! You have been selected at random to participate in the 2021 Sanibel-Captiva Community Assessment Survey for Older Adults.

With the COVID-19 pandemic weighing heavily in our lives, it can be hard to focus on anything else. It is important for F.I.S.H. of Sanibel-Captiva to continue to understand the broader needs of our community. By conducting this survey, we can gather important feedback which is essential in uncertain times such as these, so we can keep resident opinions front and center as we move forward together. The survey also allows us to hear from you even when in-person meetings are canceled.

Please take a few minutes to fill out the enclosed survey. Your participation in this survey is very important – especially since your household is one of only a small number being surveyed. Your feedback will help F.I.S.H. of Sanibel-Captiva better understand and plan for the needs of older adults in our community.

A few things to remember:

- **Your responses are confidential.**
- In order to hear from a diverse group of older residents, the adult 55 years or older in your household who most recently had a birthday should complete this survey.
- **You may return the survey by mail in the enclosed postage-paid envelope, or you can complete the survey online (for help refer below) at:**

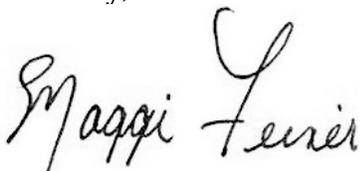
<https://polco.us/xxplaceholder>

Please do not share your survey link. This survey is for randomly selected households only. F.I.S.H. of Sanibel-Captiva will conduct a separate survey that is open to all residents just a few weeks from now.

If you have any questions about the survey, please call 239-472-4775.

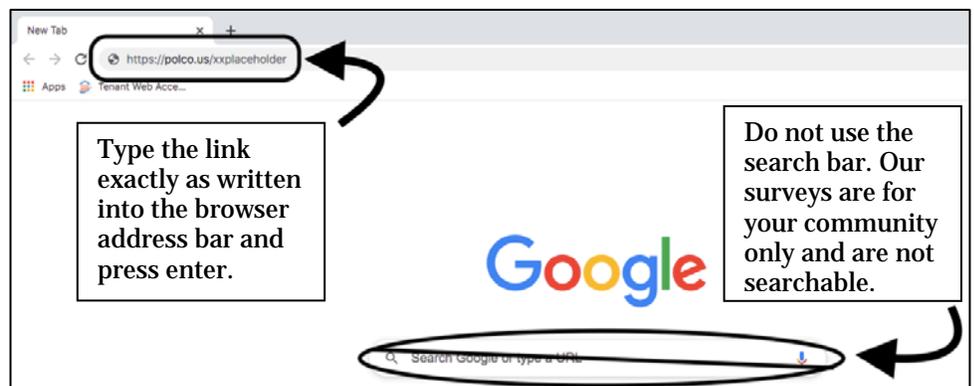
Thank you for your time and participation!

Sincerely,



Maggi Feiner
President & CEO
F.I.S.H. of Sanibel-Captiva

Access the Online Survey



April 2021

Dear Sanibel-Captiva Resident:

Here's another chance if you haven't already responded to the 2021 Sanibel-Captiva Community Assessment Survey for Older Adults! **If you completed it and sent it back, we thank you for your time and ask you to recycle this survey. Please do not respond twice.**

Please help us shape the future of Sanibel-Captiva! You have been selected at random to participate in the 2021 Sanibel-Captiva Community Assessment Survey for Older Adults.

With the COVID-19 pandemic weighing heavily in our lives, it can be hard to focus on anything else. It is important for F.I.S.H. of Sanibel-Captiva to continue to understand the broader needs of our community. By conducting this survey, we can gather important feedback which is essential in uncertain times such as these, so we can keep resident opinions front and center as we move forward together. The survey also allows us to hear from you even when in-person meetings are canceled.

Please take a few minutes to fill out the enclosed survey. Your participation in this survey is very important – especially since your household is one of only a small number being surveyed. Your feedback will help F.I.S.H. of Sanibel-Captiva better understand and plan for the needs of older adults in our community.

