



F.I.S.H. OF SANCAP is an equal opportunity provider.




**F.I.S.H. WIC TELEPHONE 472-4775**

E = EAST Most areas east of Tarpon Bay Road

**MEALS BY F.I.S.H. SCHEDULE: November 1, 2021**

**MEALS COORDINATOR: Elaine Parente 412-337-5921**

W= W. Gulf, San-Cap Rd., Gumbo Limbo, Casa Mariposa, Palm Ridge Rd.

SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT
	1 Chicken Parm E Barb Ellis W Bev Webb	2 Atlantic Salmon E Donna Leahy W Bev Webb	3 Cabbage Rolls E Jerry Edelman W Gerri Perkins	4 Chicken Cordon Bleu E Mary Perkins W Kandi Sanger	5 Pork Loin E Mary/Ed Holden W Louise/Gerry Fitzgerald	6
7	8 Bone-In Chicken E Carol/Gary Kreml W Pat Boris	9 Pot Roast E LaNet Merrill/Brian Gaffey W Helene Weyant	10 White Fish E Debby Donahue W Donna Hungeling	11 Meatloaf E Shirley Akins W Donna Hungeling	12 Turkey Breast E Mary/Ed Holden W Louise/Gerry Fitzgerald	13
14	15 Chicken Parm E John Prann W Bev Webb	16 Atlantic Salmon E LaNet Merrill/Brian Gaffey W Debby Donahue	17 Cabbage Rolls E Jerry Edelman W Gerri Perkins	18 Chicken Cordon Bleu E Mary Perkins W Debby Donahue	19 Pork Loin E Carol/Gary Kreml W Louise/Gerry Fitzgerald	20
21	22 Bone-In Chicken E LaNet Merrill/Brian Gaffey W Beverly Wiseley	23 Pot Roast E Denise Moore W Helene Weyant	24 White Fish E Betty Hayes W Pat Boris	25 <b>HAPPY THANKSGIVING</b> 	26 Turkey Breast E Mary/Ed Holden W Shirley Schultz/Rick Perry	27
28	29 Chicken Parm E Cathie Lewis W Beverly Wiseley	30 Atlantic Salmon E Donna Leahy W Kandi Sanger				

**DRIVERS:** Please note your agreed days. If you cannot serve on that day, trade with another volunteer and/or **notify the Meals Coordinator.**

**PICK UP MEALS** at Bailey's at **11:30 a.m.** **Park by ATM in front of Baileys.** Call 239-472-1516, ext 120. Staff will bring meal to your car. **Clients should have coolers with ice if they will not be home for delivery. Call the Meal Coordinator if there is a problem. If a meal is undeliverable keep for yourself, give to another client or return to FISH office, whatever is more convenient.**

Please check meals with your list. If discrepancy call meal coordinator as there could have been a last-minute change.

**As you deliver meals if you notice anything that concerns you, please bring it to our attention.**

**Please keep track of your miles traveled and your time as these statistics need to be recorded.**

**NOTIFY MEALS COORDINATOR OF THE TOTALS AT THE END OF EACH DELIVERY DAY. THANK YOU!**