

MARCH 2022

FISH LINES NEWSLETTER

Celebrating The History of FISH

Barbara and Tom Dunham, seasonal islanders, have had a long association with FISH. In a discussion with Tom, he recalled some history about our founding that we would like to share with you.

About 44 years ago, Tom's parents, who lived in Ohio, contacted Abe and Kathleen Lerner who lived in East Rocks on Sanibel. They shared a grandchild, who was born in CA, but as grandparents, had never met. From that call they became friends and the Dunhams began visiting Sanibel, soon making it their home. The Dunham/Lerner friendship grew stronger with both couples recognizing that even on these beautiful islands, there were many people in need of help. So, they started helping people, setting up rudimentary centers out of their homes.

As Tom recalls it, Abe was the organization's leader, his dad was the fixer and problem solver, and Kathleen and his mother turned their homes into action centers by answering phones, scheduling deliveries and appointments for getting wheel chairs fixed, etc. As it grew, others joined in and they adopted the name FISH, which originally stood for Friends In Service Here. All would take turns manning their home phones which those in need could call to request service. They would take people to doctor's appointments, fix medical equipment, bring meals to those in need, run errands and organize the evacuation of 'old folks' in case of a hurricane. At one point, the group began gathering during the holidays and organized a Christmas caroling event, taking the trolley to neighbors' homes and singing from the official FISH songbook!

FISH has come a long way since those humble beginnings – the organization's list of services has expanded, the number of volunteers has skyrocketed, the generosity of islanders has enabled FISH to become a critical support base for many and the acronym, FISH (Friends in Service Here) has taken on a new meaning reflecting the expanded menu of help it provides (**F** for Food Programs, **I** for Island based education, **S** for social and senior services and **H** for helping hands).

What follows are photos from our early days generously provided by Barbara and Tom and shared with thanks to the Dunhams and the Lerner for founding FISH, and to everyone who has contributed to making us the organization we are today, 40 years later.

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FISH LINES





CELEBRATING OUR 40TH ANNIVERSARY Sanibel Students Artwork On Helping Others

A man helps by driving
a car for someone.

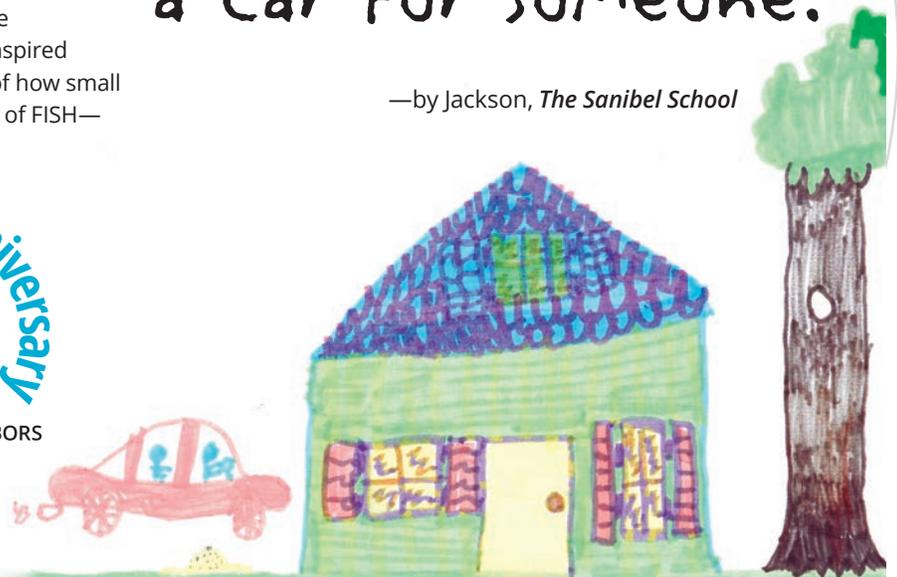
In honor of FISH's 40th Anniversary, students at The Sanibel School created works of art showing the importance of helping neighbors and family. We are inspired by their wonderful art and their clear understanding of how small acts of kindness can make a big difference. The future of FISH—and our young neighbors—is promising indeed.