A few things to remember:

- **Your responses are confidential.**
- In order to hear from a diverse group of older residents, the adult 55 years or older in your household who most recently had a birthday should complete this survey.
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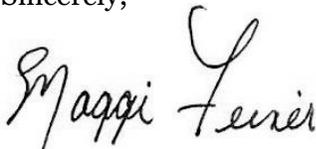
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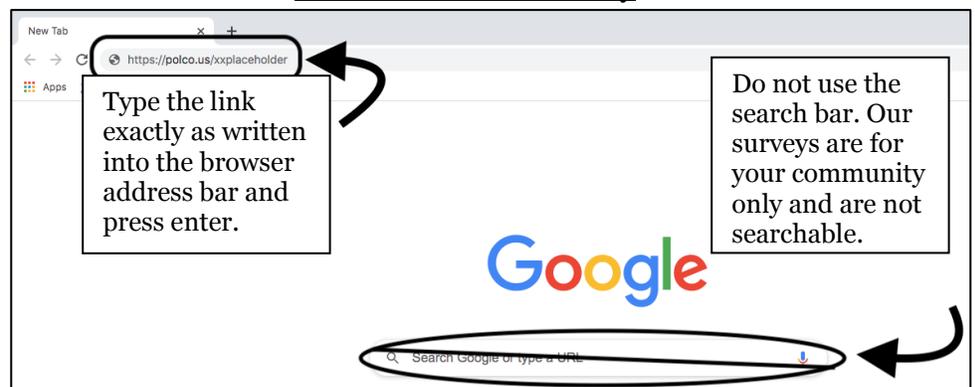
Thank you for your time and participation!

Sincerely,



Maggi Feiner
President & CEO
F.I.S.H. of Sanibel-Captiva

Access the Online Survey



Sanibel-Captiva 2021 Community Assessment Survey for Older Adults

Please complete this survey if you are the adult (age 55 or older) in the household who most recently had a birthday (the year of birth does not matter). Your responses are confidential and no identifying information will be shared.

1. Please rate each of the following aspects of quality of life in Sanibel-Captiva.

| | <u>Excellent</u> | <u>Good</u> | <u>Fair</u> | <u>Poor</u> | <u>Don't know</u> |
|--|------------------|-------------|-------------|-------------|-------------------|
| Sanibel-Captiva as a place to live | 1 | 2 | 3 | 4 | 5 |
| Your neighborhood as a place to live | 1 | 2 | 3 | 4 | 5 |
| Sanibel-Captiva as a place to retire | 1 | 2 | 3 | 4 | 5 |
| Sense of community in Sanibel-Captiva | 1 | 2 | 3 | 4 | 5 |
| The overall quality of life in Sanibel-Captiva | 1 | 2 | 3 | 4 | 5 |

2. Please rate each of the following characteristics as they relate to Sanibel-Captiva as a whole.

| | <u>Excellent</u> | <u>Good</u> | <u>Fair</u> | <u>Poor</u> | <u>Don't know</u> |
|---|------------------|-------------|-------------|-------------|-------------------|
| Overall economic health of Sanibel-Captiva..... | 1 | 2 | 3 | 4 | 5 |
| Overall quality of the transportation system (auto, bicycle, foot, bus) in Sanibel-Captiva | 1 | 2 | 3 | 4 | 5 |
| Overall design or layout of Sanibel-Captiva's residential and commercial areas (e.g., homes, buildings, streets, parks, etc.) | 1 | 2 | 3 | 4 | 5 |
| Overall quality of the utility infrastructure in Sanibel-Captiva (water, sewer, storm water, electric, gas)..... | 1 | 2 | 3 | 4 | 5 |
| Overall feeling of safety in Sanibel-Captiva | 1 | 2 | 3 | 4 | 5 |
| Overall quality of natural environment in Sanibel-Captiva | 1 | 2 | 3 | 4 | 5 |
| Overall quality of parks and recreation opportunities | 1 | 2 | 3 | 4 | 5 |
| Overall health and wellness opportunities in Sanibel-Captiva | 1 | 2 | 3 | 4 | 5 |
| Overall opportunities for education, culture, and the arts..... | 1 | 2 | 3 | 4 | 5 |
| Residents' connection and engagement with their community..... | 1 | 2 | 3 | 4 | 5 |

