



F.I.S.H. OF SANCAP is an equal opportunity provider.



F.I.S.H. WIC TELEPHONE 472-4775

E = EAST Most areas east of Tarpon Bay Road

W= W. Gulf, Mid- Gulf, San-Cap Rd., Sanibel Blvd., Palm Ridge Rd.

MEALS BY F.I.S.H. SCHEDULE: July 1, 2022

MEALS COORDINATOR: Elaine Parente 412-337-5921

SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT
					1 Pork Loin E Cathie Lewis W Joyce Krivenko	2
2	4 <b>4<sup>TH</sup> OF JULY NO DELIVERY</b>	5 Pot Roast E Donna Leahy W Gerri Perkins	6 White Fish Bev Webb/Elaine Parente	7 Meatloaf E Roberta Heller W Bev Webb	8 Turkey Breast E JerryEdelman/MaryanneDaly W Joyce Krivenko	9
10	11 Chicken Parm E Mary Perkins W Jim Bajek	12 Atlantic Salmon E LaNetMerrill/Brian Gaffey W Kathy Gagliardi	13 Cabbage Rolls E Eileen & Garry Whalen W Gerri Perkins	14 Chicken Cordon Bleu E Roberta Heller W Donna Hungeling	15 Pork Loin E Barb Ellis W Gerri Perkins	16
17	18 Bone-in Chicken E Mary Perkins W Jim Bajek	19 Pot Roast E LaNet Merrill/Brian Gaffey W Gerri Perkins	20 White Fish Bev Webb/Elaine Parente	21 Meatloaf E Rena Martinson W Cathie Lewis	22 Turkey Breast E Bev Webb W Gerri Perkins	23
24	25 Chicken Parm E Mary Perkins W Jim Bajek	26 Atlantic Salmon E Donna Leahy W Bev Webb	27 Cabbage Rolls E Rena Martinson W Gerri Perkins	28 Chicken Cordon Bleu E LaNet Merrill/Brian Gaffey W Elaine Parente	29 Pork Loin E JerryEdelman/MaryanneDaly W Elaine Parente	30

**DRIVERS:** Please note your agreed days. If you cannot serve on that day, trade with another volunteer and/or **notify the Meals Coordinator.**

**PICK UP MEALS** at Bailey's at **11:30 a.m.** **Park by ATM in front of Baileys. Call 239-472-1516, ext 120. Staff will bring meal to your car. Clients should have coolers with ice if they will not be home for delivery. Call the Meal Coordinator if there is a problem. If a meal is undeliverable keep for yourself, give to another client or return to FISH office, whatever is more convenient.**

Please check meals with your list. If discrepancy call meal coordinator as there could have been a last-minute change.

As you deliver meals if you notice anything that concerns you, please bring it to our attention.

Please keep track of your miles traveled and your time as these statistics need to be recorded.

**NOTIFY MEALS COORDINATOR OF THE TOTALS AT THE END OF EACH DELIVERY DAY. THANK YOU!**