—by Jackson, *The Sanibel School*



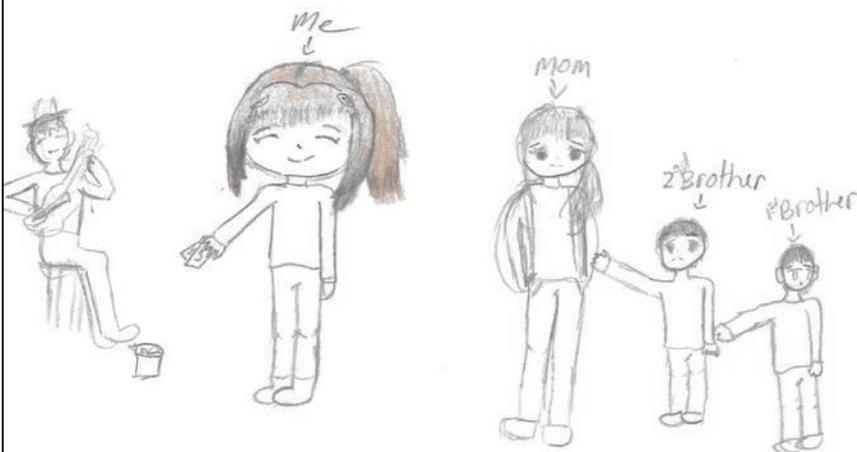
FULFILLING THE PROMISE OF NEIGHBORS HELPING NEIGHBORS

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When I was 8 in Romania my family
gave money to a homeless man
who played the violin very well.

In honor of FISH's 40th Anniversary, students at The Sanibel School created works of art showing the importance of helping neighbors and family. We are inspired by their wonderful art and their clear understanding of how small acts of kindness can make a big difference. The future of FISH—and our young neighbors—is promising indeed.



—by Gianna, *The Sanibel School*



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FULFILLING THE PROMISE OF NEIGHBORS HELPING NEIGHBORS

wrap-around SERVICE FOR MEETING NEEDS

FISH is committed to helping our island neighbors with *wrap-around service*—a collaborative case management approach.

After a full assessment of individual needs, FISH can help create, implement and monitor a plan of support for neighbors of all ages through our **4 pillars of service**.

a 501(c)(3) non-profit serving Sanibel & Captiva—FISH is an equal opportunity provider—EIN 20-8892375



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ENRICHING LIVES



food programs

Our islands are not immune to food insecurity. Each year, FISH distributes hundreds of thousands of meals to those living and working on Sanibel and Captiva through our Food Pantry, Meals-by-FISH hot meal delivery, Backpack Program for school-aged kids, and Holiday Meals. Together, we nourish lives.

island based education

At FISH, it is a priority to empower people through educational opportunities and connectedness. We strive to enhance growth and learning at all levels by providing school supplies, kids programs, tutoring, adult education, job training and workshops.

social & senior services

FISH works daily to be a resource for island seniors to help them age in place with dignity. Addressing issues like isolation, nutrition, and day-to-day obstacles involved in the aging process, we offer an array of services that enrich the lives of our special neighbors.

helping hands & financial assistance

Finding yourself in a situation where you are unsure if you can provide basic needs to your family is a scary experience. FISH provides Emergency Financial Assistance to families struggling to cover these costs. We strive to provide a helping hand to all of our island neighbors. The FISH Helping Hands program is meant to provide short-term assistance with life's most basic needs—shelter, healthcare, utilities and more.

If you or someone you know is in need, contact FISH

neighbors helping neighbors

IT'S WHAT WE DO



FISH LINES



EASTER HOLIDAY DONATIONS
ACCEPTING CANDY, SMALL TOYS, STUFFED
ANIMALS, PLASTIC EGGS, BOOKS, ETC.





neighbors helping neighbors with **BASKETS** for everybunny **IN NEED**



“My family and I are very grateful for the great help that FISH has given us. Not only to us but to the large community. The gifts for children (at holidays around the year) are more than incredible. We are always happy to come to this place, and all the people who give you a great welcoming when you arrive are excellent. Thank you for your help.” (translated)

—Jaddrey Bellon & daughter Brianna, a FISH client family

MAKING HOLIDAYS—AND EVERY DAY—BETTER FOR FAMILIES

Each year FISH offers Holiday programs to island families who may be struggling financially due to work-hour reduction, job loss, or medical expenses. Your generous support and donations can make the Easter holiday brighter for everyone!