3. How would you rate the overall services provided to older adults in Sanibel-Captiva?

- Excellent
 Good
 Fair
 Poor
 Don't know

4. Please indicate how likely or unlikely you are to do each of the following.

| | <u>Very likely</u> | <u>Somewhat likely</u> | <u>Somewhat unlikely</u> | <u>Very unlikely</u> | <u>Don't know</u> |
|---|--------------------|------------------------|--------------------------|----------------------|-------------------|
| Recommend living in Sanibel-Captiva to older adults | 1 | 2 | 3 | 4 | 5 |
| Remain in Sanibel-Captiva throughout your retirement..... | 1 | 2 | 3 | 4 | 5 |

5. In general, how informed or uninformed do you feel about services and activities available to older adults in Sanibel-Captiva?

- Very informed
 Somewhat informed
 Somewhat uninformed
 Very uninformed

6. Please rate the quality of each of the following.

| | <u>Excellent</u> | <u>Good</u> | <u>Fair</u> | <u>Poor</u> | <u>Don't know</u> |
|---|------------------|-------------|-------------|-------------|-------------------|
| Your overall physical health | 1 | 2 | 3 | 4 | 5 |
| Your overall mental health/emotional wellbeing..... | 1 | 2 | 3 | 4 | 5 |
| Your overall quality of life | 1 | 2 | 3 | 4 | 5 |

7. What impact, if any, do you think the economy will have on your family income in the next 6 months? Do you think the impact will be:

- Very positive
 Somewhat positive
 Neutral
 Somewhat negative
 Very negative

8. Please rate each of the following characteristics as they relate to older adults in Sanibel-Captiva.

| | <u>Excellent</u> | <u>Good</u> | <u>Fair</u> | <u>Poor</u> | <u>Don't know</u> |
|---|------------------|-------------|-------------|-------------|-------------------|
| Ease of travel by public transportation in Sanibel-Captiva | 1 | 2 | 3 | 4 | 5 |
| Ease of travel by car in Sanibel-Captiva | 1 | 2 | 3 | 4 | 5 |
| Ease of walking in Sanibel-Captiva | 1 | 2 | 3 | 4 | 5 |
| Ease of getting to the places you usually have to visit | 1 | 2 | 3 | 4 | 5 |
| Opportunities to build work skills..... | 1 | 2 | 3 | 4 | 5 |
| Quality of employment opportunities for older adults..... | 1 | 2 | 3 | 4 | 5 |
| Variety of employment opportunities for older adults..... | 1 | 2 | 3 | 4 | 5 |
| Cost of living in Sanibel-Captiva..... | 1 | 2 | 3 | 4 | 5 |
| Availability of affordable quality food | 1 | 2 | 3 | 4 | 5 |
| Availability of affordable quality housing | 1 | 2 | 3 | 4 | 5 |
| Variety of housing options..... | 1 | 2 | 3 | 4 | 5 |
| Availability of accessible housing (e.g., homes with a no step entry, single-floor living, wide hallways, and doorways) | 1 | 2 | 3 | 4 | 5 |
| Availability of mixed-use neighborhoods where people live close to places where they can eat, shop, work, and receive services..... | 1 | 2 | 3 | 4 | 5 |
| Public places where people want to spend time | 1 | 2 | 3 | 4 | 5 |
| Availability of information about resources for older adults..... | 1 | 2 | 3 | 4 | 5 |
| Availability of financial or legal planning services | 1 | 2 | 3 | 4 | 5 |
| Availability of long-term care options | 1 | 2 | 3 | 4 | 5 |
| Availability of daytime care options for older adults | 1 | 2 | 3 | 4 | 5 |
| Availability of affordable quality physical health care..... | 1 | 2 | 3 | 4 | 5 |
| Availability of affordable quality mental health care | 1 | 2 | 3 | 4 | 5 |
| Availability of preventive health services (e.g., health screenings, flu shots, educational workshops) | 1 | 2 | 3 | 4 | 5 |
| Recreation opportunities (including games, arts, library services, etc.)... | 1 | 2 | 3 | 4 | 5 |
| Fitness opportunities (including exercise classes and paths or trails, etc.) | 1 | 2 | 3 | 4 | 5 |
| Opportunities participate in community matters..... | 1 | 2 | 3 | 4 | 5 |
| Opportunities to volunteer..... | 1 | 2 | 3 | 4 | 5 |
| Opportunities to enroll in skill-building or personal enrichment classes ... | 1 | 2 | 3 | 4 | 5 |
| Opportunities to attend social events or activities..... | 1 | 2 | 3 | 4 | 5 |
| Opportunities to attend religious or spiritual activities | 1 | 2 | 3 | 4 | 5 |
| Openness and acceptance of the community towards older residents of diverse backgrounds..... | 1 | 2 | 3 | 4 | 5 |
| Making all residents feel welcome | 1 | 2 | 3 | 4 | 5 |
| Valuing older residents in Sanibel-Captiva..... | 1 | 2 | 3 | 4 | 5 |
| Neighborliness of Sanibel-Captiva | 1 | 2 | 3 | 4 | 5 |

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9. Older adults may or may not face a number of challenges. Thinking back over the last 12 months, how much of a problem, if at all, have each of the following been for you?

| | Not a problem | Minor problem | Moderate problem | Major problem | Don't know |
|---|------------------|------------------|---------------------|------------------|---------------|
| Having enough money to meet daily expenses..... | 1 | 2 | 3 | 4 | 5 |
| Having enough money to pay your property taxes | 1 | 2 | 3 | 4 | 5 |
| Having housing to suit your needs..... | 1 | 2 | 3 | 4 | 5 |
| Doing heavy or intense housework | 1 | 2 | 3 | 4 | 5 |
| Maintaining your home..... | 1 | 2 | 3 | 4 | 5 |
| Maintaining your yard..... | 1 | 2 | 3 | 4 | 5 |
| Having safe and affordable transportation available | 1 | 2 | 3 | 4 | 5 |
| No longer being able to drive | 1 | 2 | 3 | 4 | 5 |
| Finding work in retirement..... | 1 | 2 | 3 | 4 | 5 |
| Building skills for paid or unpaid work..... | 1 | 2 | 3 | 4 | 5 |
| Having adequate information or dealing with public programs such as Social Security, Medicare, and Medicaid..... | 1 | 2 | 3 | 4 | 5 |
| Not knowing what services are available to older adults in your community..... | 1 | 2 | 3 | 4 | 5 |
| Your physical health..... | 1 | 2 | 3 | 4 | 5 |
| Falling or injuring yourself in your home | 1 | 2 | 3 | 4 | 5 |
| Finding affordable health insurance | 1 | 2 | 3 | 4 | 5 |
| Getting the health care you need | 1 | 2 | 3 | 4 | 5 |
| Getting the oral health care you need | 1 | 2 | 3 | 4 | 5 |
| Getting the vision care you need..... | 1 | 2 | 3 | 4 | 5 |
| Affording the medications you need | 1 | 2 | 3 | 4 | 5 |
| Staying physically fit..... | 1 | 2 | 3 | 4 | 5 |
| Maintaining a healthy diet..... | 1 | 2 | 3 | 4 | 5 |
| Having enough food to eat..... | 1 | 2 | 3 | 4 | 5 |
| Experiencing confusion or forgetfulness..... | 1 | 2 | 3 | 4 | 5 |
| Feeling depressed..... | 1 | 2 | 3 | 4 | 5 |
| Feeling bored..... | 1 | 2 | 3 | 4 | 5 |
| Having friends or family you can rely on..... | 1 | 2 | 3 | 4 | 5 |
| Feeling lonely or isolated | 1 | 2 | 3 | 4 | 5 |
| Dealing with the loss of a close family member or friend | 1 | 2 | 3 | 4 | 5 |
| Being a victim of crime..... | 1 | 2 | 3 | 4 | 5 |
| Being a victim of fraud or a scam..... | 1 | 2 | 3 | 4 | 5 |
| Being physically or emotionally abused | 1 | 2 | 3 | 4 | 5 |
| Being treated unfairly or discriminated against because of your age..... | 1 | 2 | 3 | 4 | 5 |
| Feeling like you don't fit in or belong..... | 1 | 2 | 3 | 4 | 5 |
| Feeling like your voice is heard in the community..... | 1 | 2 | 3 | 4 | 5 |
| Feeling <u>physically</u> burdened by providing care for another person | 1 | 2 | 3 | 4 | 5 |
| Feeling <u>emotionally</u> burdened by providing care for another person | 1 | 2 | 3 | 4 | 5 |
| Feeling <u>financially</u> burdened by providing care for another person | 1 | 2 | 3 | 4 | 5 |