DONATIONS NEEDED FOR BUNNY BASKETS

small toys, stuffed animals, books, candy, etc for kids aged 14 and under

HOLIDAY FOOD BASKETS

A special Holiday meal is something everyone should be able to enjoy. FISH provides baskets filled with dinner ingredients and a gift card to purchase a ham or other holiday protein for approximately 100 of our neighbors.

PARTICIPATING DONATION DROP OFF LOCATIONS

Jerry's, CVS, MacIntosh Books & Paper, Gene's Books, and the FISH walk-in-center—**Drop off food donations and gifts by April 4**

PICK UP INFO FOR BOTH FOOD AND BUNNY BASKETS

baskets may be picked up at FISH's Palm Ridge location—**April 11-14**



If you or someone you know is in need, contact FISH at 239.472.4775



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OUTREACH OF SANCAP

THIS MONTH'S MEMORY CAFÉ

Join us for our March Memory Café where we will be playing games and enjoying refreshments! Meet new friends and enjoy a fun morning at the Sanibel Community House!

WHEN
March 22nd 10-11:30 a.m.

WHERE



The Community House 2173 Periwinkle Way, Sanibel, FL 33957
SANIBEL COMMUNITY ASSOCIATION (239) 472-2155



(239) 437-3007 Please call for more details

In partnership with:



THE DUBIN CENTER
Where no one faces dementia alone.





UPCOMING COMMUNITY PROGRAMS MARCH 2022

Easter Holiday Drive -- All Month

Location: FISH Walk-In Center, MacIntosh Books & Paper, Gene's Books, CVS, Jerry's

Accepting candy, small toys, stuffed animals, plastic eggs, books and more for our bunny baskets!

Legal Aid Options -- Mon., Mar. 7, 2:00p

Location: Sanibel Community House, 2173 Periwinkle Way, Sanibel and Virtual

Michelle Trunkett, FL Rural Legal Services, will provide an overview of programs including information on Individual Rights, Housing Rights, Family Protection, Consumer Law and more.

Virtual Friendly Faces Luncheon -- Tues., Mar. 8, Noon-1:30p

Virtual community luncheon with guest speaker Sam Ankersen, Executive Director, Bailey-Matthews National Shell Museum. RSVP to FISH by Fri., Mar. 4. Menu options and Zoom link will be provided.

VITA Income Tax Retrunk Preparation -- Fri., Mar. 11 & 25 9:00-1:00p by appt.

Location: FISH Palm Ridge -- 2330 Palm Ridge Road #16 next to Island Pharmacy

United Way Volunteer Income Tax Assistance offers free tax preparation assistance to eligible households who make \$66,000 or less. Participating taxpayers will have their returns completed and filed for them at no cost.

Budgeting Made Easy -- Mon., Mar. 14, 1:00p

Location: Sanibel Community House, 2173 Periwinkle Way, Sanibel and Virtual

Joseph Perrino, Relationship Banker, will review free online budgeting tools including spending reports, budget watch and savings plans.

Virtual Cooking with Leslie -- Thurs., Mar. 17, 2:00p

Virtual cooking class with Leslie Adams featuring pizza two ways with all the toppings! RSVP to FISH by Mar. 14. Recipes and Zoom link will be provided.

Crime Prevention -- Wed., Mar. 22, 1:00p

Location: Sanibel Community House, 2173 Periwinkle Way, Sanibel and Virtual

Lieutenant Grace Towler will discuss different issues that are threats to the community, increase awareness of certain crimes, and teach participants what to do to intervene and prevent victimization.

Ongoing, monthly:

Backpack for Kids Distribution - weekly at FISH OF SANCAP

Smile Box Distribution - delivered the 2nd Friday of the month

Memory Cafe - 4th Tuesday of each month at the Sanibel Community House



COMMUNITY: SanCap Art League Painted Bags and Fish for FISH Auction at Bailey's Benefits FISH OF SANCAP



The SanCap Art League has once again created beautiful artwork, currently on display at Bailey's. As in year's past, artists have been challenged to use a Bailey's recycle grocery bag as their canvas, and have created some wonderful artistic creations this year.

Under the coordination of Jeannine Desmarais, SanCap Art League Chair of the painted bag promotion, the finished pieces of artwork will be on display until March 7th at Bailey's. Members of the

community are encouraged to bid on their favorite entries and the proceeds from the silent auction will go to FISH. Bids can be placed at the Bailey's service counter.

A new addition this year was the 'Fish for FISH' auction, where League members painted wooden fish for auction, also benefiting FISH, under the direction of Donna Filomio, Chair of the promotion. All 43 painted fish have been purchased raising much needed funds for the organization. "I am happy with the outcome and have big expectations for this fundraiser next year and in years to come," says Filomio. She adds, "The artists will begin their work on the next year's fish in March. I have aspirations for years to come." In a fun accounting of how the promotion came to be, Filomio writes, "I took pity on the plain looking fish and knew they had the potential to bring joy and nourishment to our local population of humans! They were transformed into works of art by the hands of our League artists. Truly, they became breathtakingly beautiful and were on display at Bailey's for about three weeks, where everyone admired them. When the tide turned, they swam to FISH OF SANCAP for adoption by their new owners. A new school of fish will arrive next year for their showing at Bailey's General Store!"

Bailey's hosts the painted bag and new Fish for FISH auction annually. "It is our pleasure to host unique fundraisers on behalf of FISH. The SanCap Art League's painted Fish for FISH delighted customers and helped us support one of our most necessary community nonprofits," said Richard Johnson, Bailey's.



The Sanibel-Captiva Art League is a non-profit organization formed to promote public interest in and appreciation of the fine arts. "We are so grateful to the SanCap Art League and their artists for using their talents to support our community each year; it's a beautiful tribute by our neighbors for our neighbors," says Maria Espinoza, Executive Director, FISH. "And of course, we're grateful to Baileys—they are an incredible community partner to FISH and hosting these auctions is just another in the long list of reasons we feel that way."



The Faces Of FISH

It's always great to put a face to a name, so we wanted to re-introduce you to some of our fabulous FISH program team members and share a little bit about their responsibilities.



Nitza Lopez, Social Services Director, coordinates our Helping Hands & Financial Assistance program for those in need of temporary financial assistance. She works 1:1 with individuals in need to create and implement a plan to move quickly through crisis and into recovery. Working alongside our experienced and knowledgeable professional staff, volunteers and community partners and advocates, our ultimate goal is to help our neighbors develop a pathway for long-term self-sustainability.

Erika Broyles, B.S.W. Senior Services Director, oversees senior programs and works with community stakeholders to ensure FISH continues to meet the needs of island seniors. She is hands on when working with community seniors to continue to encourage engagement from our residents. Erika is in charge of the Meals-by-FISH program, Friendly Faces Luncheon, Smile Boxes, medical equipment for loan and our Hurricane Preparedness Program.



Jennifer Pagano, Director of Education and Outreach Director, spearheads FISH's community engagement through enriching workshop offerings, participation on behalf of FISH in island events, and increasing awareness of the organization in creative ways. Whether it's heading up important community drives like Bunny Baskets and our holiday Toy Drive or finding new ways to provide educational opportunities, resources and referrals, Jennifer always looks forward to connecting with islanders on behalf of their local 'neighbors helping neighbors' social service organization.

Manuela Martinez, Program Coordinator, oversees the Food Pantry and other food programs by working with the Sanibel Farmers Market, local grocers, wholesale distributors, local food banks and others to provide food with high nutritional value. Our Food Pantry, one of the few choice pantries in Lee County, is available Monday-Friday from 10:00a-3:45p. Last year alone we distributed nearly 4,000 food backpacks to children; over 250,000 pounds of food through our Food Pantry program.