10. Thinking back over the past 12 months, how much time did you spend in each of the following?

| | 0 days | 1-2 days | 3-5 days | 6 or more days |
|--|-----------|-------------|-------------|-------------------|
| As a patient in a hospital | 1..... | 2..... | 3..... | 4..... |
| In a long-term care facility (including nursing home or in-patient rehabilitation facility)..... | 1..... | 2..... | 3..... | 4..... |

11. Thinking back over the past 12 months, how many times have you fallen and injured yourself?

- Never 1 to 2 times 3 to 5 times More than 5 times Don't know

12. Please indicate whether or not you have done each of the following in the last 12 months.

| | No | Yes |
|--|--------|--------|
| Attended a local public meeting (of local elected officials like City Council or County Commissioners, advisory boards, town halls, HOA, neighborhood watch, etc.) | 1..... | 2..... |
| Watched (online or on television) a local public meeting | 1..... | 2..... |
| Voted in your most recent local election | 1..... | 2..... |
| Participated in a civic group (including Elks, Kiwanis, Masons, etc.) | 1..... | 2..... |
| Used a senior center in Sanibel-Captiva..... | 1..... | 2..... |
| Used a public library in Sanibel-Captiva..... | 1..... | 2..... |
| Used a recreation center in Sanibel-Captiva | 1..... | 2..... |
| Participated in a recreation program or group activity | 1..... | 2..... |
| Participated in religious or spiritual activities with others | 1..... | 2..... |
| Participated in a club (including book, dance, game, and other social)..... | 1..... | 2..... |

13. During a typical week, how many hours do you spend:

| | Never | 1 to 3 hours | 4 to 5 hours | 6 to 10 hours | 11 to 19 hours | 20 or more hours | Don't know |
|--|--------|-----------------|-----------------|------------------|-------------------|---------------------|---------------|
| Assisting friends, relatives, or neighbors | 1..... | 2..... | 3..... | 4..... | 5..... | 6..... | 7..... |
| Volunteering your time | 1..... | 2..... | 3..... | 4..... | 5..... | 6..... | 7..... |
| Talking or visiting with friends/family | 1..... | 2..... | 3..... | 4..... | 5..... | 6..... | 7..... |
| Providing care to someone age 55+..... | 1..... | 2..... | 3..... | 4..... | 5..... | 6..... | 7..... |
| Providing care to someone age 18 to 54..... | 1..... | 2..... | 3..... | 4..... | 5..... | 6..... | 7..... |
| Providing care to someone under age 18..... | 1..... | 2..... | 3..... | 4..... | 5..... | 6..... | 7..... |

14. In general, how many times do you:

| | Several times a day | Once a day | A few times a week | Every few weeks | Less often or never | Don't know |
|---|------------------------|---------------|-----------------------|--------------------|------------------------|---------------|
| Access the internet from your home using a computer, laptop, or tablet computer | 1..... | 2..... | 3..... | 4..... | 5..... | 6..... |
| Access the internet from your cell phone..... | 1..... | 2..... | 3..... | 4..... | 5..... | 6..... |
| Visit social media sites such as Facebook, Twitter, Nextdoor, etc..... | 1..... | 2..... | 3..... | 4..... | 5..... | 6..... |
| Use or check email | 1..... | 2..... | 3..... | 4..... | 5..... | 6..... |
| Share your opinions online | 1..... | 2..... | 3..... | 4..... | 5..... | 6..... |
| Shop online..... | 1..... | 2..... | 3..... | 4..... | 5..... | 6..... |

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15. What types of devices do you have that can access the internet?