COMMUNITY ASSISTANCE: Making Dreams Come True



FISH OF SANCAP, Sanibel and Captiva's 'neighbors helping neighbors' social service organization for the last 40 years, provides services and programs ranging from food programs to financial assistance with rent or medical bills; educational scholarships, workshops and youth programs; senior programs to prevent isolation and other supports for aging-in-place, and more. FISH's Helping Hands program, which provides emergency financial assistance, is one of their most critical programs offered. Through this program, islanders in crisis can request assistance with rent, utilities, medical or other essential bills.

April Littleton, a young single mom of three, is truly thankful for assistance provided by FISH. She was introduced to the organization through a colleague, as she needed help with an unexpected critical family medical expense she was unable to afford. April juggles between her required, but unpaid, medical assistant externship in Fort Myers, then rushes back to Sanibel to pick up and feed her children before beginning her island night shift job. Weekends are reserved to spend time with her children and catch up on class assignments, leaving no time to secure additional work.

April did not complete high school and had little desire to pursue education until she became the sole caregiver for her growing family. She realized that if she wanted a better life for herself and her children, she would have to push herself to build a career. Even with three children, she managed to get her GED and soon realized that she wanted to pursue higher education. April set new personal and professional goals and enrolled in the Florida Academy in the Registered Medical Assistance certification program.

"I am truly thankful for your generosity and assistance," says April. "I don't know how I could have made it through without your rent and utility financial support. My ultimate goal is to be financially stable so that I can spend more time with my children. The educational scholarship for my school supplies and books has really helped me get closer to my goal, and that means a lot to me. FISH's help has allowed me to keep pursuing my studies, and I am truly thankful."

In addition to emergency financial and continuing education assistance, FISH enrolled April in the food pantry program, backpack program for her children and holiday programs. "We are so proud of April and the steps she has taken to better her life," says Nitza Lopez, Social Services Director, FISH. "While it hasn't been easy for her, she is determined to reach her goals and is working hard toward becoming a medical assistant. We've already seen a positive change in her confidence level and April reports less stress in her household. It's heartwarming to know FISH is able to contribute to her success."

FISH is the only Human Services Organization on Sanibel and Captiva. To learn more about the programs and services of FISH, please contact Maria Espinoza, Executive Director, at (239) 472-4775 or visit our website at www.fishofsancap.org.



PROGRAM HIGHLIGHTS:

FISH, United Way Sponsor Free Tax Return Assistance

Appointments for the popular United Way Volunteer Income Tax Assistance (VITA) Program which offers free tax preparation assistance, are available through April 8, 2022. Eligible households are those who make \$66,000 or less. Participating taxpayers will have their returns completed and filed for them at no cost. VITA preparers are IRS certified, trained volunteers that ensure each participant's return is maximized by informing them of all tax credits or policies relevant to their personal tax situation.



VITA is offering tax preparation service at the FISH Palm Ridge location -- 2330 Palm Ridge Road, #16, Sanibel, next to Island Pharmacy, from 9:00a-1:00p. Appointments are required. During the appointment, an intake, tax return preparation and quality review will be conducted. Upon completion, the return will be filed on-site with the preparer. Individuals should plan for an approximate one-hour appointment. Appointment dates are March 11 and 25 and April 8 from 9:00a-1:00p.

Those wishing to have their tax return completed through the VITA Program must bring the following documentation, if applicable. Tax returns cannot be completed without all of the items listed below:

- Valid picture ID
- Social security card or Individual Taxpayer Identification Number (TIN) for each family member and working adult
- Birthdates for everyone on the tax return
- Amount of 3rd Stimulus payments received
- Amount of Child Tax Credits received (in 2021)
- All earning statements (W-2, W2G, 1099s)
- Total paid for daycare and provider business Employer Identification Number (EIN)
- Your spouse, if you are married and filing jointly
- Affordable Health Care Statements (1095-A)

Additional information, such as interest and dividend statements, previous year's tax return, student loan information, etc. may be requested by VITA preparers. For additional information on the VITA Program, please contact FISH.



PROGRAM HIGHLIGHTS: Legal Aid Options



Please join FISH and Michelle Trunkett, Managing Attorney for the Fort Myers office of FL Rural Legal Services, for a discussion on legal aid options beginning at 2:00p on Monday, March 7 at the Sanibel Community House, 2173 Periwinkle Way, Sanibel. This workshop will also be offered virtually via Zoom.

Programs offered by FRLS are complimentary, keeping in line with their mission of empowering low income individuals, groups, and communities by providing them with access to justice through legal advice, representation, and advocacy. "We are thrilled to offer this informational seminar to the community," says Jennifer Pagano, Education and Outreach Director, FISH. "The attorneys of FRLS truly make a difference in our region by helping people get access to legal services."

The speaker, Michelle Trunkett, focuses on representing tenants in landlord-tenant matters, many of whom reside in federally subsidized housing, representing consumers in debt collection matters, and representing debtors in bankruptcy. She received her B.S. in Sociology and Social Work at Florida Statue University and her J.D. at Stetson University, College of Law.

Florida Rural Legal Services, Inc. was founded in 1966 as a private, non-profit corporation. FRLS provides free civil legal assistance to indigent families and low income elderly people in thirteen South Central Florida counties. FRLS also provides legal assistance to migrant workers throughout the state of Florida. FRLS helps clients with the following types of legal problems: Consumer, Employment, Public Benefits and Economic Stability, Housing, Elder, and Farm Worker Law. They also provide services in Civil Rights and Family Law.

PROGRAM HIGHLIGHTS: Memory Impairment

FISH, in partnership with the Captiva Civic Association, invites community members to a Memory Impairment Workshop on Wed., Mar. 9 beginning at 1:00p, hosted at the Captiva Civic Association, 11550 Chapin Lane, Captiva as well as via Zoom, and led by The Dubin Center. For those wishing to participate virtually, please contact FISH for the link.

The Dubin Center provides assistance and support to persons with Alzheimer's and related dementia and their caregivers. In this workshop, participants will gain insight into what it is like to live with a memory impairment and how to navigate through the challenges of caring for someone with a dementia related illness. States Jennifer Pagano, FISH, "This is an opportunity for anyone who is caring for or knows someone with a dementia-related illness to learn more about specific needs. Information about care, behaviors, resources, living arrangements or daily challenges will be openly discussed, with time allotted for questions and answers".





PROGRAM HIGHLIGHTS: Virtual Lunch With Shell Museum



All islanders, friends and family are invited to the community-wide FISH OF SANCAP Virtual Friendly Faces Luncheon, scheduled for Tues., Mar. 8 beginning at noon via Zoom. Guest speaker Sam Ankerson, Executive Director at the Bailey-Matthews National Shell Museum, will provide an overview of the Museum's 2020 new addition, Beyond Shells, a living gallery of aquariums and exhibiting over 50 species of marine life. He'll also describe new exhibits, educational programs, and events in 2022.

"Known as one of the 'best' things to do on Sanibel, the Shell Museum provides educationally fun activities to guests," says Erika Broyles, Senior Services Director, FISH. "We are so lucky to have the museum as part of our community; it's the only museum in the US devoted solely to shells and mollusks."

The Friendly Faces luncheon is a great way to catch up with friends, make new connections and learn about exciting offerings in the area. Lunch, prepared by George & Wendy's, consists of a cold entree, side, water bottle and dessert and is complimentary to all guests. FISH volunteers will deliver meals to islanders beginning at 11:30am. Reservations and meal choices are required by Fri., Mar. 4 to the FISH Walk-In-Center, 239-472-4775. Once registered, FISH will provide an emailed link and meeting ID number for access.

PROGRAM HIGHLIGHTS: Cooking With Leslie

Calling all pizza lovers! The monthly Cooking with Leslie virtual cooking class sponsored by FISH will take place on Thurs., Mar. 17 beginning at 2:00pm via Zoom. Pizza two ways, one with a traditional crust and the other with a cauliflower crust, is the featured recipe.