- Cell phone
- Tablet or iPad
- Laptop or desktop computer
- Other
- I don't have any devices that access the internet → *Go to Question D1*

16. Please indicate how easy or difficult it is for you to use the device(s) you have.

- Very easy
- Somewhat easy
- Somewhat difficult
- Very difficult

17. During a typical week, how many hours do you spend using your device(s) for each of the following?

| | <u>Never</u> | <u>1 to 3 hours</u> | <u>4 to 5 hours</u> | <u>6 to 10 hours</u> | <u>11 to 19 hours</u> | <u>20 or more hours</u> | <u>Don't know</u> |
|--|--------------|---------------------|---------------------|----------------------|-----------------------|-------------------------|-------------------|
| Entertainment..... | 1..... | 2..... | 3..... | 4..... | 5..... | 6..... | 7..... |
| Socializing..... | 1..... | 2..... | 3..... | 4..... | 5..... | 6..... | 7..... |
| Locating resources/services..... | 1..... | 2..... | 3..... | 4..... | 5..... | 6..... | 7..... |
| Finding events/activities..... | 1..... | 2..... | 3..... | 4..... | 5..... | 6..... | 7..... |
| Looking for paid work..... | 1..... | 2..... | 3..... | 4..... | 5..... | 6..... | 7..... |
| Looking for volunteer opportunities..... | 1..... | 2..... | 3..... | 4..... | 5..... | 6..... | 7..... |

18. How important, if at all, do you think your device(s) are for connecting you with people outside of your home?

- Essential
- Very important
- Somewhat important
- Not at all important

Our last questions are about you and your household.

Again, all of your responses to this survey are confidential and no identifying information will be shared.

D1. How many years have you lived in Sanibel-Captiva?

- Less than 2 years
- 2-5 years
- 6-10 years
- 11-20 years
- More than 20 years

D2. Which best describes the building you live in?

- Single family home
- Townhouse, condominium, duplex, or apartment
- Mobile home
- Assisted living residence
- Nursing home
- Other

D3. Do you rent or own your home?

- Rent
- Own (with a mortgage payment)
- Own (free and clear; no mortgage)

D4. About how much is your monthly housing cost for the place you live (including rent, mortgage payment, property tax, property insurance, and homeowners' association (HOA) fees)?

- Less than \$300 per month
- \$300 to \$599 per month
- \$600 to \$999 per month
- \$1,000 to \$1,499 per month
- \$1,500 to \$2,499 per month
- \$2,500 or more per month

D5. How many people, including yourself, live in your household?

- 1 person (live alone)
- 2 people
- 3 people
- 4 or more people

D6. How many of these people, including yourself, are 55 or older?

- 1 person
- 2 people
- 3 people
- 4 or more people

D7. What is your employment status?

- Fully retired → *Go to Question D9*
- Working full time for pay
- Working part time for pay
- Unemployed, looking for paid work

D8. [IF NOT YET FULLY RETIRED] At what age do you expect to retire completely and not work for pay at all? (Please enter a whole number.) _____ years old

D9. How much do you anticipate your household's total income before taxes will be for the current year? (Please include in your total income money from all sources for all persons living in your household.)

- Less than \$15,000
- \$15,000 to \$24,999
- \$25,000 to \$49,999
- \$50,000 to \$74,999
- \$75,000 to \$99,999
- \$100,000 or more

D10. Are you Spanish, Hispanic or Latino?

- No
- Yes

D11. What is your race? (Mark one or more races to indicate what race you consider yourself to be.)

- American Indian or Alaskan Native
- Asian, Asian Indian, or Pacific Islander
- Black or African American
- White
- Other

D12. In which category is your age?

- 55-59 years
- 60-64 years
- 65-69 years
- 70-74 years
- 75-79 years
- 80-84 years
- 85-89 years
- 90-94 years
- 95 years or older

D13. What is your sex?

- Female
- Male
- Identify in another way

D14. What is your sexual orientation?

- Heterosexual
- Lesbian
- Gay
- Bisexual
- I prefer to self identify

Thank you!

Please return the completed survey in the postage-paid envelope to:
National Research Center, Inc., PO Box 549, Belle Mead, NJ 08502