"Who doesn't love pizza? We are excited to learn how to make two delicious crusts that will provide options for those with dietary restrictions," says Jennifer Pagano, FISH Education and Outreach Director.

Leslie Adams, chef and owner of Sanibel Captiva Catering/Catering by Leslie Adams, will lead the lesson in cooking class format. "Our cooking classes are truly a unique way to learn how to make different dishes, and all participants really enjoy the opportunity to try something new," continues Pagano. "We are happy to be able to provide this experience to the community."



FISH will provide a list of ingredients necessary for the lesson to registered participants. If there is a need, FISH can assist in purchasing ingredients and deliver on the day of the event. Please indicate if ingredients and delivery are needed with RSVP. Please register no later than Mar. 14, 2022, by contacting the FISH Walk-In-Center, 239-472-4775. Once registered, FISH will provide the Zoom link and meeting ID number for access.



PROGRAM HIGHLIGHTS: Budgeting Made Easy



You're invited to a Budgeting Workshop, presented by Joseph Perrino, Relationship Banker for Wells Fargo. The workshop is offered at the Sanibel Community House, 2173 Periwinkle Way, Sanibel on Mon., Mar. 14, 2022 beginning at 1:00p. A virtual option via Zoom is also offered. Those interested in participating virtually may contact FISH for details.

"Rising prices are cause to re-evaluate your personal financial situation," says Perrino, a professional who is approaching 7 years in the Financial Services industry and has a passion for learning and promoting financial health and wellness.

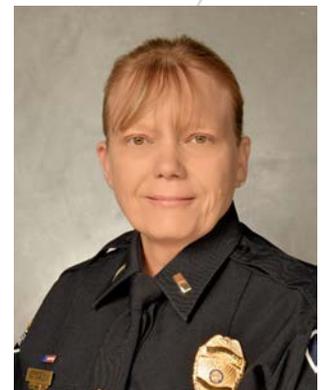
At the workshop, participants will learn how to get back to basics by setting a realistic budget. Perrino will review free online budgeting tools including spending reports, budget watch and savings plans. For a more in-depth discussion about specific needs, he will be available to set appointments for a complimentary financial review at the Wells Fargo Sanibel branch to better understand individual situations and provide advice and guidance. "Making and implementing a budget can help create financial stability," says Jennifer Pagano, Education and Outreach Director, FISH. "We are excited to offer this opportunity for community members to explore financial planning, including tracking expenses and building an emergency fund."

PROGRAM HIGHLIGHTS: Crime Prevention

FISH and The Sanibel Police Department are pleased to offer a Crime Prevention Workshop on Wed., Mar. 22 as both an in-person and virtual event. The in-person event will take place at the Sanibel Community House, 2173 Periwinkle Way, Sanibel, and the virtual event will be offered via Zoom. Both opportunities will begin at 1:00p.

The presentation will focus on personal and home safety; mail, phone and computer fraud and scams; the 'dark house program'; and important techniques for protecting yourself.

Lieutenant Grace Towler will discuss different issues that are threats to the community, increase awareness of certain crimes, and teach participants what to do to intervene and prevent victimization. "You can never be too safe," says Towler. "By taking a few simple precautions, you can reduce risk to yourself and your property." Lieutenant Towler has been with the Sanibel Police Department since 2007, serving in road and beach patrol, crime scene investigation, and is currently assigned to the Emergency Management division. She obtained her bachelor's degree in criminal justice from Hodges University in 2007 and her master's degree in criminal justice from Florida Gulf Coast University in 2012.



We are excited to host Lt. Towler for this very important workshop as she continuously works to strengthen the bond between the Sanibel Police Department and the community. Please contact us for the Zoom link for those participating virtually.



COMMUNITY CONNECTIONS

FISH President & CEO Maggi Feiner presented information about our organization and the programs and services we offer to Captiva Chapel By The Sea, an interdenominational ministry serving South West Florida’s winter season. Captiva Chapel By The Sea nurtures a strong community within and also are committed to supporting mission outreach in the broader community. With their support, FISH can continue to provide assistance to our neighbors.

Shown below, Maggi Feiner, who was asked to “ring the bell” for services, assisted by Wyatt.



Volunteer ESOL Tutor Needed

We are in need of additional Volunteer ESOL Tutors (English for Speakers of Other Languages) to help our neighbors gain English literacy for use in education, employment and everyday life. For additional information, please contact Nitza Lopez, Social Services Director, 239-472-4775.

Volunteer Opportunities

Spring is in the air and we are bustling with activity, preparing for the Easter Holiday and scheduling our regularly scheduled programs. We have many upcoming vacancies and hope you can help! Below is a sampling of volunteer opportunities, and there’s lots more!

- Flyer distribution to local businesses
- Easter Holiday preparation
- Medical equipment cleaning/organizing
- Food Pantry stocking, inventory
- Hurricane Committee Members
- Additional Phone Duty volunteers
- Product pick-up, load/unload
- Backpack and Fresh Meal assembly

Please contact Kim Ouellette, Operations and Volunteer Manager to sign-up or with questions. Thank you for your continued support, we appreciate all of our volunteers!



WE NEED GREAT PEOPLE LIKE YOU!

Although certain duties are limited during the COVID crisis, **we still need volunteers!** Please consider our volunteers opportunities, including phone duty, meal delivery, food pantry, and more. **Contact Kim Ouellette for details.** *Click on the links below for a calendar download for the following services:*

[March Phone Duty](#)

[March Meal Delivery](#)

RESOURCES

Below are online shopping links to make your generosity that much easier. An online account is required for ordering. For direct shipments to our Food Pantry, please send to: **FISH c/o Food Pantry, 2430-B Periwinkle Way, Sanibel, FL 33957.** Please include a gift note so we know who it's from and can acknowledge accordingly!

[Bailey's General Store](#)

[Jerry's Foods](#)

[Publix](#)

[Amazon Prime Pantry](#)

FOOD PANTRY DONATIONS NEEDED

We are proud to offer supplemental groceries to our island neighbors five days a week by way of our 'Choice' Food Pantry. ***We are open from 10:00am-3:45pm Monday—Friday, allowing our clients to shop according to their own life schedules that may otherwise prevent them from getting the resources they need.*** Our Food Pantry is always in need of the following items:

- Canned protein
- Canned fruits and vegetables
- Cereal
- Crackers and snacks
- Nut butters and jellies
- Pasta, rice, beans
- Ready-to-eat meals and soups
- Visit our [FOOD PANTRY PAGE](#)



You shop. Amazon gives. Amazon donates 0.5% of the price of your eligible AmazonSmile purchases to the charitable organization of your choice. AmazonSmile is the same Amazon you know. Same products, same prices, same service. Support your charitable organization by starting your shopping at smile.amazon.com

ABOUT FISH

FISH of SanCap is a nonprofit, staffed by more than 150 volunteers. Professionals staff the Walk-in Center and are available Mon. through Fri. to assist islanders and visitors with an array of services and programs. FISH is Sanibel and Captiva's only **neighbors helping neighbors** organization offering a range of human services including:

- **Temporary Emergency Financial Assistance**
- **Food Pantry**
- **Medical Equipment Loan**
- **Hurricane Packets**
- **Hot Meals Program**
- **Kid's Food Backpack**
- **Community Seminars**
- **Youth Scholarships**
- **Referrals & Resources**
- **Monthly Luncheon and much more!**

FOOD PANTRY DROP-OFF INFO

We accept donations to help stock our Food Pantry. Items must be unopened, unexpired non-perishables.

Perishable items accepted Mon-Fri from 8am-3:30pm at the Walk-in Center

Other drop off sites include:

- **Bailey's General Store**
- **Bank of the Islands**
- **Jerry's Foods**



FISH Volunteers In Action

Thank you to all of our wonderful, dedicated volunteers. You are undoubtedly the lifeblood of our organization, and we could not do what we do without you!



Cathie Lewis preparing fresh meals



Gary Biltgen taking inventory



Mary Alice Scanlon assisting with shopping



Dan Pace assembling backpacks



Jack, Inky Meng & Anne Schwenzfeier delivering groceries



Cheryl Biltgen assisting with office work